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St. Peter's College Agra



Annual Magazine 2010-11

Dedicated To



The Most Rev. Dr. Albert D'Souza
Archbishop of Agra

The Archdiocese of Agra

Most Rev. Dr. Albert D'Souza

Archbishop of Agra

Archbishop's House

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St. Peter's College as the premier educational institution in the city of Agra does not fail to add greater merits to its laurels year after year. What is characteristic and unique to the College is the sustained academic excellence ordained to moulding the character and personality of the pupil. The ambience and environment lends itself to holistic, integrated and all round growth of the individual. The child grows up into a youth realizing that mere *talent* is just a "**dwarf**" but *self-esteem* is a "**giant**".

The School that is the temple of learning with the promotion of values of *truth, justice, love and peace* nurtures the essence of humanity and acts as the powerful agent of social transformation. Individuals engaged in self-transformation and equipped with human and humane values knit the social fabric of right citizenship of a patriotic nation, incomparable that INDIA is! The underlying reality is the value of the "*spiritual*" embedded in every human personality. The right form of education is to infuse the "*Spiritual*" as the power that heals all *evil* in the individual and in human society.

"*Palma Non Sine Pulvere*" is the adage St. Peter's upholds promoting the lesson that the bright and creditable life cannot be "without dust smeared palms". The joy is not merely in achieving the goal but in striving in a real hard way of bringing out the best from within oneself. The best product of all toil is "character" and the "personality" that has a transforming power.

May St. Peter's radiate the *light* it has through every Staff, Student, Parent and through all the ALUMNI who are bound to be extended links of a long chain of memories, merits, achievements and laurels of St. Peter's College which is ever ancient and ever modern in its outlook and outreach to human society.

The Annual Magazine shall prove to be a tool to perpetuate the mission and message of this prestigious Institution.

God bless,

+Albert D' Souza

Archbishop of Agra

MESSAGE

Archdiocesan Director of Education

The Principal
St. Peter's College
Wazirpura Road
Agra 282003



Dear Rev. Fr. John,

It gives me joy to learn that you are about to bring out the Annual College Magazine by the last week of April 2011.

I go nostalgic and overwhelmed with a sense of belonging as I scribble these lines. St. Peter's College with its long chequered history and with rich traditions plays a pivotal role in school education in the city of Agra. The College stands heads and shoulders above other sister institutions in the city, not because of its imposing structure or lush green spacious play fields, nor because of its calm, serene ambience, but precisely because it has produced hundreds of men of character and caliber who made a difference in society by the quality of their lives and service.

I have seen the Principals and Staff members striving to keep the flame of tradition and goodness flickering year after year. You have added a new chapter and a welcome twist by introducing Yoga in the curriculum. It beautifully blends with our culture and traditional values. 'Healthy mind in a healthy body' means self-discipline and the power of concentration. The introduction of Yoga goes a long way in inculcating these values.

I congratulate you in this attempt and giving a lead and inspiration to other sister institutions to emulate. Never get tired of doing good!

With my humble prayers and good wishes.

A handwritten signature in blue ink, appearing to read 'Sebastian'.

Fr. Sebastian Pantaladi

Director & Secretary

Archdiocesan Board of Education

From the Principal's Desk

The academic year 2010-11 began on April 7th, 2010 with a great deal of enthusiasm and determination. In the course of the year, we had the whole gamut of activities like Annual Day, Unit tests, Cultural Fest, Investiture Ceremony, Sports Day, Principal's and Vice-Principal's Days, celebrations of national and religious festivals, tournaments in various games, Inter house and inter class matches etc. All these activities were undertaken without compromising on the academic excellence which has been the bedrock of the institution since its inception. These activities have made our students stronger on both academic and co-curricular fronts.



The results of the ICSE and the ISC-2010 were excellent. In the ICSE examination, the topper was Master Meghal Goyal. In the ISC examination, Master Nikhil Jain was the topper in Commerce with 95% and Master Dhruv Kumar in Science with 94.75%. This result was something we could feel proud of because it was the first result after the implementation of 'all promotion' in all classes. This was a landmark victory from that point of view. The teachers and students toiled day in and day out and we got the desired results. Our result was declared the best result of the city by the Hindustan Times.

St. Peter's has never lagged behind in sensitizing the city dwellers about living in sync with nature, if life is to be peaceful, happy and contended. With this in mind, we have planted saplings on our campus in collaboration with Agra citizens forum, led by Mr. Harvijay Bahia and the Lions club of Agra Mavericks. We are sure that people will be motivated to take concrete steps to preserve the environment.

Our Sports Day was something which was liked by the people of the city. We had Lt. Gen. A.K.S. Chande AVSM, PVSM, ADC, one of the alumni, as the Chief Guest. The Sports Day was celebrated with great pomp and show.

We also had separate Science Exhibitions for Primary, Junior and Senior sections which brought to the fore the future 'scientists' of the college. In the month of September 2010, we also organized 'Upchar', a medical camp for the poor and the needy people of the city. Well-known doctors of the city volunteered to render their services. It was a grand success which benefited many indigent people.

We have constituted a separate students' Parliament for the primary section for the first time in the history of the college. This is done with a view to awaken the dormant leadership qualities in these little ones.

The two different celebrations to mark the 63rd anniversary of our Independence were state-of-the-art ones. One was for the junior section and the second function was for the senior section. Both these programmes had something special because the participants were back benchers who otherwise didn't do well either in academic or co-curricular activities. This was done in order to promote them and to free them from shyness syndrome.

We hosted the ASISC UP State Athletic Meet in the month of October 2010, with almost 600 participants from various parts of the State participating in it. This Meet gave an

opportunity to our students in particular and the students of Agra in general to showcase their talents.

The Archbishop Albert D'Souza Yoga and Meditation Centre is open to public every day except Sunday from 6.00 p.m. to 7.30 p.m. Teachers trained at the Vivekananda Yoga University, Bangalore, take classes for the benefits of public making them mentally and physically fit. Those who take yoga seriously and do Asanas and Meditation can be free from all kinds of ailments, fake medicines and avoid the exorbitant fees they have to pay to the doctors and for medicines. I want Agra to be known for Yogic life as it is known for the Taj, one of the seven wonders of the world. I request the parents and teachers to teach the children to delve deep into one's own self and find the mine of goodness within. Jesus says 'The Kingdom of God is within you.' Krishnamurti says 'You are the world' and the Upanishads say 'Aham Brahma asmi' All these go to show that human mind is a repository of goodness, values and kindness. According to Vivakananda it is the duty of parents and the teachers to bring to the fore this divinity which will help the child to remain in 'Anandamaya kosha' throughout his life. In such a state no negativity or evil can have any impact on him.

Instead of spending time browsing through sites like facebook and orkut, children should be encouraged to do yoga which will equip them with more power of concentration, memory and physical and spiritual wellbeing. Only those students passing in all subjects are given promotion to the next higher class. The students who fail will have to re-write the test till they pass and only then they will be allowed to attend the classes. I had gone through a few answer scripts and I am very happy to say that most of the students are doing very well obtaining 80% and above.

Parents are requested to nip in the bud all negativities that they see in their children and help them grow with positivity and optimism. Children with negativity will not be allowed to sit in the class but will be asked to do works like gardening and taking care of the campus after a few study hours.

We have brought out a song book 'HARMONY' which contains songs with chords suited for all occasions, events, groups and people. This was given to all students free of cost.

We know that only when the students go through rigorous training in different disciplines, they emerge stronger and all-rounder. Our students had also taken part in various State, national and international level competitions and won many prizes. In the Dorilal Agarwal Inter School Hindi debate and DLA inter School English debate our students were the champions. In the Saksham Dawar Memorial Aquatic competition our team performed well and won the championship.

This year Christmas was celebrated with a difference. Jesus Christ came to the world to share his love, peace and divinity with the people. Thus, Christmas is a feast of sharing. On this occasion the staff and the students of the college had arranged a programme in which we had collected clothes, woollen garments and almost one thousand pairs of shoes which were distributed to the poorest of the poor. All these articles came from eminent and generous business fraternity of the city. A grand crib was prepared highlighting the Plan of Salvation. God had for his people. Jesus means "God with us" and that is the main theme of Christmas. If



Jesus shared his divinity with us, we are atleast expected to share whatever little fortune we have with others.

We have undertaken a lot of modification work in the infrastructure of college. The viewers' gallery in the "B" field is one of them; a similar gallery is under consturction all around the "A" field. With this the students will be able to sit comfortably, enjoy their food and watch different programmes whenever they are held.

I request all of you to encourage your children to study well and not to allow them to be addicted to T.V and computer. They should not to be allowed to visit sites like Facebook and orkut. If they are found visiting these sites they should be corrected immediately and help them channelize their energy properly. If you need any help, you may meet me every day between 9.00 a.m. and 11.00 a.m.. If your wards are suffering from any illness, they should be encouraged to join the Yoga session every day from 6.00 p.m. to 7.30 p.m. or in the morning for one hour before the school begins.

To help the students and to awaken their dormant talents, we have decided to bring out three issues of the Peterian Chimes namely for the Primary, Junior and Senior sections separately. I am sure this will give the students a platform to express their thoughts, air their views and vent their feelings.

We are grateful to the sponsors and well-wishers who generously contributed to the making of the 'Wall of purification' and the main gate of the college, which will add to the beauty of the campus.

I request all of you, dear parents, to co-operate with us in all our endeavours to make the college a better place of learning and your ward a better human being.

We, the Peterian family, take this opportunity to place on record our gratefulness and appreciation for your co-operation and help in all the activities undertaken by us at various occasions during the year. It is your co-operation and help that encourage us to march ahead and take quantum leaps in our mission of educating the children.

Fr. John Ferreira

Principal

Editorial

The most important goal of education is to equip the students to meet the challenges and needs of the time. Education influences attitudes, behaviour and the cultural patterns of living. It instills moral and ethical values so that the students are able to discriminate between the right and wrong throughout their lives.



If we fill the brains of students only with information they become dead-weights. We crush all originality and turn them to mere automatons. Today, education is commercialised, values are trampled upon, truth is travestied and all kinds of vices and venality rule the roost.

Education has no meaning unless it helps the students to understand the vast expanse of life with its subtilities, extra ordinary beauty and its joys and sorrows. Education should free one from all anxieties, worries, tension and fears, it should help one to revolt against injustice and evils both within and without. Only then one can be full of joie de vivre.

I would like to place on record my gratefulness to Rev. Fr. John Ferreira, our Principal, for his suggestions and guidance from time to time.

We are indebted to the teachers for their write-ups which have added to the quality of the magazine. Though we received a broad spectrum of articles from the students, only the better ones could find a place in this annual.

This magazine would not have seen the light had it not been for the unstinted co-operation and support of the members of the Editorial team, namely Dr. Neelam Mehrotra, Mrs. Maureen Miranda, Dr. Leena Lazer, Mr. Anubhav Khandelwal who painstakingly helped in the formatting and laying out of the magazine, and the student editors Master Prakhar Khandelwal, Dheeraj Narsian and Bishwas C. Gupta.

We hope this magazine will serve as a window for others to see what is happening in St. Peter's.

Dr. Antony. A.P.

Diary of Events 2010-11



Anubhav Khandelwal

April 7, 2010

The session 2010-11 began.

April 9, 2010

The school calender was released by the then District Magistrate of the city, Mr. Mrityunjay K. Narayan. The theme for this year's academic calender was, "Management of Asthma through Yoga and Nature Cure."



April 12, 2010

Mr. Sachin Bansal, a renowned Reiki specialist interacted with the students who were to appear for the Board Exams-2011.

April 13, 2010

An Ex-Peterian, Mr. Harvijay S. Bahia, under the aegis of 'Green Force of India' visited the school. Not only did he discuss the dreadful effects of Global Warming but also exhorted the students to plant trees.



May 1, 2010 The College celebrated its 164th Annual Day and Awards Ceremony. A play titled 'Papa Jaldi Aa Jana' was staged which was a touching portrayal of modern day life style and changing values. The college Annual magazine was released on this day.



May 15, 2010

Summer vacations started.

May 17-May 31

Extra classes for classes X and XII.

July 3, 2010

Ratna Sagar Publications organised a workshop for teachers. Mr. Surya Narayan was the resource person.

July 2, 2010

Feast day of Rev. Sr. Bridget Mary, was celebrated. On the same day, for the first time ever, a Junior Section Parliament was installed. Mr. Vivek Benara was the Chief Guest when these children were sworn in as responsible office-bearers.



July 24, 2010

Masters Aviral Prakash and Tushar Agarwal won the second prize in an international competition MACFAIR, held at CMS, Lucknow.

July 28, 2010

Senior Section Parliament was installed. Mr. Brij Khandelwal, Journalist and environmentalist was the Chief Guest.

Aug. 4, 2010



The Hindi Daily 'Hindustan' presented a trophy to St. Peter's College for the best quality results in Board Exams., 2010.

The Song Book 'Harmony' was also released on this day by the Archbishop, Most. Rev. Dr. Albert D'souza. The book contains songs for all occasions.



Aug. 15, 2010

Independence Day was celebrated.

Aug. 17, 2010

The First Terminal Examinations started on this day.



Aug. 30, 2010

In a Seminar on Career Counselling, Mr. Surya Narayan gave valuable inputs to students of class XII.



Sept. 4, 2010

The second term began with a song and dance performance by the visually impaired girls of Jeevan Jyoti Institute for the disabled.

Sept. 6, 2010

Lt. Gen. P. C. Bharadwaj, Lt. Gen. A.K.S. Chandele, Lt. Gen. A. K. Singh and Lt. Gen. D. S. Chauhan visited their Alma Mater. They relived their old days, shared their experiences with the students and motivated them to join Defence Services to serve their motherland.



Sept 7, 2010

Students expressed their heartfelt gratitude towards their teachers by celebrating a short and sweet Teacher's Day.

Sept. 8- Sept 17

The 43rd Archbishop Athaide Memorial Football Tournament was hosted. The final was played between Bhakti Vedant Gurukul School, Vrindavan and St. Peter's which was won by Bhakti Vedant.



Sept. 12, 2010

Our team won the First Prize in an international competition COFAS, held at CMS, Lucknow.



Sept. 14, 2010

To keep us connected to our roots, Hindi Divas was celebrated on this day.

Sept. 26 to Oct. 2

The "Joy of Giving Week" was observed by organising a free medical camp 'Upchar' in the school premises. Stalwarts from the

medical fraternity like Dr. M. C. Gupta, Dr. K. K. Pruthi, Dr. Rajiv Pachauri and many others consented to render their services during this week. It was heartening to see ailing and under privileged people turn up in large numbers.

Oct. 5, 2010

Birthday of Rev. Fr. Prakash was celebrated in an orphanage for girls in Baluganj.



Oct. 7, 2010

Shri Dorilal Memorial Hindi Debate was hosted. St. Peter's team comprising Sanchit Kapoor and Aishwarya Chauhan won the first prize. The Cultural Fest came to its close with the 'Grand Finale' (Interhouse Dance Competition) in the evening on this day.

Oct. 9 & 10, 2010

The ASISC State Athletic Meet was hosted in St. Peter's to nurture sporting talents.



Oct. 12, 2010

R. G. Bansal Memorial Inter-School English Debate was hosted by St. Peter's. Masters Somil Garg and Rajat Upadhyay of St. Peter's won the first prize.



Oct. 13, 2010

Smt. Saroj Devi Inter-school English Debate was organised by Abhushan Jewellers. Masters Adamya Kaushik and Varun Gurnani bagged the winners Trophy for St. Peter's.

Oct. 14, 2010

DLA Inter-School English Debate was also won by St. Peter's College. Master Bhoomik Sharma won the Best speaker prize and St. Peter's was also adjudged as the Best Cheering Team.



Oct. 21, 2010

An Inter-class Science Exhibition was held.

Oct. 23, 2010

St. Peter's College bagged the Overall Championship in the Saksham Dawar Memorial Aquatic Championship.



Oct. 30, 2010

The much awaited Cross Country Race was held on this day as a presage to the Annual Athletic Meet.



Nov. 13, 2010 The 164th Sports Day and Variety Entertainment Programme lived up to the expectations of all. Lt. Gen. A.K.S. Chande, and alumni was the Chief Guest.



Nov. 20, 2010

An art and Craft Exhibition was mounted by the students of the Junior Section. Colours of all States came into the campus.

Nov. 22, 2010

The Principal's Day was celebrated with the less privileged children at the Missionaries of Charity, Pratappura. Blankets, bed sheets flour, etc. were distributed amongst these deprived children.



Dec. 6, 2010

The Second Terminal Examinations began.



Dec. 18, 2010

The Second Terminal Examinations ended. A short programme on the eve of Christmas was presented before the students. Winter vacations began from this day.

Jan 17, 2011

The Third Term started after a long break owing to inclement weather conditions.

Jan 20, 2011

Tennis sensation and Arjuna Awardee, Gaurav Natekar visited our college and interacted with the students, egging them on to play sports.



Jan 26, 2011

The combined Republic Day celebrations were held in front of the Cathedral Church.



Jan. 30, 2011

Prakash Cup Table Tennis Tournament was hosted on this day.

Feb. 6, 2011

The Annual fete held on this day was a huge success.



Feb. 10, 2011

Class XII students were bidden farewell. Parents were also present on this occasion.

March. 4, 2011

The Annual Exam began on this day.

Annual Day

1 May, 2010

Strumming a tune :
a musical beginning ►



▲
Scenes from the play ►
'Papa jaldi aa jana



Independence Day

15 August, 2010



A Skit staged by the students



Glorying in our freedom



Vice Principal's Day

5 October, 2010



Cake and flowers for the vice-Principal Fr. Prakash D'Souza

Our ex-students :
top brass in the Army ▶



▲
Welcome to the Generals



◀ Visit to
Mathura Cantonment



▲
Dr. M. C. Gupta examining a patient at the medical camp



▲
Crowd at the medical camp

Debate

am DLA English Debate



Winners of the R. G. Bansal Memorial
English Debate



St. Peter's won the spurs.

Eternia
2010



Cultural Fest.
A scene from the
skit staged by
St. Lawrence House.



Inter-house dance competition

Sports Day

13 November, 201



◀ St. Peter's Juggernaut
our trophies galore!

Inspection of the march past
contingent by the
chief guest A.K.S. Chande,
AVSM, PVSM, ADC. ▶



◀ Sowing seeds for a healthy
and happy tomorrow :
students perform yoga on
Sports Day

Exhibitions

Students displaying
their Scientific temper ►



▲
Art and Craft exhibition ►



Principal's Day

22 November, 201



◀ Fr. John Ferreira, our principal, celebrating his birthday with the inmates of the Missionaries of Charities.



Celebrations and Jubilations! ▶



◀ Fr. Ferreira :
God's gift to St. Peter's.

Christmas

18 December, 2010

A Nativity Play by the students ►



◀ Christmas Crib

Christmas gift to the less-privileged of the city ►



Fete

6 February, 201



Entertainment

Annual Fete, celebrated as Basant Mela witnessed a big turnout this year.



Fun
&
Frolic

Farewell

10 February, 2011



◀ Don't cry because we are parting, smile, because we were together ▲

Outgoing students : ▶
light for every step they take
in future



Pride of Peter's

Toppers & Winners 2010



Nikhil Jain

ISC Topper (COMMERCE 95%)



Dhruv Kumar

ISC Topper (SCIENCE 94.75%)



Meghal Goyal

ICSE Topper (95.80%)



Anurag Saran

Winner of the Archbishop's Gold Medal
For being the Best All-rounder



Shivas Narang

Winner of the Archbishop's Silver Medal
For being the Second Best All-rounder

Editorial Board



Dr. Antony A.P.



Dr. Neelam Mehrotra



Dr. Leena Lazer



Mrs. Maureen Miranda



Mr. Anubhav Khandelwal



Prakhar Khandelwal



Dheeraj Narsian



Biswas C. Gupta

College Staff



Rev. Fr. Joseph K. Thomas, S.J.



Rev. Fr. Vincent Mary, S.J.



Rev. Fr. Peter Thomas, S.J.



ISC - RESULT AT A GLANCE

RANK LIST (MARCH-2010)

RANK	INDEX NO.	NAME	PERCENTAGE
	88678		
I	113	NIKHIL JAIN	95.00 COMMERCE
II	053	DHRUV KUMAR	94.75 PCM
III	127	ROUNAK CHAWLA	93.25 COMMERCE
IV	008	ANKIT ARORA	93.00 PCM
V	021	PIYUSH GUPTA	92.25 PCM
	147	YASH NAGWANI	92.25 COMMERCE
VI	090	ANSHUL JAIN	92.00 COMMERCE
VII	004	AKASH SABHARWAL	91.75 PCM
	029	SHIV RAJ	91.75 PCM
	109	MEIT ARUN	91.75 COMMERCE
VIII	117	PRASHANT SURANA	91.50 COMMERCE
IX	003	ADITYA GOYAL	91.25 PCM
	009	ANURAG SARAN	91.25 PCM
X	022	PRANAV AGARWAL	91.00 PCM
XI	079	UTKARSH BANSAL	90.40 PCM
XII	097	DHEERAJ GOODWANI	90.00 COMMERCE
	028	SHANTANU GUPTA	90.00 PCM

TOPPERS IN SUBJECTS

SUBJECT	INDEX NO.	NAME	MARKS
ENGLISH	053	DHRUV KUMAR	94
HINDI	053	DHRUV KUMAR	95
	070	SACHIN JAIN	95
	107	MAYANK MOTWANI	95
	121	RAJAT JAIN	95
E.E.D.	009	ANURAG SARAN	90
MATHS	008	ANKIT ARORA	100
PHYSICS	053	DHRUV KUMAR	95
CHEMISTRY	053	DHRUV KUMAR	95
COMPUTER	021	PIYUSH GUPTA	95
	079	UTKARSH BANSAL	95
BIOLOGY	009	ANURAG SARAN	80
ECONOMICS	090	AUSHUL JAIN	95
COMMERCE	113	NIKHIL JAIN	97
ACCOUNTS	090	ANSHUL JAIN	96
	138	SHUBHAM MAHESHWARI	96

TOTAL STUDENTS APPEARED : 146

PASSED : 145

FAILED : 1

90% AND ABOVE : 17

BETWEEN 75% TO 90% : 65

BETWEEN 60% TO 75% : 63

ICSE - RESULT AT A GLANCE

RANK LIST (MARCH-2010)

RANK	INDEX	NAME	PERCENTAGE
	NO. T/4266		
I	121	MEGHAL GOYAL	95.80
II	177	PURU GOYAL	95.40
III	039	TANUJ MITTAL	95.00
	041	VIBHOR AGARWAL	95.00
IV	032	SHARDUL TYAGI	94.80
	075	NISHKARSH JAKHAR	94.80
V	081	RISHABH MAHAJAN	94.60
	089	UTKASH AGARWAL	94.00
VI	189	SHUBHANSHU SINGH	93.80
	046	YASHANSHU GAUTAM	93.60
	055	ANUBHAV GUPTA	93.60
	172	PARAS GUPTA	93.60
VII	157	BISHWAS C. GUPTA	93.40
VIII	064	GANDHARVA WATTAL	92.80
	110	DIVYANSH GUPTA	92.80
	133	SHUBHAM AGARWAL	92.80
IX	178	RAJAT MANGAL	92.40
	153	ASHUTOSH CHAUHAN	92.40
	007	ANCHIT SHARMA	92.40
X	052	AKSHAY SURANA	92.00
	188	SHOBHIT AGARWAL	92.00

SUBJECT	SUBJECT TOPPERS	MARKS
ENGLISH	AKSHAY SURANA, GANDHARVA WATTAL, NISHKARSH JAKHAR, RISHABH MAHAJAN, UTKARSH AGARWAL, BISHWAS C. GUPTA, PURU GOYAL	88
HINDI	DIVYANSH GUPTA	95
E. ED.	SAURABH PURWAR, VIBHOR KUMAR JAIN	100
HCG	SHARDUL TYAGI, VAIBHAV AGARWAL, BISHWAS C. GUPTA, PURU GOYAL	95
MATHS	TANUJ MITTAL, MEGHAL GOYAL, PARAS GUPTA	99
SCIENCE	PURU GOYAL	97
COMPUTER	SHARDUL TYAGI, VIBHOR AGARWAL, RISHABH MAHAJAN, MEGHAL GOYAL, SUBHAM AGARWAL, VAIBHAV AGARWAL PARAS GUPTA, PURU GOYAL, RAJAT MANGAL	100

TOTAL STUDENTS APPEARED : 194
 PASSED : 194
 PASS PERCENTAGE : 100%

90% AND ABOVE : 37
 BETWEEN 75% TO 90% : 86
 BETWEEN 60% TO 75% : 71

Committees



Rev. Fr. John Ferreira



Rev. Fr. Prakash D'Souza



Rev. Sr. Bridgit Mary



Dr. Ajaya Baboo



Dr. A.P. Antony



Dr. Marish Magan



Mr. Andre Ceiston



Mr. Basukutty Thomas



Mr. Harry Clarence



Mrs. Geeli Maheshwari



Mrs. Pauline Francis



Mrs. Valeria Rathi Lal



Mrs. Soory Antony



Mrs. Dora D'Cruz



Mrs. Meera Khandewal



Mr. G. P. Chaurasia



Dr. Yogesh K. Sharma

Staff Executive Committee



Dr. Ajaya Baboo



Mr. Clement Bonjour



Mr. Glen Scaife



Mr. G. P. Chaurasia



Dr. Yogesh K. Sharma



Dr. Marish Magan



Mr. K. S. Chauhan



Mr. Megh Singh Yadav

Discipline Committee



College Cabinet



Ministerial Staff



Members of the College Parliament



Students' Parliament (Primary)





Members of the Universal Solidarity Movement



House Mistresses and Captains (Junior)



College Choir (Senior)



College Choir (Junior).



Reporters of the Peterian Chimes (Senior)



Reporters of the Peterian Chimes (Middle)



Yoga Club (Junior)



Astro Club



Science Club



Eco Club



Computer Club



Catering Committee



Captains of Various Teams



Participants of U.P. ASISC Athletics Meet 2010



Cross-Country Race Winners



Quiz Team





Debating Team



Chess Team



Skating Team



Football Team 'A'





Football Team 'C'



Cricket Team



Hockey Team



Boxing Team



Table Tennis Team



Badminton Team



Taekwondo Team



Basketball Team (Senior)





Basketball Team (Junior)



ASISC State Basketball Team





Handball Team



Volleyball Team



Lawn Tennis Team



Classical Singers



The Rhythm Group



Dance Group



Bharatnatyam Dancers



Kathak Dancers

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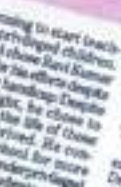
being has no
drugs and flaws. i
the greatest of all vic.
Lorenzelli or



ये पौर्वी कालके के आगरी विषय में बहिला की विचार
विषयक किताब है।

Agra 2020-Career and Education project

being has no
drugs and flaws. I
the greatest of all vic.
Lorenzini or



कोई सवाल
की प्रतिक्रिया नहीं दी।
एक घण्टा
अधिकाधिक को प्रतिक्रिया नहीं
दिया।
अधिकारियों को भी
अधिकार नहीं दिया।
अधिकारियों को भी
अधिकार नहीं दिया।

The judging panel, also present on the occasion, included K.C. Chavhan, a leading lawyer, Dr. B.K. Agarwal, Senior Principal of RBS College, K.T. Joshi, Chairman, Dept. of Education, Government of Maharashtra and Dr. Agnihotri.

के कुलार्थ ने संसार का प्रेम प्रकट किया। जिससे वे सब प्रसन्न हुए।
जोड़ना बलवान् सबको प्रसन्न करने का
दिना। काल एक और दो के बच्चों ने भी
समझाया। लौकिक, कर्म, अर्थ, मोक्ष
संसार का स्वरूप प्रकट करने के लिये।
सबको प्रसन्न करने के लिये।

न घनर
मौडल
र पर्यावरण के
निक



Dr. R. S. Dhanraj
PRINCIPAL

Session - 2010-2011

Class - I A

Dr. S. S. Lakshmi
HEAD MISTRESS



Dr. R. S. Dhanraj
PRINCIPAL

Session - 2010-2011

Class - I B

Dr. S. S. Lakshmi
HEAD MISTRESS





Mr. T. J. D'Souza
PRINCIPAL

Session - 2010-2011

Class - I C

Donna
HEAD MISTRESS



Mr. T. J. D'Souza
PRINCIPAL

Session - 2010-2011

Class - I D

Donna
HEAD MISTRESS





Session - 2010-2011

Class - 1 E

Headmistress



Session - 2010-2011

Class - 1 F

Headmistress





PHENOLIPAC

Session - 2010-2011

Class - II A

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Session - 2010-2011

Class - 11th

THE UNIVERSITY OF TEXAS
AT ARLINGTON





Rev. Fr. Joseph
PRINCIPAL

Session - 2010-2011

Class - II C

Mrs. Mary
HEAD MISTRESS



Mrs. Mary
Class Teacher



Rev. Fr. Joseph
PRINCIPAL

Session - 2010-2011

Class - II D

Mrs. Mary
HEAD MISTRESS



Mrs. Mary
Class Teacher





Dr. M. S. Prasad
PRINCIPAL

Session - 2010-2011

Class - II E

Dr. S. S. Prasad
HEAD MISTRESS



Dr. M. S. Prasad
PRINCIPAL

Session - 2010-2011

Class - II F

Dr. S. S. Prasad
HEAD MISTRESS





Rev. Fr. John Paul
PRINCIPAL

Session - 2010-2011

Class - III A



Mrs. Dr. Jyoti Chavhan
HEAD MISTRESS



Mrs. Manisha Bhat
CLASS TEACHER



Rev. Fr. John Paul
PRINCIPAL

Session - 2010-2011

Class - III B



Mrs. Dr. Jyoti Chavhan
HEAD MISTRESS



Mrs. Manisha Bhat
CLASS TEACHER





Dr. T. S. Srinivasan
PRINCIPAL

Session - 2010-2011

Class - III E

Dr. S. S. Srinivasan
HEAD MISTRESS



Dr. T. S. Srinivasan
PRINCIPAL

Session - 2010-2011

Class - III F

Dr. S. S. Srinivasan
HEAD MISTRESS





Dr. P. J. Joseph
PRINCIPAL

Session - 2010-2011

Class - IV C

Dr. M. S. S. S. S. S.
HEADMISTRESS



Dr. P. J. Joseph
PRINCIPAL

Session - 2010-2011

Class - IV D

Dr. M. S. S. S. S.
HEADMISTRESS





Rev. Fr. Joseph D'Souza
PRINCIPAL

Session - 2010-2011

Class - IV E



Mrs. Anuradha D'Souza
HEAD MISTRESS



Rev. Fr. Joseph D'Souza
PRINCIPAL

Session - 2010-2011

Class - IV F



Mrs. Anuradha D'Souza
HEAD MISTRESS





Dr. J. K. Sharma
PRINCIPAL

Session - 2010-2011

Class - VI A

Dr. J. K. Sharma
VICE-PRINCIPAL



Dr. J. K. Sharma
PRINCIPAL

Session - 2010-2011

Class - VI B

Dr. J. K. Sharma
VICE-PRINCIPAL





Principal

Session - 2010-2011

Class - VI C

Vice-Principal



Principal

Session - 2010-2011

Class - VI D

Vice-Principal





Rev. Fr. Dr. D. D. Prasad
PRINCIPAL

Session - 2010-2011

Class - VI E

Rev. Fr. Dr. D. D. Prasad
VICE-PRINCIPAL



Rev. Fr. Dr. D. D. Prasad
PRINCIPAL

Session - 2010-2011

Class - VI F

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VICE-PRINCIPAL





St. Peter's College, Agra.

Session - 2010-2011

Class - VII A



St. Peter's College, Agra.

Session - 2010-2011

Class - VII B





Dr. P. K. Sharma
PRINCIPAL

Session - 2010-2011

Class - VII C

Dr. P. K. Sharma
VICE-PRINCIPAL



Dr. P. K. Sharma
PRINCIPAL

Session - 2010-2011

Class - VII D

Dr. P. K. Sharma
VICE-PRINCIPAL





Rev. Fr. Josephine
PRINCIPAL

Session - 2010-2011

Class - VII E

Rev. Fr. Josephine
VICE PRINCIPAL



Rev. Fr. Josephine
PRINCIPAL

Session - 2010-2011

Class - VII F

Rev. Fr. Josephine
VICE PRINCIPAL





Dr. P. S. Sharma
PRINCIPAL



St. Peter's College, Agra

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Class - VIII A



Dr. D. S. Sharma
VICE-PRINCIPAL



Dr. P. S. Sharma
PRINCIPAL



St. Peter's College, Agra

Session - 2010-2011

Class - VIII B



Dr. D. S. Sharma
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St. Peter's College, Agra.

Rev. Fr. Thomas Chatterjee
PRINCIPAL

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Class - VIII C

Rev. Fr. John Thomas
VICE PRINCIPAL



St. Peter's College, Agra.

Rev. Fr. Thomas Chatterjee
PRINCIPAL

Session - 2010-2011

Class - VIII D

Rev. Fr. John Thomas
VICE PRINCIPAL





St. Peter's College, Agra.

Rev. Fr. J. J. D'Souza, S.J.
PRINCIPAL

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Class - VIII E

Rev. Fr. J. J. D'Souza, S.J.
VICE-PRINCIPAL



St. Peter's College, Agra.

Rev. Fr. J. J. D'Souza, S.J.
PRINCIPAL

Session - 2010-2011

Class - VIII F

Rev. Fr. J. J. D'Souza, S.J.
VICE-PRINCIPAL





St. Peter's College, Agra

THE REV. FATHER PRINCIPAL

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Class - IX A

THE REV. FATHER VICE-PRINCIPAL



St. Peter's College, Agra

THE REV. FATHER PRINCIPAL

Session - 2010-2011

Class - IX B

THE REV. FATHER VICE-PRINCIPAL





Dr. J. K. Sharma
PRINCIPAL

Session - 2010-2011

Class - X A

Dr. J. K. Sharma
VICE PRINCIPAL



Dr. J. K. Sharma
PRINCIPAL

Session - 2010-2011

Class - X-B

Dr. J. K. Sharma
VICE PRINCIPAL





Dr. J. K. Sharma
PRINCIPAL

Session - 2010-2011

Class - X C

Dr. J. K. Sharma
VICE-PRINCIPAL



Dr. J. K. Sharma
PRINCIPAL

Session - 2010-2011

Class - X D

Dr. J. K. Sharma
VICE-PRINCIPAL





Rev. Fr. P. M. Durrani
PRINCIPAL



St. Peter's College, Agra.

Session - 2010-2011

Class - XI A



Rev. Fr. Joseph Thomas
VICE PRINCIPAL



Anshu Singh



Anshu Singh



Anshu Singh



Anshu Singh



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Anshu Singh



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Anshu Singh



Anshu Singh



Anshu Singh



Anshu Singh



Rev. Fr. P. M. Durrani
PRINCIPAL



St. Peter's College, Agra.

Session - 2010-2011

Class - XI B



Rev. Fr. Joseph Thomas
VICE PRINCIPAL



Anshu Singh



Anshu Singh



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Anshu Singh



Rev. Fr. Peter Thomas
PRINCIPAL

Session - 2010-2011

Class - XI C

Rev. Fr. Peter Thomas
VICE-PRINCIPAL



Class Teacher



Rev. Fr. Peter Thomas
PRINCIPAL

Session - 2010-2011

Class - XII A

Rev. Fr. Peter Thomas
VICE-PRINCIPAL



Class Teacher





Dr. B. K. Sharma
PRINCIPAL



St. Peter's College, Agra.

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Class - XII B



Dr. B. K. Sharma
VICE-PRINCIPAL



Dr. B. K. Sharma
PRINCIPAL



St. Peter's College, Agra.

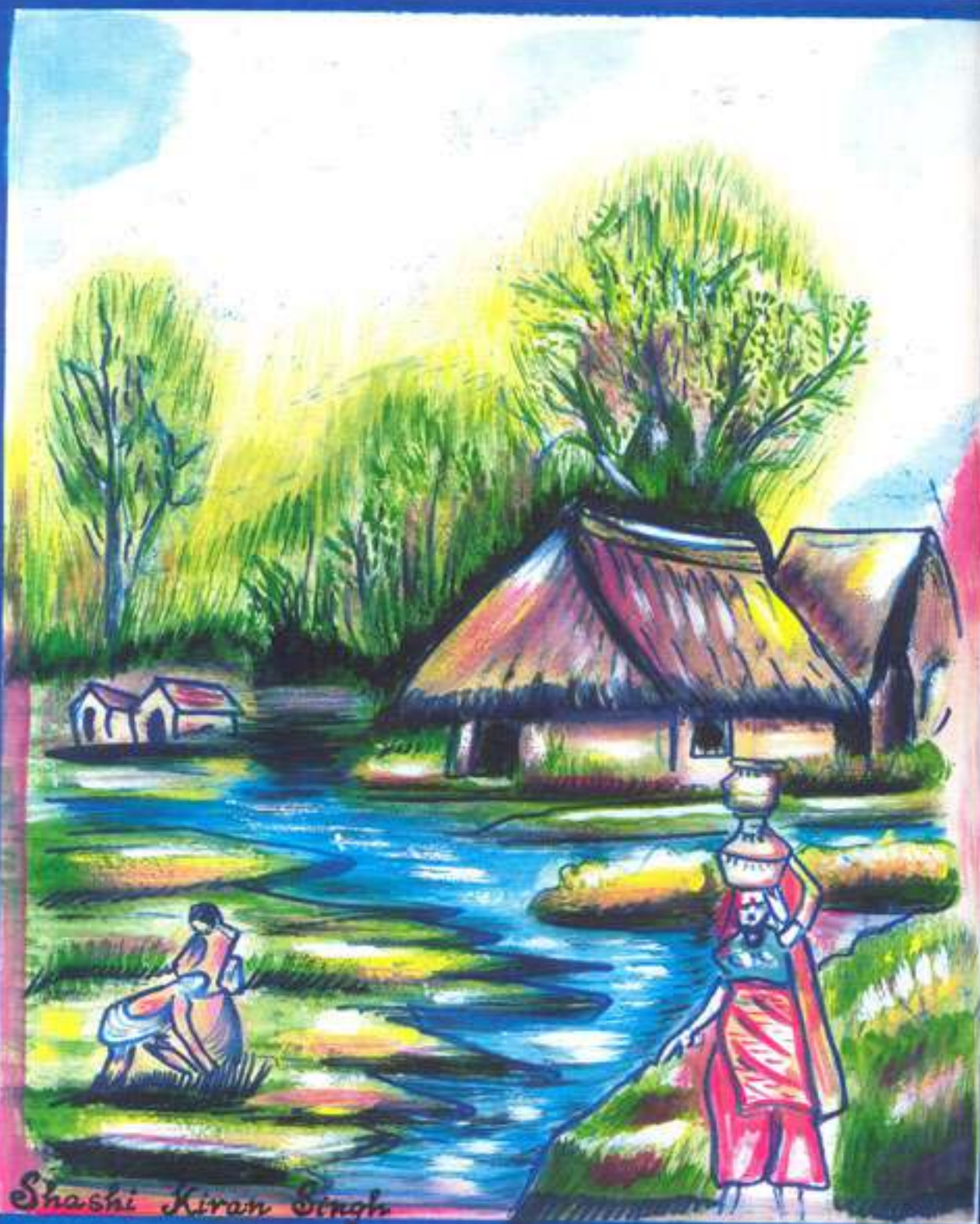
Session - 2010-2011

Class - XII-C



Dr. B. K. Sharma
VICE-PRINCIPAL

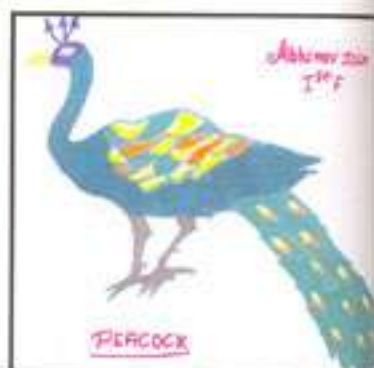
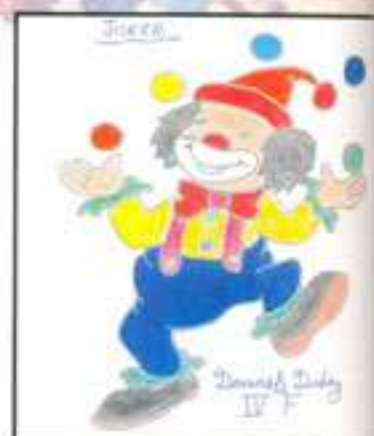
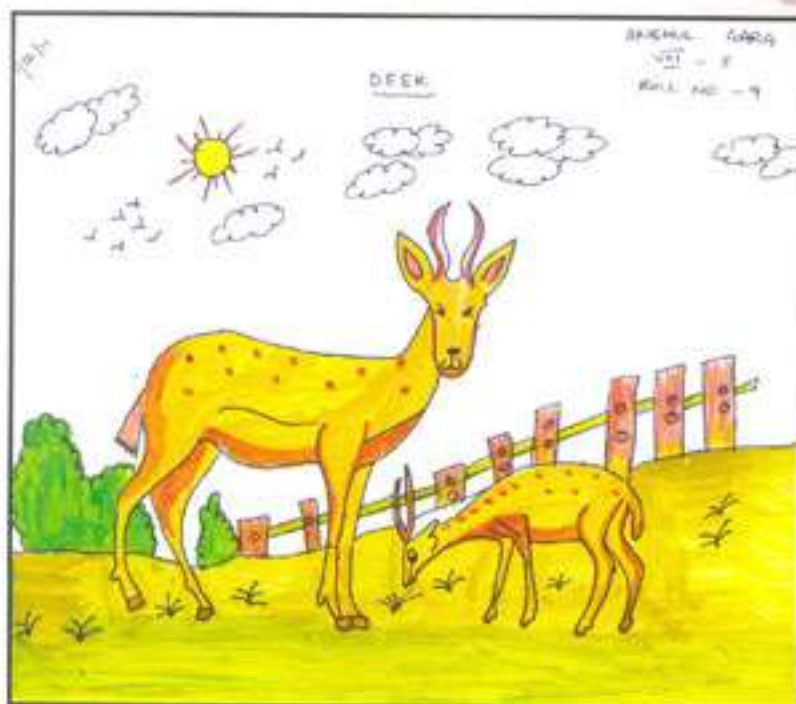




Shashi Kiran Singh



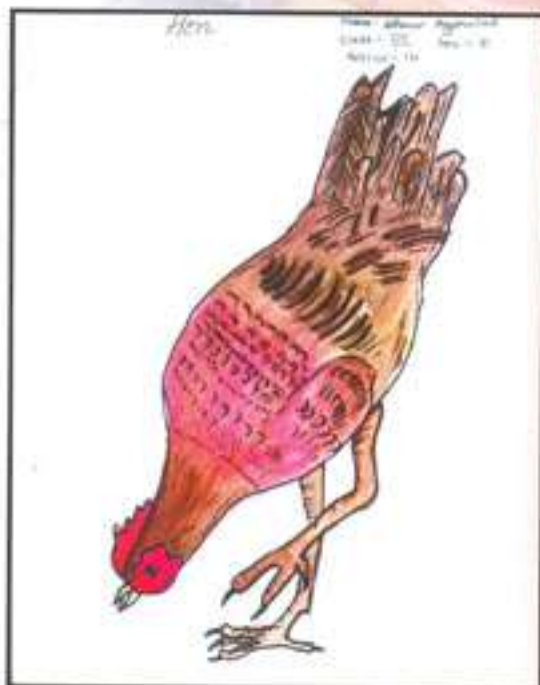
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Peter's Palette





YOGA TO IMPROVE SCHOOL ENVIRONMENT

Fr. John Ferreira
Principal

Abstract

Today's educational scenario in India is based on the old archaic system set by Lord Macaulay which was designed to produce clerks to run the British administration efficiently in Ghulam India. Bookish knowledge, examination and job orientation were the prime factors in this system and we see the onerous results even after 100 years. Today only content information is doled out to students without teaching the art of living. Our present education consists of giving the students readymade things to think, it does not teach how to think, how to penetrate and, explore. Holistic education is the need of the day in free India. A great deal of efforts are being made in this direction by institutes like (S-VYASA) University, Bangalore, Kaivalyadhama in Lonawala and B.S.Y., Munger, to foster an all round development of the children so that they can worthily contribute to make India strong, based on a holistic approach to life and its problems. Education has no meaning unless it helps how to understand the vast expanse of life with all its subtleties, with its extraordinary beauty, its joys and sorrows.



Introduction

With the birth of a child begins the learning process too, when he is exposed to the good and the bad of the world. And these affect him consciously or unconsciously. As the child grows, the qualities which come to the fore are a mix of his/her innate (inherited) qualities and those learnt/developed in the living environment. Human personality is thus an amalgam or a product of one's hereditary and acquired qualities.

"Stop the world and let me down, I am tired of going round and round". It is an old 70's song, but it is the lament of children today. Educational stress, a byword in today's fast paced liberalized society, is striking children young and old and especially those who are on the threshold of a career choice.

The break-down of the joint family system, the presence of over-ambitious working parents, the absence of any teaching atmosphere in the schools, the over-crowded classrooms, with performance pressure coupled with the fear in the air have all made schooling an untasteful, unsolicited and aimless experience.

Today's 17 year olds are like 40 years old. Liberalisation has brought more knowledge, but children's dreams are far ahead of reality. Life becomes a constant roller-coaster ride for them and values are often being lost in this process.

Now, we live in an age where knowledge is power as well as a major national asset, E. Hubbard has said that 'the object of teaching a child is to enable him to get along without a teacher'. This in

essence is real education which enables a child to recognize what is good and bad and empowers to accept only the good 'Sreyas' only after the needed 'Prayas'.

According, to Yogic education whatever is in tune with nature has the everlasting imprint of the beauty of nature i.e. beauty of a flower or a river. Swami Vivekananda says "Education is the manifestation of the perfection already in man and Yoga accelerates the natural spontaneous process of evolution of man to divinity" Therefore we should be in constant touch with the green of the land and the blue of sky.

We should mingle the present education structure with the Gurukul system of the past. In the ancient Indian system of education, various yogic practices such as suryanamaskars, asanas, pranayama and medication were introduced along with the formal education, whereas the present education system bereft of these is purely a bread winning exercise with the result that most of the students come out of the school totally confused with no idea about their future. They crave only white-collar jobs and are driven by economics alone, which becomes a nightmare for most of them. They forget to live life in its fullness with laughter and fun. They fail to understand the meaning of life; they forget to read, they forget to look at the skies, or to sing and dance, write poems, or bask in the morning sunlight. Infact, they become automatons and suffer.

Review of Literature

Micheline Flak (Ph.D.) successfully introduced Yoga techniques into the French National Education System 30 years ago. Flak is now president of R.Y.E. (Research on Yoga in Education), an association created in 1978 that specializes in teaching Yoga techniques to educators giving opportunities for them to explore and experience theory, along side classroom practices to improve pupils' learning, memory, attention and self-esteem. R.Y.E. is dedicated to adjusting and adapting the techniques of the Yogic tradition in order to improve the mutual well-being of a child and teacher and to foster learning and creativity.

Present Educational Situation in India

In India we have more than one billion people but we still do not have a proper education system to address to their needs. Our Govt. spends crores of rupees in every State of India but the results are not up to the mark. The quality of education is much below the expected level and the thousands of students who pass out every year roam around with their degrees sans jobs. If we test their knowledge we will be in a tremendous shock that most of them are unable to draft even a few lines and are unable to recall any information of their knowledge that they have learnt in 15 years or so. As a result they are frustrated and take themselves to robbery, drug addiction, intemperance, voluptuousness, etc. ultimately weakening the national fabric.

As mentioned earlier Swami Vivekananda has defined, "Education is the manifestation of the perfection already in man". But so far in India majority of students are yet to achieve this target to bring out the perfection in them. This dismal state, prompts every upright Indian to think as to what may be the reasons for this scenario? Even after spending so much of capital why have the students of this country failed to receive education which will make them self-sufficient, self-assertive and self-reliant and which will drive away darkness from within, making them confident and fearless to face the day-to-day situations they come across.

If you survey and evaluate how the schools are running in every nook and corner of this country, you will be in for a great surprise. If you are a man of authenticity and integrity, you will be shocked to know the state of affairs. In most of the Govt. schools there are insufficient teachers and even if there are teachers, they are not committed or regular. Most of the schools are only on papers and the functioning are devoid of proper facilities like play grounds, laboratories, libraries etc. It is surprising that nobody is interested to know the situation even after the colossal expenditure involved. Students have no option but to go to these types of schools to get doomed. Parents of most of these children are either illiterate or are ill-confident to report the state of affairs. This want of proper education has brought in lot of misery, poverty and social injustice, along with a huge national loss.

There are private institutions run by missionaries and private groups. Some of these schools have high standards and have all the facilities, they provide holistic education, but only a small percentage of students get admission to these schools. Admissions here are a cause of nightmares and people adopt all methods and using power and pressures to get admitted. Even most of the government officials instead of improving the neighborhood schools and providing facilities to them, also rush to these well-run institutions.

Year after year lots of promises are given to people that no child will remain at home and that a quality and proper education will be provided but the so called 'सर्व शिक्षा अभियान' and the various Govt. led programmes are only houses of corruption and the results are for every one to see.

What we need today are men of competence, compassion, integrity, patriotism, selflessness, confidence and fearlessness. Only those of this mould can mend this morass and show the righteous path to the little ones who will be responsible for building a new India.

Once upon a time our country was great. The world looked at India with hope and from far and wide many scholars came here to receive education. We had great universities like Nalanda and Vikashashila where holistic education was provided and where character building was the primary aim, where all branches of education including astrology, astronomy, ecology, mathematics, poetry, history, dance, drama, literature etc. were provided. Students of those times have written such enormous volumes for each subject, which till today we are unable to exhaust.

In ancient India we had a very efficient Gurukul System, the parents used to send their wards to these Gurukuls for their basic and higher education. In a Gurukul, there was a very effective and

productive relation between the guru and the shishya. Gurus were dedicated, well-learned and had authority on subjects they dealt with. Unlike today's gurus they were very honest, austere, disciplined and ready to transfer to the students all the knowledge they had. They were very happy if the students did better than them.

Besides the main stream subjects, there was a harmonious interplay of various other disciplines such as moral science, character building, yog, spirituality along with the classical Indian traditions. Passing out of such a Gurukul, thus a student was well prepared to face the vicissitudes of life with courage and confidence.

Today if we are thinking of knowledge power, according to Dr. Abdul Kalam, we need to transform our society with positive thoughts. We are not to lose the sight of our past Gurukul system and incorporate it in today's situation. Swami Vivekananda says, "The old institutions of living with the guru and similar system of imparting education are needed to come out of this morass."

J. Krishnamurthi says, "The right kind of education helps you to think and gives you space not in the form of a large bedroom, or a higher roof but space for your mind to grow, so that it is not bound by any belief or by any fear."

"One should live from his very boyhood with one whose character is like a blazing fire, and should have before him a living example of the highest teaching."

But the question is from where to get these living examples. Where can we find such gurus with integrity, ready to sacrifice and to impart the knowledge to these little ones. This is a big challenge before all of us. Most of today's gurus are busy accumulating wealth. The continuous classroom atmosphere, with no proper education, leaves little time to children to discover themselves, and the students are compelled to take up coaching. At this tender age a child has thus to go to two schools, one formal school where he is studying and the other is his coaching school and resultantly he finds no time to play, or to recall what he has studied. This way he loses himself. Education instead of dispelling the darkness from within, spreads more darkness. This is the helpless and pitiable situation of most of the students today.

Do we have a solution to this problem? Dr. Krishnamurthy says, "If we have a problem we have a solution too", but are we ready to look into these solutions and rectify the mistakes that we have been committing again and again over the years? If we say yes, then we can do something about changing the school environment with positive thoughts and a pious action.

My Experiences

Years back, in 1989, when I was the principal of St. Francis Inter College, Hathras, I started a boarding for the students who had failed in several English medium institutions of our diocese. There were about 35 students. I started experimenting on them yogic techniques like pranayama, asanas and yoga-nidra which I had learnt from the Bihar School of Yoga, Munger, under Swami

Satyamanda Saraswat and appointed well qualified teachers to look after their studies. Within two to three years I found a tremendous change in them and they all passed with flying colours in their board exams. This created a lot of confidence in them.

In July, 2007 I was transferred to St. Peter's College, Agra (U.P.) as the principal. I found that around 20-25 students came everyday seeking leave to go home for some or the other medical problems like headache, sinusitis, stomachache etc. It was a daily routine. Atleast 20-25% of these boys were obese, some were with a hunch-back and did not know how to walk properly, some of them used to fall down during assembly due to fatigue. Then I thought of introducing yoga to the students to see if they can be provided with a better health to keep away from some of these diseases. I contacted my friend Dr. Daya Kishore Hazra and his team to investigate the health parameters of students including weight, height, hemoglobin level etc. After giving them continuous practice of pranayama and Suryanamaskara and yogic asanas we found that slowly and gradually their health began to improve. Their bellies went inside, chest came forward, eyesight improved, and their immunity was also enhanced. There were fewer complaints of fever and sinusitis.

Parents and student were so happy that they began to enquire more about yogic practices. Media, both print and electronic, started highlighting the benefits of Yoga on a regular basis. Seeing the effect of Yoga and the appreciation, we encouraged most of the schools in Agra to teach Yoga to their own children. So in these four years period not only the health but also the performance of the students had improved. Our experience should open our eyes to take our traditions seriously.

The Bihar school of Yoga in Munger, Kaivalyadhama in Lonawala and S-VYASA University Bangalore have been conducting research on children of various institutions and the results are very encouraging. So time has come for all the institutions in the country to introduce yogic techniques in school and change the environment to betterment and positive attitude. Today's children need this technique more than anyone. Most of the students today are falling out by the way side because of job responsibilities or because their parents don't have time to take care of them. The lack of emotional and moral support have led these children to alcoholism, robbery, licentiousness etc. Instead of being in a classroom they are often found in the malls or picture halls of the town. They do not even pay attention to their dress, behaviour and conduct and in fact there is no awakening, and the purpose is defeated making us all realise painfully that Modernity comes at a price after all.

Conclusion

Jesus in the Gospel has said, "The Kingdom of God is within you". Dr. Krishnamurthy says, "You are the world". Our scriptures have said "Aham brahmasmi". This shows that we have tremendous powers within us. Therefore to know what needs to be done, we should delve deep into this kingdom. It is good to remember here, that we have a daily battle with the flesh – with the vanities of the world, remembering that "He who disciplines his mind is greater than one who conquers a city" At

this junction we, Indians, must not forget that out of the past is built the future. We must look back therefore, as far as we can, one should drink deep of the eternal fountains that are behind, and after that look and march forward. Our ancestors were great – we must first recall that. We must learn the elements of our being, the blood that courses in our veins. For ages, our strength has been, that the Indians psyche has been geared to devoting one's life to the welfare of all "SARV-BHUTHA, HITH RATHA". It has also focused not on the individual self but on the entire globe. "VASUDHAIVA KUTUMBAKAM" was always the objective.

We all know that the human mind is gullible and impressionable. That is why in today's torn world the accent is on a strong and SAATVIC MIND. To enable this our ancestors and munis charted out many customs values and traditions, bereft of which, sadly, the people today are weak both in mind and spirit. A weak mind is vulnerable and open to blackmail. If left uncontrolled, if devoid of YOGIC values and traditions, your desires, your self control, your sense of right and wrong get the better of you and once addicted to them, they make you dance to their tunes. Just as strong roots sustain a tree, an education as outlined above equips an individual to face the battle - fields of life.

Man is graced with an unique nature. He is distinct from and far superior to all other life forms. He is endowed with a highly developed consciousness (चेतन) and abundant intelligence, coupled with the ability to discriminate (वृद्धि). The sine-qua-non has to be this वृद्धि using which the transition, that we have to effect today, if we have to improve, is an educational revolution based on the bulwark of gurukul values and Yoga and Meditation which should embrace all our country.

In India there are institutions like Bihar School of Yoga (BSY), Munger; Ish Yoga Centre, Coimbatore in Tamil Nadu; Swami Shivananda Ashram, Rishikesh; Sri Aurobindo Ashram in Puducherry, VYASA University Bangalore, Kaivalyadhama in Lonawala; Brahmakumari's Ashram, Swamiji Paramhansa Paramananda Yogoda Ashram in Ranchi, Gurukul Kangri Vishwavidhyalaya Haridwar and Patanjali Yogapeeth Haridwar. These and many more Ashrams like this which are spread over India are working with all these techniques and proving them scientifically. This shows that we have hope for the future. If the government takes this job seriously and comes forward to help these institutions, we can create thousands of Yoga teachers who in turn can go to all the schools in India and transfer this technique to our new generation. It's then only that we can fulfill the dreams of the great sages like Patanjali, Sri Aurobindo and Swami Vivekananda.

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NUCLEAR POWER : DREAM OR DELUSION ?

Dr. Ajaya Baboo



As the industrialised nations continue their heavy use of fossil fuels, the threat of global warming gathers momentum. Evidences reveal that developed nations are dependent on overseas sources of crude oil. In the light of these two serious energy-related problems, it seems prudent to do every thing possible to develop non-fossil-fuel energy sources. Nuclear power is an alternative that does not contribute to global warming and there is sufficient uranium mineral as fuel nuclear reactions for the 21st century, with the possibility of extending the nuclear fuel supply indefinitely through reprocessing technologies.

For hundreds of years geologists have recognised that fossil fuels would not last forever. Sooner or later, other energy sources would be needed. Its alternate is nuclear power. It was anticipated that nuclear power could produce electricity in such large amounts and so cheaply that we would phase into an economy in which electricity would take over virtually all functions, including the generation of other fuels, at nominal costs.

The objective of nuclear power technology is to control nuclear reactions so that energy is released gradually as heat. As with plants powered by fossil fuels, the heat is used to boil water and produce steam, which then drives, conventional turbo generators. Basically in nuclear power mass is transformed into energy by fission or fusion reaction. In both fission and fusion, the mass of the product (s) is less than the mass of the starting material and the lost mass is converted to energy in accordance with the law of mass energy equivalence. This energy boils water to produce steam which drives turbo generators. All current nuclear power plants utilise the fission of uranium-235, through chain reaction.

A nuclear reactor for a power plant is designed to sustain a continuous chain reaction, but not to allow it to amplify into a nuclear explosion. Control is achieved by enriching the uranium to only three percent U-235 and ninety seven percent U-238, arranged in a geometric pattern and is surrounded by a material called a moderator which slows down the neutrons which produce fission so that they are travelling at the right speed to trigger another fission. It is also observed that due to different factors, some times, the uncontrolled decay of heat could melt the materials in the core, and a situation called melt down occurs. Then the molten material falling into the remaining water present in the power plant could cause a steam explosion.

On March 28, 1979 the Three Mile Island Nuclear power plant near Harrisburg, Pennsylvania, suffered a partial melt down as a result of a series of human and equipment failures. The steam generator shut down automatically because of a lack of power in its feed water pumps, and eventually a pressure valve on top of the generator opened in response to the ensuing build-up of pressure. Unfortunately the valve remained stuck in the open position and drained coolant water from the reactor vessel. The core was uncovered for a time and suffered a partial melt down.

One cannot forget April 26, 1986—Chernobyl nuclear power plant disaster. While conducting a test, electrical engineers unfamiliar with nuclear safety systems tried to operate the reactor at a prohibitively low percentage of its power. When they realised that this could lead to trouble, they tried to get the power backup by disabling major elements of the safety system and withdrawing almost all of the control rods. Power increased more rapidly than the operators could react, and a runaway reaction was achieved before control rods could be reinserted. Within seconds, the reactor went from six percent power to more than 30 times normal full power. A melt down and fire occurred, a steam explosion blew the 1000-ton top off the reactor, and enormous quantities of radioactive materials were ejected thousands of feet into the atmosphere. Within a day, helicopters began dumping thousands of tons of fire-retardant and sealing chemicals to suppress the fire and stabilise the radioactive core. Ultimately the core was cooled down with liquid nitrogen and carbon-dioxide. In spite of precautionary measures many people in or near the evacuation zone may have been exposed to radiation levels that could lead to cancers and birth defects in future.

The recent radiation crisis at Fukushima Daichi Atomic Energy Plant in Japan where Tokyo Electric Power Company which runs the plant and is responsible for managing the crisis, indicated that there is a breach in the reactor at unit 2. Truly speaking a certain amount of radioactive material has melted in this unit in the multireactor plant. The reactor has three layers of protection—building, the containment vessel and the metal cladding around the fuel rods that are inside the reactor which were exposed above water for some time causing a high degree of radioactivity in stagnant water inside the turbine room which exceeded their normal density at the site by 10 million times within the reactor site itself. Helicopters dumped many loads of water on the reactor to cool it and replenish a pool containing spent fuel rods. Any how there are chances of radioactive pollution of air, water, food and dairy produce as well as the sea water.

Today people have a general distrust of technology they do not understand, especially when that technology carries with it the potential for catastrophic accidents or the hidden, but real, capacity to induce cancer. Scientists believe that nuclear energy is extremely safe, using arguments based on the low probabilities of accidents occurring. However, when accidents occur, probabilities become realities and the arguments are moot. There remains the crucial problem of nuclear waste safe disposal.

After the Three Mile Island power plant melt down in March 1979, the catastrophic accident at Chernobyl in April 1986 and the radiation crisis at the quake and tsunami-hit Fukushima Daichi Atomic Energy Plant in March, 2011, several hundred activists opposed the generation of electricity by nuclear means. It is not hard to say why nuclear power is being rethought. Yet, concerns over global warming and impending oil shortages are real. Very likely, public opinion and reaction will be the determining factors in whether we revive the nuclear dream or put it to rest.

A Farewell Message

(On the occasion of the farewell to ISC Batch 2011)

Dr. Neelam Mehrotra

My dear students of class XII,

Here, in this day's waning light, we have gathered to bid you farewell. As the afternoon sun begins to descend in the sky, the sun is also setting on your tenure as students of St. Peters College. A new course of life awaits you—filled with responsibilities and enormous possibilities. Today marks the end of your childhood, tomorrow you begin your journey into the real world.



Teachers, whom you knew in this school, may not be there with you any longer but another teacher awaits you—a teacher far more powerful than any you have ever known—a teacher called 'Life'. And that teacher will displace you, tear you away from everything you know and place you in the midst of the unknown. In these final hours paint the pictures in your mind of everything and everyone you never want to forget, the happiest moments of your life which cannot be affected by the day's dimming light.

When this sun finally falls below the horizon, look not to the darkness. Turn your back on the void, empty sky and look to the east for it promises a new day. In the light of the new dawn waiting for you, find the courage and strength to pursue your own destiny. Dwell not on the life being left behind but look to future friendships and accomplishments.

Take from the school the knowledge you have gained and also an open mind. Make a difference in the world even if it is in one corner of it. In this moment of farewell I wish to give you some guidelines to practise in your lives. Life, your life, is an incredible gift. Throughout the journey of your life, you will encounter hopes, dreams, challenges, setbacks, new beginnings and the inevitable good-byes. Cherish the amazing relationships in your life and worry less about who may or who may not like you. Listen—really listen—to others. Have empathy and compassion. Stop worrying about the small things. Instead—laugh more, love more, forgive often, smile irrepressibly, be spontaneous, cry when your heart is breaking and reach out when your heart is overflowing.

The people who will make the most difference in your life are not the ones with the most credentials, the most money or the most awards, but the ones who care. So always have time for your family and friends.

Secondly, trust in the incredible power of the human mind. Let your instincts, your intellect and your heart guide you. There is only one you, only one life, and you will pass this way but once—and every one of you is called to be a king, a hero in your ordinary lives.

Thirdly, care for the nature around you because without water and air our planet, and you, cannot survive.

Poised as you now are, at the threshold half-turned to go and yet half-turned to stay, I would like to forget the threat of exams and my anxiety over how you will fare. I'd like to forget the scolding, tuck the reproaches into some forgotten pockets of the past. My dear sons, as I watch you turn for the last time and look on the life you are leaving behind a prayer is born from out of a popular nursery rhyme—

May God bless and keep you always

May your wishes all come true

May you always do for others

And let others do for you

May you build a ladder to the stars

And climb on every rung

And may you stay forever young.

May you grow up to be righteous

May you grow up to be true

May you always know the truth

And see the lights surrounding you.

May you always be courageous

Stand up right and be strong

And may you stay forever young

May you stay forever young.

Dear boys, I am glad I was your teacher. I can't believe our days together have come to a close. Remember, regardless of wherever you go, whatever you do, you will always be our students, our dear sons. I hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the most special places your heart has ever known.

We hold up our lamp to light you on your way.

Physical Education : Need of The Hour

Gyan Prakash Chaurasia

Meaning and Definition of Physical Education

Physical Education is the process by which changes in the individual are brought about through physical exercises. Physical Education aims not only at physical development but is also concerned with education of the whole person through physical activities. This all round balanced development is the true aim of Education.

Various Definitions of Physical Education

1. **Central Advisory Board of Physical Education** defines it as education through physical activities for the development of the total personality of the child to its fullness and perfection in body, mind and spirit.

2. **According to Webster's Dictionary**, Physical Education is a part of education which gives instructions in the development and care of the body ranging from simple callisthenic exercises to a course of study providing training in hygiene, gymnastics and the performance and management of athletics and games.

3. **Charles A Bucher** defines Physical Education, as an integral part of total education process, is a field of endeavour which involves the motor mechanism of human body resulting in the development of physically, mentally, emotionally and socially fit citizens.

Aim of Physical Education, like general education, is to develop the human personality in its totality with a well planned activity programme. Physical Education aims at the all round development of the personality of an individual or wholesome development of human personality and it includes physical, mental, emotional and moral aspects to make an individual a good citizen who is able to make a contribution in the process of nation building.

Thus physical education means making an individual physically fit, mentally alert, emotionally balanced, socially well adjusted, morally true and spiritually uplifted.

Objectives of Physical Education

1. **The objective of social efficiency** : It is concerned with one's proper adaptation to group living. Physical Education activities provide ample opportunities to develop traits such as co-operation, respect for others, loyalty, sportsmanship, self confidence etc. All these qualities help a person to make him a good citizen.

2. **The Objective of Culture** : It aims at developing an understanding and appreciation of one's own local environment as well as the environment which is world-wide in scope. By participation in various physical education activities such as dance, sports and games, a person fully understands the history, culture, tradition, religious practices etc. and the aesthetic values associated with these activities.



Importance of Physical Education : In the present era of space and automation, all human beings appear to be living a more and more inactive life. They ride instead of walk, sit instead of stand, and watch instead of participation. Such type of inactivity or sedentary life is detrimental to mental and physical health. Thus, there is great need of physical education for balanced living. Physical Education, which is commonly a part of the curriculum at school level, includes training for the development and care of the human body and maintaining physical fitness. Physical Education is also about sharpening the overall cognitive abilities and motor skills via athletics, exercise and various other physical activities. It is a stress buster and source of enjoyment. It gives overall confidence and encourages budding sportsmen. Physical Education promotes healthy life style in adulthood.

Benefits of Physical Education

1. Physical Education is needed because due to technology the life-style of people has become sedentary.
2. Physical Education is needed during elementary and secondary education for proper growth and development.
3. It is beneficial during adulthood to maintain good health and fitness.
4. It is important as it provides us the knowledge of our bodies from musculoskeletal, physiological and biochemical point of view.
5. It also teaches us the value of ethical behaviour in sporting situations.
6. It teaches us the value of physical fitness and how to become physically fit.
7. It is also important for catharsis reasons which means releasing of energy, emotion, tension or frustration and some people let off their extra steam by participating in various games and sports which are part of physical education. This way physical education helps in checking juvenile delinquency.

Why Carry Worries of the World !!

Gecti Maheswari



The other day during our college get-together someone cracked a joke, which made everyone laugh but struck me as the true philosophy of life. The joke, though a bit crude, went something like this.

Two friends Santa and Banta were basking in the sun in a park after lunch. Sitting on the bench Santa said to Banta, "There is a young couple going hand in hand." Banta said, "Menu Ki" meaning since it did not concern him he was not bothered. After a while Santa again told Banta that it seemed as if the girl was Banta's daughter. To which Banta replied, "Tenu ki" meaning "why should you worry" since it did not concern him.

It's a fact that half of our time and energy is spent indulging in matters that do not concern us. We are worried why our friend bought a new car when he already has one, why our neighbour always comes late from office or why the famous actor is divorcing his wife!! There is no end to these worries, which congest our mind most of the time. Newspapers and TV add fuel to fire by producing and feeding us with a lot of garbage, which we lap up with pleasure. However, by a little practice it is possible to do away with these useless thoughts. To stop the flow of such unproductive and enforced thoughts we must first understand that everyone is living in his own world and is acting according to his own inherent nature and environment. Secondly, we have no control over others. By getting involved in the life of others even if it is on mental level, we only waste our time and energy. No one can interfere in his or her life. The more garbage we put in the mind, the more comes out. In computer language they call it GIGO i.e. garbage in garbage out.

It will be a great achievement if we can control ourselves. This can be achieved by meditation, reading good books and being in the company of learned people. Good thoughts do not allow useless thoughts to take roots in the mind. Another time-tested method to eradicate useless thoughts is to make a habit of praising others daily. You'll be blessed with love and affection from people, I assure

Are You A Fun Parent?

Priyanka Li

You supervise homework, you like shirts tucked in, hands clean and hair neatly combed. You always wait until a child finishes his/her food. Of course, a big part of a parent's job is to make sure children are well-fed, clothed, educated and kept tidy. There's certainly nothing wrong with any of that.

But sometimes in our rush to take care of all the practical child-rearing jobs, we forget what's equally essential in our lives. We miss out on all the opportunities to share joy and fun with our children.



Think about it. Are you really going to remember all the times that you folded the laundry in your family? Or, will you cherish that special trip for ice-cream after the school activities and the time that you built a fort out of blankets and pillows, and snuggled inside with your child and his favourite book?

Sometimes we get so caught up in the daily whirl of work, school and routine, it's hard to slow down and take a few moments for fun. But the truth is, we all should be sharing plenty of good time with our kids.

Most people know the saying "A family that plays together, stays together". And there is a lot of truth in it. That is because a family's shared experiences of fun will go a long way towards smoothing ruffled feathers when times get tough.

Lots of interesting information about your child's day, his troubles with a friend, or struggle with a school subject are likely to come up naturally as you spend more time together just relaxing. As well as having a good time together, you'll be teaching your child the importance of relaxation. You'll be demonstrating how to strive for a healthy balance in life between work, family and leisure times. So go ahead, be a fun parent for your kids and I vouchsafe you'll get more out of the deal than they do.

Past Versus Present

Soosy Antony



After completing more than two decades of teaching, I observe a sea change among the students.

Change no doubt is a sign of growth. Change kills monotony. But as the students have very quickly evolved out into a new species we find hard to cope with such drastic changes. At this crucial juncture the role of a teacher needs to be redefined.

In those 'good old days' of our childhood, we, the students depended on two main sources of knowledge, the books and the teachers. The figure of a teacher evoked fear and adulation in equal measure. We were thoroughly guided through each and every line of those text books which were well packed with content but limited in number. We prepared notes patiently and carefully. One fountain pen was used for the whole year in which the level of ink went up and down almost daily. A single instrument box was enough for the whole school life, the parts of which were never thrown out, but preserved for the next person; may be the sibling or a neighbour. It was not because we could not afford to, but the need for more was not felt. The markets were not flooded with such a variety of articles. Ads and hoardings were few and did not have much impact on many. The concept of sustainable progress was deep rooted in us. We were taught to respect nature, conserve the natural resources and love plants and animals, we were sensitised to the needs of 'have-nots'.

Examinations were always tough. There were no complaints about the vast syllabus, out of syllabus questions and evaluation process. Many answers were half done; but we never dared to depend on the memory power of any fellow student seated next to us in that scary examination hall.

Going to school was a socialising experience. We walked all the distance in small groups chatting, discussing, playing, pulling others' legs, fighting and memorising poems loudly. We listened to the news and songs on the radio, waited eagerly for Fridays for the visual treat of 'Chitrahar' and a movie once in a while. Ours was a gradual and steady growth to maturity.

Now we have a generation that is growing faster through short cuts, eager to attain maturity quickly. They live in an unreal world of artificial abundance. Out of this abundance has emerged a confused, restless, insensitive and indifferent lot of youngsters. They are the poster boys for 'use and throw' culture. We blame them for everything because it is the easiest thing to do. But aren't we, the family, the society, the institutions, responsible for such a dangerous situation?

When a child needs one or two pens we provide a pouchful to them, a wardrobe of dresses to suit different occasions and too many flavours of ice-creams when he asks for one. If one or two books are

enough per subject, we give three or four making the teaching-learning process more complicated. A bag load of note-books, work books, instrument box, dictionary and maps add up to the accessories creating further chaos. From where will the child start?

'Write more to learn more' was the golden rule of yesteryears. Now the children have no patience to write. The art of writing is losing its value. Finally when they settle down to write, it's a disaster filled with SMS language and funny symbols.

When they look for some entertainment there are hundred and one channels on TV and thousands of sites on internet to surf through. Mobiles with multiple functions are must-have accessories for school going children. Then how can we blame them for reaching out to wrong sites or indulging in bad habits? It is like asking them to jump into a pool of honey just to know its depth without tasting it!

Aren't we responsible for this chaos? How can we wash our hands off and sit back leaving children to their fate?

It is high time that we should act. The children between the age group of 13 to 15 need to be dealt with utmost care. They are such a vulnerable lot, restless and confused, due to physical and emotional transformations related to adolescence.

We can't change the society and the whole atmosphere; but we can surely guide and help them develop right attitudes, to have a natural growth in resonance with nature. Let us create a lot of true, honest and sensitive human beings who will make the world a better place to live in.

Think and Act Cheerfully, And You Will Feel Cheerful

Monica Arora

folks are about as happy as they make up their minds to be ...
thoughts make us what we are. If we think happy thoughts, we'll be
we think miserable thoughts, we will be miserable. Fear thoughts
us fearful and sickly thoughts will make us ill. If we think failure, we
only fail. If we wallow in self-pity, everyone will want to shun us and

the question is how I can change my thoughts under drastic circum-
when everything seems out of control. Yes, surely there's an answer
is try to assume a positive attitude instead of a negative one. We need
cerned about our problems, but not worried. What's the difference between concern and
concern means realizing what the problems are and calmly taking steps to meet them. Wor-
ans going around in maddening futile circles. Our peace of mind and the joy we get out of
ends not on where we are, or what we have, or who we are, but solely upon our mental
Outward conditions have very little to do with it.

If we cherish creative thoughts of courage and calmness, we can enjoy even in the worst
of life.

in "Paradise Lost" discovered the same truth.

mind is its own place, and in itself can make a heaven of Hell, a hell of Heaven.

possible to change the mental attitude, when mowed down by troubles. It may take a little
the secret is simple. Put a big, broad, honest-to-God smile on your face, throw back your
a. Take a good deep breath and sing a piece of song. If you can't sing, whistle. If you can't
orn. You'll surely see the difference.

the book 'As a Man thinketh' by James Allen had a lasting and profound effect on my life. It

n will find that as he alters his thoughts towards things and other people, things and other
l alter towards him ... Let a man radically alter his thoughts, and he will be astonished at
transformation it will effect in the material conditions of his life. Men do not attract that
y want, but that which they are ... All that a man achieves is the direct result of his own
..."

n can only rise, conquer and achieve by lifting up his thoughts. He can only remain weak
able by refusing to lift up his thoughts.

us remember these words of William James :

a of what we call Evil ... can often be converted into a bracing tonic by a simple change of
er's inner attitude from one of fear to one of fight ... "

fight for our happiness !



Music-The Stress Buster

Renu Chatterjee

"I sing because I'm happy. I sing because I'm free" are lines borrowed from a famous hymn. However these simple words express the power of music. Music can truly lift the soul and erase the strife and struggle of life. In a student's life it does miracles for it is an art form that encourages creativity not only in composition but also in execution.



Rhythm has permeated every aspect of human existence. There isn't any facet of human existence that is deplete of music and rhythm. In remote jungles humans still live in primordial states yet they possess unique instruments that delight the soul. Music is for all occasions, for the jolly, the somber, the sad and the lonely. It is equally important for the spiritual and the secular. Whether it is to motivate the Indian team or to sell a can of coke, music reigns.

The ushering in of reality shows which catapult ordinary people into superstars overnight has punctuated, reinforced and strengthened the chords of music among the present generation. The American Idol-2010 Lee Dewyze was a paint salesman who awed millions with his Hallelujah as winning song. A forty year old lady Susan Boyle from a little farm in England created jitters as an astonished England by her rendition of "I dreamed a dream". This single hit took her from anonymity to fame.

We live in a world which speaks with a new vocabulary, where educators network with entrepreneurs and want to know if our students are going to be market ready. It simply means if our students have the kind of education where they are ready not just for jobs but also to face the stress of the global market along with the micro family squabbles.

How does music help? Music is a platform of expression. A perfect tool for personality development where one loses stage fright and learns to network with an audience that may or may not be very appreciative. He or she learns to understand that it is not strength but dexterity that enables one to conquer an instrument. Students lose their stammering when they sing. Learning of lyrics is also a great boost to memory build up. Yet the entire process needs no compulsion and is highly digestible to the young lads.

I don't advocate that music is a panacea to problems but I'm sure that it is a great stress buster. We live in a world where stress is taking its toll. Give your child a dose of music rather than waiting till he is engulfed in problems and wants to pop a pill.

An Anxious Youth

Dr. Bulbul K. Singh



The most important section of society in a country is its youth. Because it is the youth who bring changes in society. They also bring prosperity and happiness. When they dream, they dream not only for their own good future, but also for the good future of the nation and entire humanity. Their dreams take them to the stars and galaxies, to the far corners of the unknown. They are the future generation of the nation and are going to take greater responsibilities on their shoulders, so it becomes necessary to be aware of their problems and provide them with opportunities to develop in a wholesome manner.

None can deny that the problems like anxiety emerge faster where the rate of scientific and industrial growth is higher and swift. Anxiety, a common human emotional state, functions as a warning signal of danger. The ability to anticipate and prepare is associated with the ability to experience anxiety as we continually strive to adapt to a changing world. Anxiety plays a positive role in human life. When anxiety becomes abnormally extended or prolonged, it ceases to play its role in this continual adaptation.

It is normal for people to experience anxiety when faced with stressful, threatening situations, but it is abnormal to feel strong, chronic anxiety in the absence of an obvious cause. The sources of anxiety can be personal coping capacity, stressful life events requiring adaptation or change and various psychopathology. Youth have to cope with stress and additional sources of anxiety related to career, family, security and realization of one's dreams and goals.

Anxiety can affect all aspects of a person's life. Anxiety can make performing at work difficult and stressful, diminish confidence in one's ability to do a job and make decisions related to one's career. People with anxiety have additional hurdle in this process-worry. The worrying part of anxiety can interfere with a clear vision of one's real abilities and the likelihood of certain outcomes. It becomes difficult to choose a career path that one can believe will have positive outcomes, which then leaves a person with anxiety, stuck in indecision or in a career he or she is dissatisfied with. Thus wrong career decisions eventually make a big drain both on the emotional health of the individual and the productivity of the society. To end deliberate destabilization of social structure, career should be chosen carefully.

Overcoming Barriers

Harry Curran



The young learner is plagued by an avalanche of expectations. Life of a student, in fact, has become a report card and parents as well as society measure growth by percentages. In such a scenario dishing out holistic education becomes extremely challenging. W.H. Davies wrote "What is life, so full of care, we have no time to stand and stare." The expectations of the young learner are such that he forgets the very season of childhood and is groomed in a spectrum where competition motivates progress. The adult world creates stress-busters whereas the young child invents his own and like a pressure cooker that releases excess steam, he blows up at regular intervals by over-reacting to casual statements and indulging in pranks that do not really give him pleasure and have an adverse effect on his personality. To make matters worse he gets branded by family and friends as a troublesome kid.

Family dynamics has changed, making the child emotionally unstable.

Traditionally, a child was taught to fight his own battles, play the game on the field and name his adventures to the siblings around him.

Children from nuclear families are overprotected, robbing the child of his ability to try and make mistakes, feel sorry about them, and move ahead. Parents want to decide everything for the child, again stealing from him the decision making ability. Infact the child's report card assumes sanctity of a family relationship. Parents blame each other and then blame the young learner.

Eating disorders and depression are also to be blamed for students not being able to perform or cope with the present system. We seem to have forgotten that there are many things that can be taught but have to be caught. They are passed on from generation to generation. Some way down the line someone seems to have forgotten to pass the baton of personal discipline, mutual respect and most importantly, creating boundaries, areas that even angels fear to go.

The ability of a country to create and disseminate new knowledge, utilize existing knowledge and manage its intellectual resources will determine the economic and social well-being of a nation and its people. Both high and low achievers gain in a friendly environment. It is, therefore, vital that students be treated with more care and concern rather than making them accumulators of knowledge and disseminators of marks. We cannot consider them to be robotic computers where the output depends upon the input.

A student needs an atmosphere for growth where the climate for inter-personal attention is based on achievements and so we need to accept kids as they are and not on what they do.

"Unearthing the Paradise of Life"

Shyam Kumari



The first day of each new year is celebration time, the second day is a wind-session, the third day is the beginning of usual routine, the fourth day is hectic and from the fifth day begins the saga of complaints about the routine. Cribbing about the fact that office hours are immutable, the humdrum at home remains unchanged, the inflation rate is rising each day, the government is irresponsible, lackadaisical—is this the new year we give to ourselves,—a day of resolutions, celebrations and remaining 364 days of rat race.

Do we make any difference in the world we live or are we simply biting the dust and nearing our graves. It is very easy to be disappointed in adversity but believe it is even easier to be happy and hopeful in such moments, if only we strengthen our faith in God.

A famous book uses the term "obstacle man" for people who find hurdles and loopholes in every action and every thought, despite the privilege that we have of carrying everything to God in prayer. We are thoughtlessly pushing the lever of the automaton of life.

Almost all the cryptic codes can unravel if we live simple and think positively.

The suffering, pain, disbelief all accrue as a result of our heavy investments in our own sweet world where peace and tranquility rules. In other words, we are so addicted to spring that we fail to relish the joys of autumn. Such thoughts loaded with images of bliss, make our mind dormant. We live in such phases as "bad breaks". We suffer and put masks in public and in solitude curse our destiny. What a TRAGEDY !!

But dawn is delivered out of night's womb, situations are made to be tackled. It is rightly said, do not be the drop, be the ocean."

Have a "living mind"—a mind that trusts PROVIDENCE.

As The Bible says :

"Then will keep him in perfect peace, whose mind is stayed on thee."

[Isaiah XXVI]

Life can get muddled. But muddied water "let stand will become clear."

Why do we fear to be what we are and boast of that which we are not?

Why can't we solve the complicated equations of life to enjoy the bliss that is promised by the Lord equally to all.

Life is indeed a prism of "God's light" as described by Sarojini Naidu.

Some of life's best pleasures are its simplest ones. Life never presents a deadlock. When you seem stranded remember you are nearest to the door of success.

A positive person is a winner in all walks of life. So think big, think positive because as you live your days so you craft your life.

Importance of Hindi

Gunjan Sehgal

Hindi was suppressed for over 300 years by the English. In our own country, Hindi is getting a step-motherly treatment. But despite all odds, Hindi is becoming popular in many countries in the world.

There are many countries where the population of Non Resident Indians (NRIs) and Indians, who settled there many decades ago amounts to 40 per cent or more of the total population of that country. These Indians use Hindi in their routine life. In many nations, Hindi is being taught as a world language and many students are reading, writing and learning Hindi.



In the educational institutions of those nations, there is facility of Hindi education from primary to higher level. In foreign universities there are facilities for doing research in Hindi and getting doctorate.

Over 2 crore people of Indian origin live in USA. Harvard, Pennsylvania, Michigan, Yale and other universities have a Hindi department. Over 75 universities have a Hindi faculty. The students learning Hindi are over 1,500. Many organizations are working for the upliftment and welfare of Hindi in US and they include the International Hindi Committee, World Hindi Committee, Hindi Trust and others. Many Hindi language magazines are being published from there like *Vishva Hindi Jagat*, *Bal Bharti* and *Hindi Chetna*. In America there is a large number of Hindi poets and writers.

When India developed relationship with other nations, the students in those countries, who had learnt Hindi presumed that the companies doing business in India would give them jobs as they were conversant with Hindi. But when these companies came to India, they found many English speaking people. Hence the Hindi learning efforts of these students had no meaning. It is also irony that people learn Hindi to converse with us but we prefer to speak in English. All mails, communications are made in English.

Hindi is the language of the biggest democracy of the world. Even NRIs cultural language is Hindi. It is very unfortunate that Hindi which, on its own is becoming popular across the world is being ignored in our own country.

The language which is becoming a world language is being ignored in the place of its origin. In universities, embassies and even offices related to growth and development of Hindi, English is used as a medium of communication. The attitude towards Hindi is dismissive. We have not taken Hindi seriously and we Indians have not contributed much to make Hindi popular.

The world today is a global village. There are multiple channels, popular Hindi films, but Hindi remains a language with a secondary status.

It fills me with great pain that today's generation does not care for the language, looks down upon it, makes no attempt to master it. Hindi textbooks and the rich literature in their language is relegated to the back shelves.

I hope and pray that Hindi does not become a forgotten language. Maithili Sharan Gupt, a great Hindi poet, wrote :

“निजभाषा उन्नति अहै, सब उन्नति को मूल।
दिन निजभाषा ज्ञान के, मिटत न हिय को सूल ॥”

A Tribute to My brother C.A. Rahul Asija

09 April, 1986 10th September, 2010

Those ten days, when my brother C.A. Rahul Asija was struggling in Apollo hospital against the deadly disease, were like going through hell, ending up in misery, sorrow and never ending pain. But with passage of time his thoughts, his vision in my dreams made me look to it as a new beginning for him because 'This earth is an inn and we are guests here, our true home is heaven'. He left for his heavenly abode on 10th Sept., 2010 leaving a vacuum in everyone's life who knew him and loved him unconditionally.



A bonafide student of St. Peter's College, Rahul Asija completed his studies in 2004. He maintained a meritorious record in all subjects, specially Economics in which he scored 77% in ISC examinations. C.A. Rahul Asija was a young man who possessed an impeccable character and noticeable virtues of humanity, charity, kindness, devotion, honesty and perseverance. Though young, he was a saint in my eyes and in the eyes of his friends. Perhaps he was God's loving child and his journey with us was so short. Divine intervention called him to heaven where his soul belonged.

C.A. Rahul Asija was no less than a saviour and a true soldier who endured the sufferings and took the attack of virus on him so that his demise could save me and others who were suffering from the deadly virus H1N1 (Swine Flu) in the city. Being the first reported victim of Swine Flu, his death cautioned the authorities of the city to take up their responsibility of preventing the disease from spreading.

I pray to God in all humility to give us strength to endure his loss. May his soul rest in peace.

Peter's : My Alma Mater

Achal Anand XII

The time has finally arrived. The end of a fabulous chapter in my life Thus contemplated my mind as I completed the last paper of the board examinations. I glanced at the ageless examination hall and soon realised that I was beholding it for the last time as a Peterian. With that came the frenzy of a heart beat and a lump in my throat. The past clawed its way out and I became oblivious of the present. I ruminated on the treasured moments spent here, which brought forth a plethora of sentiments—gloom, happiness, melancholy ... I was happy because of the love and care I got here and sad because it is all over.

Rev. Father Principal and Rev. Father Vice Principal have done an excellent job. Their commitment towards the upliftment of the institution is highly praiseworthy. I am indebted to all my dear teachers for their warmth and unwavering support without whose gracious ways, the journey would have been incomplete. For all that you taught me—lessons that extended from the mere chapters of the textbooks, well beyond the four walls of the classroom. For providing myriad opportunities to participate in co-curricular, and for many other invaluable bounties you had bestowed upon me, I will forever be grateful to you, dear teachers !

Friends were another lot who stood with me through thick and thin. They taught me the meaning of co-operation, sharing and teamwork. They helped me unlock many doors to my personality and also spun the thread of my life into a parachute of hope, vitality and well-being. But time, like a rat, slowly cuts the thread of life came the after thought. I felt a sensation of being forlorn, a feeling of insecurity of losing my school, my teachers and my friends.

I stood there for a few minutes, probably the longest minutes of my life. Seconds plodded by ... each separated from the next by eternity. I went around the school and went down the memory lane. The unblemished green fields, the long corridors, the grey magnificent building, the flamboyant auditorium, the assembly-time-yoga, the resplendent fetes, sports days and annual days, the canteen and the ice-cream wallah, the army tank, the fighter plane, the delightful aroma of the chemistry lab ... all of which I was going to miss, ... badly.

My eyes were moisture laden. My brain, a kaleidoscope of thoughts and my heart a storehouse of emotions. School life is definitely an episode to be cherished and a moment to be re-lived.

The evening sky dimmed and we, the students were on the crossroads. The sun had almost set and the sky had metamorphosed from a blameless blue to a pale orange hue, making it so analogous with our plights ! We too were stepping forth from a haven of refuge to a dark, harsh world full of uncertainties.

With great difficulty I took my eyes off my Alma Mater and made my way back home, leaving behind people that shaped my life and a place that has become an important part of my identity. St. Peter's College.

In This Journey of Life

Sam Thomas XI-A

I am an Orator, an orphan walking through the lonely seashore reciting to myself. And moulding perfection out of my speeches, where words expressed my thoughts and feelings. Suddenly, I felt something at my feet. Thoughts raced through my mind; was it a stone? a crab? or a tortoise? With fear in my mind,

I opened my eyes.
To see what it was
A shell ! A shell !
How beautiful the body was painted !
was that a work of Michaelangelo or
Leonardo Da Vinci?
But, a speck flew across my mind.
This is the work of God, the creator. Examining it further
I found it curious, the inside of the shell.
I took it to my ear
The sound of waves and gentle breeze
Echoed in my ear.
I wondered whether it was still alive !
Or did it long to go back to its home-the sea?
I let it go back to the sea
But, the sea was not willing to accept it.
Realisation struck me
My Poor Shell, you are dead
You tried to be the protector of a living being.
But, when the being is dead and gone,
What existence do you have?
Left alone, all alone in this world.
You and I are orphans.
Just meant to strike people's minds.
You with your beauty and me with my words.
But everybody will remember us,
As we remain what we are
From the beginning till the end,
In this journey of life.

A Lighter Ode on a Biological Product : A Beard

Devashish Agarwal IX-B

Every year, at some point in time, we, the students, are instilled with confidence that we are special and have remarkable abilities and should provide the college magazine with some original works so as to prove that we are creative and original in thinking.

This time I also decided to prove my worth and create material that is readable and not worth throwing away.

So sitting at my table, with a pen in my hand and loads of ideas in my mind, I had a hard time choosing what I should write about. It is mindboggling to choose something original and interesting. I have different opinions on different topics and each one appears dull and boring only after I have made up my mind to write about it.

Occasionally, I am known to be somewhat opinionated, OOPS.....My mother caught my mistake. She tells me I am known to be very opinionated. That's why I am the last person to be nominated as a consultant or middleman for any task or discussion.

I am sure that there are times when people have felt like rearranging my face so that I may at least make up my mind and speak something definite. Unfortunately for them, there is no legal method for doing that.

Being a kind and generous individual, I have been searching for ways to help these unfortunate victims of my over-active opinionation.

Finally, at the age of 15, I have found a way to rearrange my face.

I HAVE GROWN A BEARD.

If I would have been 8 years old, this article would have definitely been crumpled up and tossed in a large Editorial Waste Basket deemed to be as supernatural as no one at 8 years has a beard. But at this age, it is a common phenomenon. In fact, it is so common, that people start doubting the manhood of their child, if he hasn't developed these prickly hairs.

Anyway, growing a beard is very easy. Even you can do it.

Here is how I grow a beard (Ladies, please don't try this at home. If possible, abandon the task of reading this article further and be involved in something more productive as this composition is going to get you nowhere.)

On Day 1, I did nothing. On Day 2, I did nothing again. On Day 3, I did nothing twice. On Day 4, I verified that nothing was still being done. When I was definite about it, I simply repeated the cycle.

To speak the truth, the decision to grow my beard was not just to atone for my hyperopinionation. I really wanted to know how I looked in a beard. YES, Curiosity was the real reason for growing a beard.

OOPS. There goes my over-efficient mother, catching a mistake again. I am told that the line should have read, "Laziness is the real reason for growing a beard."

Truth be told, I did the four-day-nothing cycle more by accident.

When you are unemployed the whole day, except for six atrocious hours at the school, and have nobody to impress but a skunk under the porch or a cherry tree in your garden or your sister, who can never be impressed by you or your class teacher, (who, in fact, is impressed by mental readiness, not physical appearance) the days can get away from you and before I knew it, I had laid the foundation of an ever-growing beard. My aunt has seen me with this overgrowth and I doubt if she will ever recover from the shock.

But sooner or later, the beard would have to go. I cannot afford to be mistaken for Fidel Castro or Charles Manson, (God knows who he is).

And summer is not the best season for growing a beard. Even winter is not all that good. In fact, there is no season conducive for growing a beard. Growing beard is an art which can only be undertaken when laziness is in the air, being bored is the order of the day and you yourself are an anti-socialite with no important friend or relative to visit you.

I think, I probably would shave by tomorrow afternoon, today to be precise, as it is 3 O' clock in the morning while I finish my article (which is not that late, considering it is 3 O' clock in the afternoon in America), because, five minutes ago, I got bitten by a Red Queen Ant which had crawled into my beard and made herself cosy there.

But I always feel that my intelligence lies in my beard. That's why I always try keeping a beard in the exams and also at times while doing intense mental activity. If not for this beard, I would have probably forgotten what I was to write for the magazine, which I think, I definitely have and written some gibbersih about beard....

You Can Change Your Destiny

Siddharth Agarwal ISC

We live in 21st century where every man possesses the capability to control his own life. However, adverse circumstances may lead to negativity in our minds. When we cannot make connection between our thought and manifested reality, we attribute our future to our luck.

We often hear people saying, "Whatever is written in our destiny will happen" or "We have left our life to our destiny." Such people are pessimists because they lack hope. People seek astrologers, palmists, taro card reader etc. just to know about their future or ask ways to get away from their problems. I agree that there are many things beyond our control. But that does not mean that we should sit idle and waste our time waiting for luck to show some miracle. Then if, we get bad results we say, "It was our luck". Is our destiny written on stone or that we are stated for what is fated?

If a student does not study the whole year and leave it to luck, how he can expect good marks in the examination. Success demands labour.

Destiny is predetermined. However, our future can be moulded into a good one by doing good deeds, believing in almighty and never allowing negative thoughts to come in our mind. These are the three 'mantras' in order to have a good future. It is beleived that 'Karma' is both the actions of our past and the present. 'Karma' is like the Newton's third law of physics. Every action has equal and opposite reaction. The other way to handle adversities in life is by trying to neutralize them. If you have a heart ailment, donate money to that cover. Help someone who has a similar problem and believe you will be cured. Belief is one of the key players in leading a good life. Believe good things will happen to you and they will happen.

A positive attitude affects life. We should have a positive approach towards everything. People who have negative attitude think and project only negative things and only they develop it to such an extent that even positive thinker may become a victim of their presence. Such negative people can do nothing and don't allow anybody else to do anything. Negative attitudes are a result of weak personality at the physical, social and intellectual level. One must remember that life is not about being successful. It is also the ability to go through both success and failure with grace. In success we enjoy, in failure we learn success is not meant for weaklings. When you have physical strength, emotional beauty and intellectual capacity, your attitude becomes positive. With this positive attitude we jump into the battle of life and success is bound to come.

We have the capacity to change our fate. Our good Karma, both thought and actions will decide our future course of life. We should not be a fatalist and leave it all to destiny. We should go and make things happen but in the right way.

An Art Theft

Abhigyaan Rishi XII-C

"It is safely tucked in", the curator told me as I glanced at the portrait of Mona Lisa by Leonardo Da Vinci. I was not paranoid, but I had the feeling that Pierce Bronson, the famous art thief will try to steal the Mona Lisa next. It was true that there were all kinds of security measures in the Louvre in Paris, and it seemed impossible to steal even a replica of Mona Lisa, but the art thief had proved us wrong many times before. There was no activity from the art thief for several months, and it meant one thing, that he was planning something big, even bigger than the self portrait of Van Gogh, the last piece of art he had stolen from a private collector. The collector was sleeping when he heard a noise from his TV waking up to see Pierce Bronson on the screen claiming to have stolen the painting. When the collector went to see the painting, not only the painting have been clearly disappeared, but also the guards seemed to be sleeping. It was later found that they have been given sleeping gas at night.

Yeah, its safe. "I said to the curator." But all that technology isn't going to keep Pierce from trying. "And that's when we enthusiastically will arrest him." said the curator. The curator was not a very intelligent man, stout, in his mid-forties and hated anyone who told him that there are many sharper men in the world than him. This man relied less on humans and more on science and technology. And after 3 years of chasing Pierce, I know that the more complicated security system, the simpler it gets for this man. This place had the most complicated security system. The frame of the wall was attached to pressure sensor which, on losing the pressure of the frame, will close the 2 inch steel doors of the room. The frame was bulletproof. There were cameras in every corner of Louvere, and many other security measures were taken which were not told even to me.

"I think you are obsessed with this man." My partner said to me as I watched the recorded footage recorded 6 months ago of a man taking photographs outside the Louvere and every corner inside the Louvere. "This man barely looks like Pierce Bronson." My partner told me. "Have you heard of make up." I replied sarcastically. "And why is this man taking pictures of everywhere inside and outside Louvere?" Well, a lot of people take these photos as evidence to show that they went to Louvere. "But this man is not like a lot of people, he is just clicking pictures and there is no appreciation on his face. And who the hell takes picture of bathrooms and doors with 'Employees only' written. I asked. He is n't actually taking pictures of bathroom, and if he is, may be he is a little crazy like the other Americans." My partner said to me. I'm gonna find you Pierce, sooner or later."

"I personally think that the museum should be closed on the new year eve also. I told the curator. Well the museum was closed on Christmas and we can't do that again." The curator replied to

me. "The Van Gogh was stolen on last year's Christmas." And believe me it will happen again on new year. Nothing happened on Christmas and nothing will happen on new year. "And then you will ask us to keep the museum closed on Sundays," curator said to me. "That's not completely true, a fault in your generators was found on 26th," I said. "Generators are source of power and it was just an accident." Curator said, "There are no accidents." I replied.

On the night of New Year, the curator agreed to keep the museum closed on the condition that if nothing happens, there will not be any call from me. I was in the control room on the night of 31. Everything was quite. Where are you, Mr. Art thief. Suddenly, there were a no of events. A Gunshot was heard and the lights went out. "Turn on the generator for God's sake," screamed the curator. The Guard with a torch went running and after complete one minute, the lights turned on. The Guard also came back and told that there was a fault in generator. "The Mona Lisa," The curator screamed and ran towards the room where it was kept. I followed him. The Mona Lisa was safe. But it all didn't seem right. The curator then said that there was something different about it and my friend Pierce had changed the paintings. He ordered the guards to take the painting to the underground section where the paintings were cleaned and checked.

The Guards took the painting out after the curator had given order to control room to deactivate the pressure sensors. The Guards ran across the lobby towards the lift. But after some time we heard from control room that there was an explosion in the lift and there was smoke so they couldn't see through the cameras. I ran to the roof through the stairs and there I found Pierce Bronson standing at the edge in guard's uniform with the painting. "Congratulations, You found me," he said. "I guess so but still have not caught you." I said, "You did your job officer and now no one is going to stop me from becoming the biggest art thief in history not even you." He said. I took my gun and pointed at him. You cannot kill me. I have done nothing wrong. "He said without any fear. And then I saw it. I went close to him, he just stood in his place, and with swift hands I took out his wig and fake moustache. He was not a man. He was a woman, a beautiful woman. When her secret was out, she jumped off the building and opened a parachute and went gliding." Why didn't you catch him. The curator asked. "No problem, we will still have plenty of chances of catching her, if he's got to become highest art thief in history. I said, "But the Mona Lisa is gone." Curator said, "No it isn't, it was fake. I got them swapped without your permission. I am sorry." I confessed, "Well, you are sharper than me. But not sharper than Pierce," said the curator. "Yeah, I said, as I looked at photo of my wife in my wallet, whom I had just seen gliding in her parachute."

It's My Life ...

Sumir Kashyap XI-C

My Life is like a burden
which is heavy on my shoulders
My Life is a torn curtain
with beautifully designed borders

My Life is a sad celebration
without pomp and show
My Life is a numb explanation
of things that I don't know

My Life, I feel is like a boat
lost in the endless sea
of dreams and tears, pains and fears
and a lock without a key

My Life, Oh I know, is a pit of failure
where I cry and mourn
And sometimes I feel, I am so alone
that I forget the face of my own.

But still I know that it's my Life
bestowed on me by Heavens
And so I go, walking fast and slow
across these worldly amends
And I try keep smiling all the time
with eyes like clouds are raining
So I keep passing these earthly trends
losing but still much gaining

Thank You God

Bishwas C. Gupta XI-A

I entered into the examination room
As smartly dressed as a groom
And all the eyes turned to me,
As if I had in my pants, peed.
The papers had already been distributed,
And I was late and felt looted.

The teacher was angry but gave me the sheet
On seeing the questions I turned like cold meat,
I wrote whatever came to my brain
But, like always, the time won again.....

After the examination everyone was happy,
And I was the only one feeling crappy.
The paper was easy, they told me again
And I was sad and felt insane.

When finally the results came out,
I was declared the best of the class,
And once again all the eyes turned to me,
But this time they had appreciation for me.
And then this thing came to my mind,
Thank you God for being so kind.

My Dear Mom

Syed Juned X-C

Tried my best
But ultimately lost
To your invincible spirit
I ultimately lost
my dear mom

You are the reason
That turned me round
Defined me your slave
Now to you I am bound

Your unparallel charm that
captures the mighty
seized this pawn too
You my deity...

Your looks yell out loud
The extreme partiality
That the earthly beings suffer
Done by Thee Almighty

You showcase the world
The power of God
And explain the masses
Who He is.....

All the goods are clustered here
Even a single evil just cant dare
To come to the vicinity
of my mother....

The sweetest fruit is too sour
You are above all my dear
The charming beauties are damn black
Your charisma is their fear...

The gentle touch of your hands
Makes my day
And your sweet sermon
Brightens up my way

The ultimate love that you endow
To your stupid son
Becomes a paramount bouy
To your little one

O you the heavenly,
O you the divine,
O you the lovely,
To my creme de la creme
No one is fine...

We Create Our Life

Keshav Maheshwari [20]

Always wait for something good and it happens, because whatsoever happens, we create it; we sow the seeds. But we sow the seeds unconsciously, that's why we think that some accident has happened. Accidents never happen, nothing is ever accidental.

Everything is based absolutely on fundamental ultimate law. "Nothing ever goes wrong." Yes, sometimes it looks to us as if it has gone wrong, because we were expecting something else. That is the problem—we do one thing, we sow one seed and we expect something else. We sow the seeds of a rose of flower and we expect some other kind of flower, so when the flowers come, we are frustrated. But flowers come through the seeds, not our wishes. There are people who are constantly afraid that something wrong is going to happen, and it happens ! And when it happens, they are proved right. They have made it happen ...

Life is our project. We are our life's creators. God has created man free. So there is an essential freedom inside; now it is upto us to choose what we would like to happen to us in life and then we will see that it starts happening.

So always remember : Whatsoever has happened to us, we have been the cause of it. Sometimes it hurts that we are the cause of all the misery that has happened to us then we feel sad. But there is no need to feel sad, because through it, we come to understand. We have the power to change the course of our life.

And the second thing to remember is : For every hurt or happiness always feel thankful because sometimes pain is needed for growth.

Life is a small affair, a 70 years affair in which one-third will be gone in sleep, another one-third will be gone in earning bread and butter, another one-third in other stupidities ...

Nothing much is left ! It is not a big thing, it is a very small phenomenon, compared to death it is nothing. Death is eternity.

An Autobiography of a Child's Toy

Akshay Rawal VIII-C

As the days go on, I, a child's toy, feel sad and dejected seeing my awful condition. Now I am broken, old, not used anymore. Lying in a trash box, I keep on remembering my past, when I was newly made.

I was in a small room, when an old toymaker was making me with great care. Though he was sweating, he kept on working with his shivering hands, showing no reaction to the scorching heat. Finally, I was made, with shining mirrors and headlights and a shiny real texture. I was given the form of "fire engine."

I was very happy seeing myself. The toy maker returned and soon I was enclosed in an attractive package and kept in a showcase with my other toy companions. I was happy, eagerly waiting for someone to take me.

Soon, the wait was over. A child with a sweet voice wanted to buy me. The man happily took me out and gave to the child. Soon, the package was opened and I was taken out. How happy I was, in that different environment.

He held me, and ran in the entire house, making loud, continuous sounds of a siren during emergency. Since then, he played with me everyday. His glossy eyes used to see me everytime he came to me. It took no time for me to become his steady companion and soon I became a part of his life.

But, an accident changed everything. It put a break to my jolly life. One day, as he was busy playing with me something struck him and that was the moment when he left me and I fell down, and was shattered into pieces. A short silence ensued, and he suddenly burst into tears, while I was lying on the earth, feeling utter pain, on seeing him.

Now, lying among the trash, and unaware of my fortune, I see the child playing with a new toy. The only difference is that now, he has a small vintage car. He holds it and drives it in the entire house, making sounds of beeping horns and the roaring motor engine. Though I feel depressed and dejected, I cherish those beautiful moments of my life with my companion.

Set an Aim In Life

Siddhartha Agarwal 112

Life has no meaning if we do not have an aim in life. Everyone should have an aim. As our aim keeps on changing with passage of time, we should take enough time to decide it with the help of our parents and after deciding our aim we should run after it until we achieve it.

To be successful in life we should have an aim, because if we have an aim we run after it and keep on practising hard and hard until we achieve it. For example—Business men have targets each month of making a certain amount of profit and they keep on working hard until they hit the target, and that's why we say,

'Practice makes a man perfect'

If your aim doesn't match your hobbies, still don't worry about your future. Keep on working hard because, 'Nothing is impossible in life.' So, friends have an aim in life !

Truth Of God

Sambhav Mahajan 113

Truth Is God, God Is Truth

If a person is faithful in all his action, he can realize God, even if he does not pray to God, his devotion to truth takes him to God. The Upanishads say that God is truth. The word 'Truth' means that which exists. Falsehood has no existence. Only truth exists. If we think deeply, we can see that God alone exists. God is the only reality; other things are not real. They merely seem to exist. Their existence is not real. Only those things that exist forever are real.

Things that exist only for a short while and then disappear, are unreal.

An Ideal Child

Sudipt Agarwal VII-B

One who is sophisticate
Never who is late
One who does everything
Studies, games, dances or sings
One who is observant
By also being reticent
Barbaric things who hates
Also good to his classmates
Good in sports, good in studies
As well as extra curricular activities
To his elders who listen
Always away from any sin
To anyone who is never rude
Who can easily eat any kind of food
For doing something ready everytime
Without taking any money or fine
One who is never wild
Very difficult to find such a child
These things are almost incredible
Only in dreams and stories credible
Almost every parent's dream
Sweet, soft, silky like cream
If children become like this
I am sure very much, this world they will miss.

School Life

Siddharth Madan VIII

School is a daily routine for us
In the morning, we're sure to make a fuss
Even when the sun is still not up
Here we are and awake at 5 am sharp

We feel that school is such a bore
Where we feel tired more
Parent's say, 'School's great ! Now, go ! "
We say, " Well, what do you know ? "

Late a minute and we have to run
Eyes half open, shoelaces undone
We reach school and we see our friends,
Immediately, the torture ends.

We have a chat and go with the flow
then the bell rings, it's time to go
We may at times find school stressful
To have some fun, we have to break some rules.

Some may see school as a torture chamber
some cannot wait for the holidays in December
But it depends on how we look at school.
Honestly, positively, school is cool !

Terrorism

Naman Benara VIII-F

Today, Terrorism is one of the biggest problems in our country. A terrorist is a person who creates fear and panic among the people to gain his own ends or the ends of the organisation to which he belongs.

Terrorism usually is of two kinds. Political and Criminal. Both types of terrorisms are dangerous and their consequences can be disastrous. Kidnapping, hijacking of aeroplanes, robberies, murder of eminent personalities, shooting down of innocent people, use of transistor bomb and other explosives etc., are the various ways by which terrorist organisations achieve their political ends.

Terrorists are usually young while the brains behind them are old. Seasoned politicians are the ones who co-ordinate and guide their activities. Terrorism is a world wide problem nowadays. The series of bomb blasts in Delhi and Mumbai and many other States are the latest examples.

Today, there is a great need to fight against terrorism. It cannot be checked by the law enforcing agencies alone without the help of the public. The terrorists have lost the sympathy and co-operation of the people and they stand isolated. Let us hope that the country would be entirely free from this menace very soon.

My Mother

Devaansh Arora II-F

Everybody has a mother
Mothers love us very much.
My mother is so beautiful
She takes me to school.
She prepares food for me.
She helps me in my studies.
I help my mother in many ways.
I help her in my own little ways.
She helps me in my school projects.
She teaches me good manners.
Whenever I go wrong she corrects me.
I love my mother very much.

Polythene : A Curse for Homo Sapiens

Benjamin Harry Clarence VIII

There has come a drastic change,
In the way we bring our things
From home to shop or shop to home,
We can no longer use that thing.

That thing is called polythene,
That harms us and our environment.
It harms our pets and our soil,
It harms our ecosystems, overall.

There is a scientific fact behind this menace
That we should not use it at all.
The fact is that it does not degrade,
So it lies around, thrown on the ground.

Even micro-organisms with some worms
Cannot degrade this hard course meal.
But still it tried, tried and tried,
But could not succeed but died.

Then we, Agraites, woke up from the slumber of insensitivity,
We removed polythene from our very hearts,
The streets sang about the Anti-polythene drive,
It was for us a boon in disguise.

My friends, my companions, lend me your ears,
Stop using this menace which harms us all.
I ask of you, start paper bags and cloth ones too,
And save us from this curse without much ado.

I Need A Teacher

Akshit Singh

I need a teacher who corrects me,
I need a teacher who helps me,
I need a teacher who consoles me,
I need a teacher who encourages me,
I need a teacher who promotes me,
I need a teacher who understands me.

The Rescue

Sajith Anjickal VII-F

Since I have started staying in my new house, it has been a great atmosphere around. I have made a gang of friends. But one thing that attracted me the most was the sight of five small puppies and their mother which I could see from my balcony. They had made the terrace of an unoccupied house their home.

The bitch was such a loving and caring mother, she would come every now and then to feed them. I was amazed to see her bringing some food in her mouth and giving it to them, for which the puppies would fight very ferociously. They used to run all around the terrace playing, jumping on one another, chasing the weakest one etc. There was a watertank on the terrace that used to overflow every morning. They used to wait for that moment to quench their thirst.

One day one of them fell down the stairs while playing. It kept on crying as it could not climb up onto the terrace. After so many trials finally it made it onto the top. But with that fall it learned about the world below and took courage to go down with its mother and had more access to food and other things. The following days I watched the other puppies too taking their first steps into the exciting world under the terrace.

Thereafter for a few days I could not spend time on my balcony because of the examination. The next day I heard the groaning of a puppy, and I saw one of those five was left alone on the terrace. It had gone weak and depressed probably because of isolation. My mom used to throw some food for it. As soon as it saw one of us on the balcony it used to wag its tail and keep looking up expecting something.

Later on I realized a shocking fact-the tank had stopped overflowing. I learnt that the tenants who had been staying below, had vacated. The puppy was left without water, we could drop only food, but not water. I was quite baffled at the behaviour of the puppy. Why did it never try to go down? It never showed the natural instinct of a trapped animal to escape. It did not have the courage to change. Its condition deteriorated day by day. It never looked at the food that we dropped for it. It was desperately in need of water. It had no strength to cry even. I tried to drop water tied in polythene bags but it would splash all over without serving the purpose.

My mother told me about PFA, (People for Animals) an organization for such stray, unattended animals. We remembered ma'am Dimpy, one of its members. It was the day before 'Holi'. We contacted ma'am Dimpy and told her about the plight of the puppy. She acted very quickly and informed the people concerned. Within an hour, a man knocked at my door, he was from PFA. I took him over to the terrace. He said it was suffering from severe dehydration and needed immediate medical aid. He put it in a bag and took it away with him.

I was filled with satisfaction for having been able to save a life. I am very thankful to ma'am Dimpy and her team for being so prompt in their service inspite of the busy schedule of the festival.

KUDOS TO PFA !

Bond With True Friends

Anish Dysell VII-D

A pond of tears,
A river of happiness ...
All given by a true friend,
Are rembered till life ends.
A friend is the one who plays and fights
Who tells me what is wrong and right,
And in the lonely and darkways of my life
He is always there to show me light.
A friend is the one
Who brings the joy untold.
A happiness more
Precious than gold.
A human bond that says,
Whenever you need me I'll be there,
Friendship says, You'll not need
anything in my presence
For I would show you love, trust and care
A light in the morning,
A patch—up in the evening,
Forgetting everything,
For a new beginning.

Environmental Pollution

Nikhil Sharma VII-D

The biosphere and ecosystem are self sustaining. Nature maintains a balance in land, water, air and all the living organism in the world. Any imbalance in the biosphere is called Environmental pollution.

The grand industrial development, the green revolution, the transport expansion, the rapid growth of cities and accidental management of natural resources have badly affected environmental balance. The pollution of air and water will soon reach a point when no place on the earth will remain safe. Due to large scale industrial and human settlements many rivers have become gloomy and dark. The large scale industrial wastes, and oil poured in the sea have started killing marine life. Undoubtedly the modern technological development has been the main cause of polluting our air, ocean and rivers etc. It is a matter of great concern that our rivers are becoming dark. Fishes are rotting on sea-shores. Trees are withering and cities are filled with foul air. Toxic chemicals are finding their way into our food. When the composition of air is changed, air becomes polluted.

Science of Ayurveda

Karanveer Singh Katar VII-D

Ayurveda is a vedic system of health care developed in India about 5,000 years ago. Ayurveda is made up of two Sanskrit words 'Ayu' which means life and Veda meaning knowledge. Ayurveda is made up of four essential parts. It is the combination of mind, body, senses and soul. This ancient science is health specific and not disease specific. It takes the patient's entire personality into account including body, mind and spirit. It is a science of life. It helps to maintain the health of a person by using the principles of nature to bring the patients back into their true self. It includes many herbs and different types of massages in its treatment. The aim of Ayurveda is to provide guidance regarding food and life style so that healthy people can stay healthy and the sick can improve their health.

School Life

Siddharth Madan VIII-F

School is a daily routine for us
In the morning, we're sure to make a fuss
Even when the sun is still not up
Here we are and awake at 5 am sharp

We feel that school is such a bore
Where we feel tired more
Parent's say, 'School's great ! Now, go ! "
We say, " Well, what do you know ? "

Late a minute and we have to run
Eyes half open, shoelaces undone
We reach school and we see our friends,
Immediately, the torture ends.

We have a chat and go with the flow
then the bell rings, it's time to go
We may at times find school stressful
To have some fun, we have to break some rules.

Some may see school as a torture chamber
some cannot wait for the holidays in December
But it depends on how we look at school.
Honestly, positively, school is cool !

Terrorism

Naman Benara VIII-F

Today, Terrorism is one of the biggest problems in our country. A terrorist is a person who creates fear and panic among the people to gain his own ends or the ends of the organisation to which he belongs.

Terrorism usually is of two kinds. Political and Criminal. Both types of terrorisms are dangerous and their consequences can be disastrous. Kidnapping, hijacking of aeroplanes, robberies, murder of eminent personalities, shooting down of innocent people, use of transistor bomb and other explosives etc., are the various ways by which terrorist organisations achieve their political ends.

Terrorists are usually young while the brains behind them are old. Seasoned politicians are the ones who co-ordinate and guide their activities. Terrorism is a world wide problem nowadays. The series of bomb blasts in Delhi and Mumbai and many other States are the latest examples.

Today, there is a great need to fight against terrorism. It cannot be checked by the law enforcing agencies alone without the help of the public. The terrorists have lost the sympathy and co-operation of the people and they stand isolated. Let us hope that the country would be entirely free from this menace very soon.

My Mother

Devaansh Arora II-F

Everybody has a mother
Mothers love us very much.
My mother is so beautiful
She takes me to school.
She prepares food for me.
She helps me in my studies.
I help my mother in many ways.
I help her in my own little ways.
She helps me in my school projects.
She teaches me good manners.
Whenever I go wrong she corrects me.
I love my mother very much.

Polythene : A Curse for Homo Sapiens

Benjamin Harry Clarence VIII-F

There has come a drastic change,
In the way we bring our things
From home to shop or shop to home,
We can no longer use that thing.

That thing is called polythene,
That harms us and our environment.
It harms our pets and our soil,
It harms our ecosystems, overall.

There is a scientific fact behind this menace
That we should not use it at all.
The fact is that it does not degrade,
So it lies around, thrown on the ground.

Even micro-organisms with some worms
Cannot degrade this hard course meal.
But still it tried, tried and tried,
But could not succeed but died.

Then we, Agraites, woke up from the slumber of insensitivity,
We removed polythene from our very hearts,
The streets sang about the Anti-polythene drive,
It was for us a boon in disguise.

My friends, my companions, lend me your ears,
Stop using this menace which harms us all.
I ask of you, start paper bags and cloth ones too,
And save us from this curse without much ado.

I Need A Teacher

Akshit Singh I-F

I need a teacher who corrects me,
I need a teacher who helps me,
I need a teacher who consoles me,
I need a teacher who encourages me,
I need a teacher who promotes me,
I need a teacher who understands me.

Bond With True Friends

Anish Dysell VII-B

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A river of happiness ...
All given by a true friend,
Are rembered till life ends.
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Who tells me what is wrong and right,
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Examination—A Great Tension

Abhinav Arora VIIH

Oh ! These examinations
Bring along a great tension
I fail to understand the theory of earth's revolution.
History takes me back to Akbar's invasion
Oh ! how boring it is—this is beyond expression.
Conjunctions and prepositions cause a great confusion,
The theory of algebaric addition
Is beyond reach even on paying 100% attention.
Science of living world, classification and friction,
Is beyond the reach of even the most intelligent person
Sanskrit to Hindi
And Hindi to Sanskrit translation
Oh ! It creates a great confusion
And after studying all these subjects together
In my mind there occurs confusion.
Mixing all the texts and their description
So what is my fault?
If I don't pass my examination,

With a Light Heart

Anubhav Jain VIIIC

Teacher : If the third world war occurs then what will be the result.

Student : Teacher ! In our history book one chapter will increase.

* * * *

First child : Your sister always reads Ramayan.

Second child : Yes, she is preparing for her final examination.

* * * *

Mother : Child ! I had kept two sweets in the cupboard. Now there is only one.

Child : Mother, due to darkness I cann't see the other one.

My Friend

Aman Sharma VI-C

I know that deep with in me
There is a mirror small
That knows a lot about me
In fact it knows it all

It knows the kind of person
I really meant to be
It knows a lot about
The good and bad about others

This mirror is my friend I know
And it can show me how
To shun what's bad and wrong
And help the good in me to stay.

Teacher

Sahil Mittal VI-D

Students are the Locks,
And the teacher is a key;
who opens their minds
so they think better.

Students are travellers,
And the teacher is the guide;
who guides them to follow the
right and good path.

Students are the T.V.,
And the teacher is electricity;
Who generates them to
use their talents.

Students are the cycle,
And the teacher is the chain,
Who moves round and round
So that they move ahead.

Teacher is God,
Teacher is father and mother
Teacher is everything
Teacher is one who gives us knowledge.

The ABC of Positive Thinking

Shreyas Jain

- A—Avoid negative sources (negative people, places, things and negative habits).
- B—Believe in yourself.
- C—Consider things from every angle.
- D—Don't give up and don't give in.
- E—Enjoy life today. Yesterday is gone and tomorrow may not come.
- F—Family and friends are hidden treasures. Seek them and enjoy their riches.
- G—give more than you have plan.
- H—Hang onto your dreams.
- I—Ignore those who try to discourage you.
- J—Just do everything possible to help others.
- K—keep on trying, no matter how hard it seems, it will get easier.
- L—Love yourself first.
- M—Make things happen.
- N—Never lie, Never cheat, Never steal, Never say bad words.
- O—Open your eyes and see things as they really are.
- P—Practice makes one perfect.
- Q—Quitters never win and winners never quit.
- R—Read, study and learn about everything important in your life.
- S—Stop procrastinating.
- T—Take control of your own destiny.
- U—Understand yourself in order to understand others better.
- V—Visualize.
- W—Wealth is not everything.
- X—X-ray your behaviour and attitudes.
- Y—You are unique in all God's creation. Nothing can replace you.
- Z—Zero in on your target and go for it.

Chew for Health

Anshul Agarwal VI-F

Most schools ban chewing gum, but in a few years they might consider changing that rule. Why?

Scientists are finding evidence that gum chewing may be good for your health. It may even help boost your test scores.

This exciting research is just beginning. In the meantime, companies are also experimenting with adding vitamins, minerals, medicines, and other substances that could give gum the power to cure headaches and fight everything from serious diseases to bad breath.

These enhanced gums are part of the growing number of foods and drinks that contain health-boosting ingredients. If you're already a gum fan, that's probably welcome news.

Making gum

People have been chewing gum for thousands of years. Ancient Greeks, Mayas, and Native Americans, for example, chewed on the sap, or resin, of certain types of trees.

Today, gum is a little more complicated, says Ron Ream, a food scientist in Plano, III. Gum manufacturers start by mixing resin, wax, and a molecule called polyvinyl acetate to make a gum base. By varying the types and amounts of these ingredients, scientists can make thousands of formulations.

Giant mixers then combine vats of melted gum base with powders, syrups, and sweeteners. Other machines roll the goo into sticks or press them into pellets. Packaging is the final step.

Americans chew about 1.8 pounds of gum per person each year, according to the U.S. Census Bureau. By showing that gum chewing can be healthy, companies that make and sell gum hope that we'll chew even more.

What can gum do for your health? Many studies show that chewing gum after meals fights cavities by stimulating the production of saliva. Saliva helps wash away bacteria that damage our teeth.

An ingredient called xylitol, which is added to some gums, provides an extra dose of cavity-fighting power. This is good for more than just the teeth. Research suggests that good oral health decreases the risk of heart disease, diabetes, and other serious diseases.

Nutritionist Gil Leveille, Executive Director of the Wrigley Science Institute, says that chewing gum might also be good for your brain. One Japanese study on nine participants, he says, found that chewing gum boosted the flow of blood to participants' brains by up to 40 percent. Blood carries oxygen, which fuels brain cells.

Other small studies have found that people perform better on memory tests while chewing gum. And a study in the United Kingdom found that people who chewed gum while memorizing a list of words did about 25 percent better at recalling those words than people who didn't chew gum.

"It certainly makes sense," Leveille says, "the increased blood flow would be related to increased alertness."

Additional studies, with longer follow-up, are needed to confirm that chewing gum has benefits, he adds. So far, results of studies about memory have been mixed. Not all tests have had similarly encouraging results. What's more, many of the studies that show gum's benefits are funded by gum companies.

Medicine gumballs

Other researchers are finding that gum might work better than a pill to deliver medicine and other substances into the bloodstream. That's because the lining of our cheeks can absorb certain substances more quickly than our stomachs and intestines can.

In 2006, Danish scientists found that people absorbed nearly three times as much of an allergy medicine when they chewed it in gum as when they swallowed it in tablet form. The researchers found that 40 percent of the medicine entered the bloodstream directly through the cheeks of the gum-chewing patients.

That discovery could help other researchers develop medicine-containing gums that fight colds, relieve headaches, battle nervousness, and more. Scientists might even create antimicrobial gums that cure bad breath.

Those projects may take years, but gum scientists have already had at least one recent success. They've created a gum that could help us stay awake.

Researchers at the Walter Reed Army Institute of Research (WRAIR) in Silver Spring, Md., manufactured a caffeine-laced gum called Stay Alert. Each stick has as much caffeine as a cup of coffee.

It can take an hour for the caffeine in coffee to have its full effect, but the caffeine in Stay Alert hits in just a few minutes, says WRAIR research physiologist Gray Kamimori.

Chewing Stay Alert is "like pouring coffee directly into your bloodstream," he says.

The military helped invent the product because it wants to be sure that soldiers stay awake during long, tiring night shifts. Kamimori's studies show that soldiers who chew Stay Alert can function well for up to 72 hours without sleep.

The gum is easy to transport and it's stable in cold and hot climates, Kamimori says. Unlike a pill, it doesn't require water to swallow. Those qualities make it easy for soldiers to use.

For now, Stay Alert is available only to the military, Kamimori says. The manufacturer may one day offer it for sale to the public. People who work at night, such as truck drivers and medical personnel who ride in ambulances, might benefit from a product such as Stay alert.

Some caffeine gums are already available in stores, but they haven't been as rigorously tested or studied as Stay Alert has says Kamimori. Testing is essential because untested products might be harmful to health, or they simply might not do what they claim to do.

Chewer beware

For now, chew with caution. Too much chewing can damage the jaw joint. And chewing too much of a gum that contains vitamins, caffeine, or a medicine could lead to an overdose, warns Gayle Infield, a registered dietitian at the Pritikin Longevity Center & Spa in Aventura, Fla. What's more, no matter how healthy gum chewing proves to be, she adds, it will never be a match for a healthy lifestyle.

"Nothing like a gum or a vitamin is going to cure a bad dietary habit or a bad exercise habit," Infield says. "It's not a magic bullet."

Teachers

Unais Rub, VI-A

Teachers are intelligent beings.
Who always bear a cheerful smile.
They teach us to love and care.
They also teach us to share.
They teach us about the past.
They tell us to complete our work very fast.
They are always as fresh as a rose,
They spread happiness even among foes.
They are persons whom we think are treasure.
Who need no words to measure
They teach us history
They explain mystery
They teach different subjects
That's why I want to thank them

Class(ic) Picnics

Every school takes the students to some place for a picnic so that they can get the stress out of their mind. So our dear Principal, Rev. Fr. John Ferreira decided to take us all to the amusement park named WORLDS OF WONDERS in Noida. The picnic took place on the 3rd of February. All students had been eagerly waiting for this day. They were excited and ready to enjoy the day to the fullest, came before the appointed time with their bags full of snacks and magazines and ipods and all other stuff to enjoy their journey.

We started our journey at 6 in the morning and the bus was full of flashes from the cameras for group photos fun and frolic before starting the journey. The students were all over-excited thinking during the day. After a while, everybody got busy chatting with their friends, listening to some music, or singing. Those who were singing were soon joined by most other children, some of them got off their seats to dance. The bus was full of flat and off-beat songs and people were dancing. After a while, we reached Country Inn resorts for a break because staying too long in a bus can be tiresome. At Country Inn, wherever you went you could see the students posing for photographs. After what felt like half an hour, we were called back to our buses and we started our journey to our final destination, The Worlds of Wonders. And during that time, it was just a *deja vu* of what happened in the bus during our journey to our first stop, i.e. Country Inn.

Time was just flying by as we were enjoying ourselves a lot during our journey. It felt like we had just stepped into the bus only to leave it for a few hours, although they didn't feel like 'a few hours'. We had been asked to tie bands around our wrists as those bands played the role of tickets in the amusement park. As we entered, I, along with some of my friends, went to the ride, Disco, an alteration of the Columbus ride, the difference being that it rotates and simultaneously swings like a pendulum. It was quite enjoyable. Then we enjoyed other rides, some of which turned us upside down. Those were the scary ones, but were a lot of fun too. Then there was the rain dance, a lot of fun. I think, but I was not able to enjoy it because it was then time to return home with the memories of the park.

The buses were all ready to take us back to our school from where our parents would meet us at the end of the day. Again, the same *deja vu*, but with a little less zeal, everyone being tired. Some of the students went to sleep as we all had woken up a little early in the morning. The next stop was McDonald's. Everyone got out and one by one, after forming a queue, placed their orders and took their respective food items. Some of us, who placed their orders early, went to the neighbouring coffee shop, Cafe Coffee Day. Finally after half an hour, we reached our school and all were welcomed back by their parents or brothers or sisters or whoever had come to receive them. And then there was the parting and goodbyes and all the friends went back home for invigorating sleeps with the jovial memories of the picnic. Overall, the picnic was very enjoyable, in fact the most enjoyable one I have ever been to. It was classic.

Say No To Plastic Bags

Atharva Mittal I-D

Wherever you go, whatever you buy, whatever you use, polythene carry bags are a common sight today. Grocers, fruit and vegetable vendors, chemists, general merchants, all deliver the goods in polythene or what is commonly known as plastic carry bags. Let us see how these bags are harmful :

- (a) These bags are thrown away in dustbin or on street after use. As such they do not reach the recycling process. Whatever quality reaches the plastic manufactures, is melted and used for the manufacture of inferior quality of plastic products.
- (b) These bags are not bio-degradable. It means these do not decay to become a part of soil.
- (c) Plastic bags affect the growth of vegetation in the area where they are disposed.
- (d) They also block sewage pipes resulting in disorders of drainage system.

The government is working hard for environmental protection. We can also contribute a lot towards environmental protection by reducing or using no carry bags. We should use cotton, jute paper bags and whenever someone gives you goods in polythene bags say "No".

Sun and Moon

Chanchreek Jain I-C

The sun shines very bright
It gives us light
When the sun is at the sight
It reaches its ultimate height
When the sun burns
I like to have some fun
And in the night
The moon looks very bright
And when the sun wakes
The stars look fake
Then I go for a break
And I like to eat cake

I Love My School

Hardik Oberoi I-D

I love my school 'St. Peter's College. It is a school with difference and is good for me and all children of my age. Not only studies but the activities, celebration, competitions make us smart. In my school different types of fair and fetes are organised. There are many group activities, like fancy dress competition, Craft and theatre competition. I love taking part in these activities as we all get to see each other in so many funny and beautiful dresses. We also have healthy and beautiful coloured fruits and food that mummy puts into my mickey mouse tiffin. I like my school very much. Thank you school.

Environmental Education

Ayush Agarwal I-D

People say how beautiful is the environment.
Environment says how good are the people on earth.
The river says "I like people who do not dirty me.
If I am dirty no one is pleased to see me."
The tree says "I love to have people sitting in my shelter."
The sun says "I like all people who work in my heat".
The moon says "I like the sun who helps me to shine"
And people who sing songs for me."
The star says "I love people who are glad to see me shining in the night."
The earth says "I love people living on me."
I say I love the environment in which I live.
And this is very dear to me !

Is Not God Our Father?

Himansh Mool Chandni I-E

Birbal was Akbar's favourite minister—an uncommon man of profound common sense. Many were the scintillating conversations the two had together. Time seemed to fly when Akbar was in his company.

One day Akbar said to Birbal, "I marvel at some of the fantastic beliefs that you Hindus hold. Do you believe that Lord comes to this earth in the garb of a human being—What an absurd notion this is!"

"What is absurd about it," Birbal asked. "The creator of the cosmos is also the Father of us all. Is it so fantastic that a father should come down to earth to save his children?"

"Of course it is so fantastic and absurd," Akbar insisted. "Why should the creator of cosmos soil his divine form and plunge into the '*sansar sagar*'—the ocean of existence?" Birbal made no reply. A few days passed. The emperor and the minister were taking a leisurely stroll along the banks of the Yamuna. On the river was sailing a pleasure-boat; the emperor's infant son sat on the lap of his nurse and was enjoying his leisurely boat-ride. When the nurse saw Akbar and Birbal on the bank of the river, she was so startled that she tried to stand up in the boat, and the child on her lap fell into the waters!

Birbal swam after the king to meet him in mid-river to save his son. Swimming fast, he reached the floating child. Only to realize that it was a doll that had been thrown into the waters! Birbal swam after the king to meet him in mid river. "Even as an earthly father, sire you plunged into the water and did not in the least bother about your royal robes getting soiled, he said to Akbar, "Does not our heavenly father love us a million times more than we love our children? Should he not plunge into the murky water of '*sansar sagar*' to save his children? The Emperor was happy with his minister.

My School

Karan Yadav I-F

We have a beautiful school
It has a tank, a plane,
It has a huge swimming pool.
It has three big fields
for hockey, cricket and football.
I love to go to school
because I can play them all.
The classes are clean and big
and the teachers never use a stick.
I love to go to school
because it's very very cool.

With a Light Heart

Uttarsh Agarwal II-F

Sweety : Daddy, I don't like cheese with holes.
Daddy : Eat the cheese and leave the holes on your plates.
* * * * *
Teacher : Where is Russia?
Joe : I don't know.
Teacher : Stand on the bench.
Joe : (After standing on the bench) I still can't see Russia.
* * * * *
Ravi : Call me a taxi.
Saroj : O kay, you are a taxi !

Plant a Tree

Pranav Mahajan II-B

Save me, save me,
I give you air to breathe
Save me, save me,
I give you food to eat.
Save me, save me,
I make the world beautiful.
Save me, save me
Please don't let me fall.
Help me grow and help me live.
In return I will be your life,
I live for you my whole life,
Protect my 'babies' in return for it.

Harms of Polythene

Pranav Mahajan II-B

Found here, there and everywhere
Red, Yellow, Green and Blue.
It is Polythene.
Which makes our city unclean.
Known to be non-bio-degradable.
It gets stuck in the gutter,
And chokes our beautiful earth.
It kills cattle
And makes land infertile.
Covers every single mile.
Giving poisonous gases whenever burnt.
Proving fatal for the masses,
Polythene is a giant threat
Making environmentalists fret.
Let us pledge to say no to polythene.
And help to keep our city clean.

The eyes of the orphan boy

Siddharth Salemani IV-3

I looked into the eyes of the orphan boy.
They were lonely, empty without any joy.
They were sad, despaired with all hopes gone.
There was nothing there but a thirst for a new dawn.
There was a look in them pleading for happiness.
The shine and life of those eyes had died of distress.
They showed the agony of a child left alone.
And they were stiff as if made of stone.
I wished they could smile, I wished they could shine.
I wished they could be happy of which there was no sign.
They would flood with tears and suddenly be dry.
And the child inside them seemed to try.
They touched my heart; they touched my soul.
And I wished sympathy could play a role.
There's only one place I've seen sadness and no joy.
And that is the eyes of the orphan boy.

Yoga—A Way of Life

Shubham Gautam VIII-C

Yoga is a way of life. It is virtually concerned with maintaining a state of equanimity at all cost. Yoga emphasizes the importance of a clam mind, because as the saying goes, "Only when the water is still you can sail through it."

The basic idea of yoga is to unite the 'aatma' or individual soul with the 'paramatma' or universal soul. According to yogic philosophy, by cleaning one's mind and controlling one's thought one can achieve the state, when the individual self is nothing but a part of the divine self. The aim of the yogi is to be capable of percieving the world in its true light and to accept the truth in its entirety.

“आधुनिक परिवेश में—पारिवारिक विघटन”

शशि सहगल

“जहाँ सुमति तहाँ सम्पत्ति नाना।

जहाँ कुमति वहाँ विपत्ति निधाना।।



अर्थात् जहाँ अच्छे युद्ध होती है वहाँ सब प्रकार की सुख-सम्पदा विराजमान होती है। इसके विपरीत जहाँ दुर्बुद्धि निवास करती है वहाँ अनेक प्रकार की कठिनाइयाँ वास करती हैं। जिस घर में ईश्वर का सम्मान नहीं होता, उनकी आज्ञा का उल्लंघन होता है, प्रेम, उदारता और सद्भावना का अभाव होता है वहाँ दरिद्रता राज्य करती है।

जिस परिवार के बच्चे बड़ों का आदर-सत्कार करते हैं, बड़े को बड़ा व छोटे को छोटा मानते हैं वहाँ सुमति का वास होता है। जहाँ सुमति होती है वहाँ लक्ष्मी का वास होता है।

आजकल अधिकांशतः परिवार टूटते हुए देखे जा सकते हैं। इसका प्रमुख कारण है—सहनशीलता की कमी। यदि बड़ा बेटे को कुछ समझाता है तो वह तुरन्त उसका विपरीत अर्थ समझकर झगड़ उठता है ऐसी स्थिति में कलह उत्पन्न हो जाती है। आधुनिक युग में परिवार की समस्त मान्यताएँ व धारणाएँ तंत्रांगति से बदलती जा रही हैं। एकांकी जीवन शैली सबको प्रिय होने लगी है।

पहले पारिवारिक परिसर में प्रेम का सूत्र, सहयोग का सूत्र, त्याग का सूत्र सारे सदस्यों को संगठित किए रहता था तो परिवार की पुष्पवाटिका सौरभ से गमक उठती थी। उसकी सुगन्ध, उसकी शोभा, उसका सौन्दर्य सबको मुग्ध कर लेता था। उसके स्थान पर आज परिवार में रोने धोने व मुँह लटकाये रहने के सिवाय कुछ नहीं है। अब पारिवारिक प्रेम व स्नेह घड़ियाली ज़ाँस बनकर देखने को मिलते हैं। आज परिवार में प्रेम के स्थान पर घृणा, सहयोग के स्थान पर संपर्ष और सद्भाव के स्थान पर दुर्भाव, मैत्री के स्थान पर द्वेष व ईर्ष्या फैलने लगी है। परिणामतः आज की पारिवारिक संरचना खण्ड-खण्ड होने लगी है, बिखरिपडित होने लगी है।

भारतीय परिवार के जो मूल आदर्श—प्रेम, सहयोग, मैत्री, हित, मनोहर वाणी थे, जो भारतीय परिवार की आधारशिला थे, वे समाप्त होते जा रहे हैं। शायद ऐसा अनुभव हम सब कर रहे हैं।

जिस बुनियाद पर भारतीय परिवार का भव्य महल खड़ा था, उसमें आज के आधुनिक परिवार में स्वार्थ परता के कारण झुन लग गया है। प्रेम की संजीवनी बूटी लुप्त होती जा रही है। उसके स्थान पर तनाव की बूटी विराजमान होती जा रही है।

एकता ही महान शक्ति है तथा शक्ति ही जीवन है। निर्बलता तो मृत्यु है। एकता से ही सभी प्रकार की बुराइयों को दूर किया जा सकता है। हम सभी परमपिता परमात्मा से प्रार्थना करें कि वह हमें सदैव सुमति के मार्ग पर अग्रसर करे जिससे हमारा परिवार, हमारा समाज व हमारा राष्ट्र नाना सम्पत्तियों का भण्डार बना रहे तथा हमारा संस्कृति व सभ्यता पोषित हो।

'नारी अबला नहीं सबला है'

गुंजन शर्मा

नारी प्राचीन परम्परा की अधिष्ठात्री है, हवन के धुएँ से उठने वालों सुगन्ध, ऋषियों की तपस्या के सामने खड़ा सुन्दरता का तप। नारी की शक्ति के आगे तो देवता भी नतमस्तक होते रहे हैं।

संस्कृति व सभ्यता का जो विकसित रूप आज दिखाई देता है उसमें पुरुष ही नहीं, नारी की भूमिका भी प्रधान रही है। आज की शिक्षित नारी किसी भी क्षेत्र में पुरुष से पीछे नहीं है। कभी नारी देश की बागडोर सम्भाल कर इन्दिरा गाँधी बनो, तो कभी वह मुजरिमों के बीच आदर्श लेकर किरन बेदी बनो।

कभी नारी की बुलन्द खाहिशों के आँचल को मदर टेरेसा का नाम मिला, तो कभी नारी के मन के अरमानों को अमृता प्रीतम के नाम से जाना गया।

जिस नारी को हर पल उसकी नज़ाकत से तोला गया, उसकी कोमलता से आँका गया, उसकी कमजोरी से जोड़ा गया, उसी नारी ने आगे चलकर देश के हर हिस्से की बागडोर सम्भाली।

हिम्मत से भरी, हालात पर पूरी पकड़ रखे और समस्याओं को हल करने में सफल आधुनिक नारी विभिन्न क्षेत्रों में अपनी सफलता के झण्डे गाड़ चुकी है। नारी ने राजनीति तथा कानून की बागडोर भी सम्भाली, उसके कदम आमी, नेवी, एयरफोर्स यहाँ तक कि अन्तरिक्ष तक पहुँच गए। उसकी हिरनो जैसी चाल ने अपना रूप बदला और वह स्पोर्ट्स के मैदान में कोसों के फासले नापने लगी। सिर्फ एक नाम ही काफी है—पी. टी. उषा।

स्वर साम्राज्ञी लता मंगेशकर के विषय में तो विदेशी भी कहते हैं कि भारत के पास जो स्वर कोकिला है, वह पूरे विश्व में और कहीं नहीं। खूबसूरती की दुनिया में भी ऐश्वर्या राय, डायना हेडेन, सुष्मिता सेन, प्रियंका चोपड़ा, लारा दत्ता आदि नामों ने भारत का प्रतिनिधित्व करके हिन्दुस्तान को विश्व के मानचित्र में सबसे पहला व ऊँचा दर्जा दिलवा दिया।

कलम की दुनिया में क्रान्ति लाकर नारियों ने अपने मानस पटल पर एक नए हिन्दुस्तान को जन्म दिया। महादेवी वर्मा, मन्नु भण्डारी, शिवानी—जितने नाम उतनी क्रान्ति, जितनी कलम, उतनी शक्ति।

आज नारी का नेतृत्व कहाँ और किस छोर पर नहीं है?

पहले तो नारी के सपने ही आसमान को छूते थे पर आज तो वह स्वयं 'पायलट' बनकर आसमानों को सैर कर रही है। ऐसा कोई क्षेत्र नहीं जो नारी की पकड़ से अछूता हो, आज की नारी में आगे निकलने का जुनून व विश्वास है वह मेहनत परसत रही, वह जब भी चली, सबको साथ लेकर चली, उसने जब भी बाँहि पसारी, आसमों को अपने दामन में समेट लिया। उसने जब भी हँसलों के पंख फैलाए, वो खुद आसमाँ बन गई।

नारी शक्ति का प्रतीक है
सार्थक करके दिखलाना है।
जीवन के इस समरांगण में,
अपना अस्तित्व बचाना है।
नारी पुरुष की पूर्णता है,
वह इस सृष्टि की मूला है।



उसके अभाव में मानवता का,
सारा अस्तित्व अधूरा है।
कोमल है कमजोर नहीं है,
शक्ति का नाम ही नारी है।
जग को जीवन देने वाली,
मौत भी तुझसे हारी है।



नेत्रदान—महादान

रश्मि बंसल

हौसला रखो ऐ साथियों,
जीवन से दूर होगा अंधेरा।
कुदरत ने चाहा तो,
होगा जल्द नया सवेरा।।



पाठकों अतुल्यनीय प्राकृतिक सौन्दर्य चारों ओर बिखरा पड़ा है। कहीं ऊँची चोटियाँ हैं तो कहीं गहरी घादियाँ। कहीं झर-झर बहते झरने तो कहीं कल-कल करती अविरल नदियाँ। लेकिन प्रकृति के इस अनूठे सौन्दर्य का अवलोकन हम नेत्रों के द्वारा ही कर सकते हैं।

बन्धुओं जरा कल्पना कीजिये यदि हम एक पल के लिये भी आँखें बंद कर लेते हैं तो अपने को असुरक्षित महसूस करने लगते हैं चारों ओर गहन अन्धकार ही अन्धकार और हम घबरा कर अपनी आँखें खोल देते हैं। फिर जरा सोचिये जो प्रकृति की इस अनोखी ज्योति से वंचित हैं उन्हें कैसा लगता होगा? उनके इस अभिशाप को हम सब मरणोपरांत अपने नेत्रदान के द्वारा दूर कर सकते हैं यही एक ऐसा पुण्य कर्म है जो व्यक्ति अपने जीवन के अन्तिम क्षणों में कर सकता है।

हमारे समाज में नेत्रदान के सम्बन्ध में अनेक भ्रांतियाँ फैली हुई हैं। जैसे-मृत्यु के समय प्राणों का कोई भी अंग भंग होता है तो अगले जन्म में वह उस अंग से वंचित होता है। लेकिन आत्मा जो अजर और अमर है। वह केवल शरीर बदलती है इसकी पुष्टि तो 'भगवान श्री कृष्ण' ने भी गीता में की है—

"नैनं छिन्दन्ति शस्त्राणि नैनं दहति पावकः।

न चैनं क्लेदयन्त्यापो, न शोषयति मारुतः।।

तो हम इस अमूल्य निधि को जलाकर नष्ट क्यों करें?

अतः यह आवश्यक है कि युवा पीढ़ी संकल्प लें कि हम नेत्रदान करेंगे और बुजुर्गों को इसके लिये तैयार करें तो कदाचित् हमारे देश में कोई भी व्यक्ति नेत्रहीन नहीं होगा। देश में एक परिवार रोशन होगा देश में एक भिखारी कम होगा। सूरदास को यदि नेत्रदान मिला होता तो कृष्ण की बाल लीलायें और सुन्दर होतीं। आओ हम सब मिलकर प्रयास करें कि हमारे नेत्रदान से प्रत्येक दृष्टिहीन को दृष्टि मिले और हमारी आँखें उस दृष्टिहीन के माध्यम से अमर होकर पूरे विश्व को देखती रहें।

माँ की याद

आशा टण्डन

जब कभी सरहद पर गोली चल जाती है,
माँ, तब तू मुझे बहुत याद आती है।
कोहनी के बल चलते हुए,
बढ़ती हूँ मैं जब आगे धूप में जलते हुए,
किसी पेड़ की छांव जब मुझ पर पड़ जाती है,
माँ, तब मुझे तेरे आँचल की याद आती है।



जब कभी मैं थक कर चूर-चूर हो जाती हूँ,
पत्थर पर सिर रखकर चैन से सो जाती हूँ,
जब धरती माँ अपने सीने पर चैन से मुझे सुलाती है,
माँ, तब मुझे तेरी गोद की बड़ी याद आती है।

जंग में जब कोई जख्म मेरे माथे पर हो जाता है,
और आईने के सामने मेरा चेहरा आता है,
मेरी नजर जब-जब उस जख्म पर जाती है,
माँ, तब मुझे तेरे काजल के टीके की बहुत याद आती है।

माँ तुम याद आती हो

आशा टण्डन

माँ तुम मुझे याद आती हो,
सच । तुम याद आती हो,
कभी आँखों में आँसू बनकर,
कभी दिल में हँसला बनकर,
कभी चेहरे पर मुस्कुराहट बनकर,
सच, तुम याद आती हो ।



माँ मैं तुम्हें देख सकती हूँ,
छू नहीं सकती हूँ,
मैं तुमसे कह सकती हूँ,
मैं तुम्हें महसूस कर सकती हूँ,
लिपट नहीं सकती ।

माँ मैं आज भी गीला तौलिया बिस्तर पर भूल जाती हूँ,
मैं आज भी अखबार मेज पर खुला छोड़ देती हूँ,
मैं आज भी रसोई में जूते ले जाती हूँ ।

डॉटने के लिए हो सही,
एक बार तो आओ,
आना चाहोगी ? आ पाओगी ?

अब बच्ची भी नहीं हूँ,
कि समझ लूँ तुम आ जाओगी,
बड़े होने का दुःख भी यही है,
कि हम सच जानते हैं,
माँ तुम याद आती हो ।



कमल के आगोश में जब धककर सो जाती है माँ
तब कहीं जाकर थोड़ा सुकून पाती है माँ
फ्रिज में बच्चों की कुछ ऐसी धुल जाती है माँ
नौजवाँ होते हुए भी बूढ़ी नजर आती है माँ।

रूह के रिश्तों की ये गहराइयाँ तो देखिये
चोट लगे हमको तो चिल्लाती है माँ
कब जरूरत हो मेरे बच्चे को ये सोचकर
जागती रहती है आँखें और सो जाती है माँ।

घर से परदेस जाता है जब कोई नूर-ए-नजर
हाथ में गीता को लिये दर पे आती है माँ
जब परेशानी में घिर जाते हैं हम परदेस में
आँसुओं को पोंछने खूबियों में आती है माँ।

चाहे हम खुशियों में माँ को भूल जायें
जब मुसीबत में हों तो याद आती है माँ
लौटकर जब सफर से वापस आते हैं हम
गोद में सिर लेकर सहलाती है माँ।

हो नहीं सकता कभी अहसान उसका अदा
मरते-मरते भी दुआ जीने की दे जाती है माँ
मरते-दम तक अगर बच्चा न आये परदेस से
अपनी दोनों पुतलियाँ चौखट पे रख जाती है माँ।

‘प्यार कहते हैं जिसे ममता क्या चीज है?
ये तो उनसे पूछो जिनकी गुजर जाती है माँ।’

“एक सोच”

गीति महेश्वरी

अपने “विचारों” पर ध्यान दीजिए
ये आपके “शब्द” बन जाते हैं।
अपने “शब्दों” पर ध्यान दीजिए
ये आपके “एक्शन” बन जाते हैं।
अपने “एक्शन” पर ध्यान दीजिए,

ये आपकी “आदत” बन जाती हैं।
अपनी “आदत” पर ध्यान दीजिए,
ये आपका “चरित्र” बन जाते हैं।
अपने “चरित्र” पर ध्यान दीजिए,
ये आपके “कर्म” बन जाते हैं।



“संगीत”

सीमा माधुर

संगीत जीवन है, संगीत शक्ति है, उस परम सत्य से मिलने का एक उद्भूत सम्राट है।

संगीत हम सब के जीवन का अभिन्न प्रेम है। संगीत रूपी प्रेम हर लय, हर ताल, हर बाद्य के साथ पूरी सृष्टि के कण-कण में समाया हुआ है। यहाँ तीनों वर्णों के छत्र मिलजुल कर शास्त्रीय संगीत को वो रसमय अभिव्यक्ति ‘सेंट पीटर्स कॉलेज’ के प्रांगण में ले रहे हैं। जिसमें छोटा ख्याल, आलाप, तानें, सरगम, स्वरमालिका, तराना, और तालें संगीत के हर रस, छंद, लय ताल का ज्ञान मिला। शायद ही छत्र इस को कहीं दूसरी जगह से ग्रहण कर पाते।



संगीत वो सागर है जिसकी गहराई को कोई भी नहीं नाप सका। लेकिन जो संगीत में डूब गया वो हर समस्या से दूर हो जाता है। कहा भी गया है—

“रागी जो सुनाये रागिनो,

रोगी को मिले आराम।

संगीत वो अचूक औषधि है,

जिसमें हर मर्ज का है इलाज।

गातों में संगीत, कालियों में संगीत, पक्षियों की चहचहाहट में संगीत, लहरों में संगीत, बादलों के गर्जन में संगीत, भोर की राशि में संगीत, सूरज के ढलने में संगीत, चाँद की हठखेलियों में संगीत, ज़र्रे-ज़र्रे में संगीत, यहाँ है संगीत, वहाँ है संगीत हर रूप में है संगीत।

प्रिय बन्धुओं मेरा आपसे यही निवेदन है कि संगीत को जानो और उसे अपने जीवन से जोड़ो फिर देखो कितनी सुन्दर ये जिन्दगी आपको लगेगी।

वैज्ञानिक भारत

शशि किरन सिंह



जरूरत से ज्यादा विकसित देश के वासी ने पूछा, अगर आपका भारत महान है,
तब संसार को इतने सारे आविष्कारों में, इसका क्या योगदान है?
हमने कहा संसार की पहली फायर प्रूफ लेडी, इण्डिया में हुई नाम था होलिका।
वह आग में जलती नहीं थी,
इसलिए तब फायर ब्रिगेड चलती नहीं थी।
संसार की पहली वाटर प्रूफ बिल्डिंग इण्डिया में बनी जो कि भगवान विष्णु का
सरकारी रेजिडेंस थी।
पहले पत्रकार नारद जी हुए,
किसी भी सत्ता-व्यवस्था से डरते नहीं थे।
तीनों लोकों को, सनसनीखेज रिपोर्टिंग करते थे।
सृष्टि के प्रथम कमेंटेटर संजय हुए,
जिन्होंने नया इतिहास रचाया।
महाभारत के युद्ध का आँखों देखा हाल,
अंधे धृतराष्ट्र को सुनाया।
यह सुनकर वह हड़बड़ाया और बोला,
फालतू बातें मत करो,
सर्जरी में भारत ने,
कोई आविष्कार किया हो तो बताओ?
हमने कहा संसार को, सर्जरी का कॉन्सेप्ट ही
इण्डिया ने दिया,
तुम्हीं बताओ गणेशजी का ऑपरेशन क्या
तुम्हारे बाप ने किया।
तुम्हें नहीं होगा ध्यान,
पहले सर्जन थे शंकर भगवान,
क्या खूब सर्जरी की, हाथी का सिर आदमी का ब्रेन,
और ब्रेन भी सबसे तेज इसलिए आजतक है उनका एवरग्रीन क्रोज।
मेरी बातें सुनकर उसे माननी पड़ी हार,
दुनिया में चाहे जितने देश हों।
उन सब में है हमारा भारत महान।

मेरी कल्पना

गुंजन शर्मा

हर किसी के गम का, जो एहसास करेंगे कभी हम।
मायूस अधरों पर जो, हल्की मुस्कान, रखेंगे कभी हम।।
अशकों को मोती समझ, हम झोलियों में भर लेंगे।
बोझिल पलकों में जीवन का रंग भर देंगे।।
निराशा को छोड़ धामेंगे, जब उम्मीद का दामन।
एक बार फिर खिल उठेगा, खुशियों का आँगन।।
हर ओर बिखरी दहशत, प्रेम के उजाले से छूट जाएगी।
इन्सानियत की भीनी खुशबू हर दिल में बस जाएगी।।
वही वो वक्त होगा, खुद पर हमें गर्व होगा।
कोई रूप अनजान नहीं, इन्सान सिर्फ, इन्सान होगा।।
मेरी कल्पना में सजी, सुखद दुनियाँ हर ओर छ जायेगी।
जो चाह सिर्फ ख्वाबों में है, हकीकत बन जायेगी।।



कैप्टन हाथी

दिव्यांश शर्मा VII-C

ले बल्ला कैप्टन हाथी,
उतरे जब मैदान में,
जोर शोर से बजी तालियाँ
तब उसके सम्मान में।
बबर शेर की तेज गेंद पर
ऐसा किया प्रहार जो,
पलक झपकते गेंद जा गिरी
सात समुन्दर पार जो

बदलते परिवेश में युवाओं की समस्या

रॉचक गुप्ता X-C

यह संसार का बदलता स्वरूप युवाओं की मानसिकता व समस्या पर भी प्रकाश डालता है। इससे न केवल परिवेश में युवाओं की समस्याएँ बढ़ती हैं बल्कि उनका विकास भी बहुत मान्यों में प्रभावित होता है।

युवा समूह इस संसार के परिवेश में सबसे चंचल व उत्तेजना पूर्ण है। यह युग की बदलती काया ही है जिसने युवाओं की समस्या को बल दे उनको एक मुख्य स्थान दे दिया है। विद्यालय की विद्या का बोझ उनके सर पर से हटाये नहीं हटता। संसार की बढ़ती के साथ-साथ एक दूसरे से विद्या की दौड़ में जीतने का भार उनकी मानसिकता के विकास में बाधा बन जाता है। माता-पिता द्वारा अव्वल आने का दबाव उनके प्रतिदिन के जीवनकाल में उनके कार्यों में दिखने लगता है। यह न केवल उनकी मानसिकता को घामे रखता है। बल्कि उनको जीवनकाल के मुख्य साधनों से भी दूर करता है—भ्रामक दोस्तों, सांसारिकता की यह सब समस्याएँ उनके जीवन में कई और समस्याओं को जन्म देती हैं—भ्रष्टाचार मार-काट, खून खराबा और अन्य। उनके ऊपर के दबाव से वे इन समस्याओं व समाज के दुष्ट प्रतिनिधियों से घिर जाता है। विद्यालय में अर्थात् विद्या में अव्वल आने के लिए वे अनुचित व गलत साधनों का सहारा लेते हैं। घूँस देकर वे न केवल भ्रष्टाचार को बढ़ावा देते हैं बल्कि संसार में इस कष्टदायिनी धारा को फैलाते हैं। इससे वे न केवल मार-काट, लड़ाई, झगड़ों में भाग लेते हैं बल्कि देश की उन्नति को गहरी चोट पहुँचाते हैं।

एक समस्या संसार को और भी अधिक प्रभावित कर रही है और वह है साईं-चर सैतानियाँ माता-पिता द्वारा पाये इन साधनों का गलत प्रयोग कर वे संसार में होने वाले जुर्म के मुख्य कारण बन जाते हैं। यह सांसारिक समस्याएँ युवाओं की समस्याओं का ही एक बड़ा रूप है। यह सभी समस्याएँ उनके क्रोध व गुस्से का ही एक रूप है। युवाओं का क्रोध, गुस्सा, दुर्लभ चीज को सुलभ बनाने की इच्छा और जल्द-से-जल्द धन कमाने की इच्छाएँ ही इन समस्याओं को बढ़ावा देती हैं। अपने आप को आसमान की ऊँचाइयों तक पहुँचाने के लिए वे कई गलत साधनों का प्रयोग करते हैं। हाल-ही में हुए एक कार्य ने मुझे चौंका दिया। दो दोस्तों ने नशे में लड़ाई को अन्जाम देते हुए उस लड़ाई को इतना बढ़ा दिया कि उनमें से एक ही मृत्यु हो गई। दिन-पर-दिन बच्चों व युवाओं में आत्महत्या की समस्या भी बढ़ती जा रही है। किसी शिक्षा का फल मिले देर नहीं होती कि एक या दूसरे बच्चे ने आत्महत्या कर ली और इस आत्महत्या का मुख्य कारण विद्या में अव्वल न पाना था जो जिसका भार उन पर उनके माता-पिता ने डाला था। समाज में कुण्ठित मनोवृत्ति की पहचान बनता है।

आज-कल युवाओं में माता-पिता का डर भी खत्म सा हो गया है। वे अपने माता-पिता की आज्ञा न मानते हुए अपना कार्य करते हैं। इस तरह वे न केवल अपने जन्मदाता ईश्वर व माता-पिता का अपमान करते हैं बल्कि समाज के लिए एक कलंक में परिवर्तित हो जाते हैं और इस समस्या का मुख्य कारण है आजादी। आजादी की सीमाओं को पार करते हुए वे समाज के ऐसे कार्यों में लग जाते हैं जो उनकी अवस्था को शोभा नहीं देते। अल्प उम्र में ही शराब, मदिरा का सहारा ले वे इस संसार में अशुद्धता को बढ़ावा देते हैं। आज बदलते परिवेश ने युवाओं की पहचान ही बदल दी है।

यह समस्याएँ युवाओं के जीवनकाल को अंदर ही अंदर खाती जा रही हैं और उन्हें खोखला बना रही हैं। इन समस्याओं से न केवल उनके विकास में बाधा आती है बल्कि दूसरों के सुखी जीवन में भी यह बुरे सामाजिक तत्वों को जन्म देती है। बदलते परिवेश में युवाओं की समस्याओं को अधिक से अधिक बल मिला है। वे न केवल समाज की अच्छाईयों गुणों से दूर होते हैं बल्कि उनका पुनः विकास करना भी कठिन साबित होता है। इससे न केवल दुर्बुद्धि उत्पन्न होती है बल्कि किसी समस्या को सुलझाने की इच्छा व शक्ति भी समाप्त हो जाती है। इन समस्याओं को सुलझाने के लिए हमें जल्द-से-जल्द युवाओं को संसार में महत्व देकर उनसे उनकी समस्याओं को दूर करने के कार्य में उनकी मदद करनी चाहिए।

आगरा विजन-2020

ताप मिश्रा VIII-C

प्रस्तावना : भारतीय शहरों में आगरा विश्व में एक प्रसिद्ध शहर है। प्राचीन काल से ही आगरा सामाजिक, आर्थिक एवं राजनीतिक दृष्टि से एक महत्वपूर्ण शहर रहा है। आगरा का ऐतिहासिक अस्तित्व में आना विभिन्न मठों के द्वारा अलग-अलग कालक्रमों को दर्शाता है। आगरा की स्थापना के बारे में महाराजा अग्रसेन को उत्तरदायी माना जाता है। कहा जाता है कि भगवान कृष्ण यहाँ तक अपनी गायों को चराने के लिये आते थे।

आगरा का ऐतिहासिक साक्ष्य 1027 ई. में मिलता है। जब महमूद गजनवी ने भारत पर आक्रमण किया था।

आगरा विजन-2020 : यह विजन हमारे भविष्य के बारे में एक तस्वीर प्रस्तुत करता है। यह अनुमान के तौर पर देखा जाता है कि हमारा आगरा शहर भविष्य में कैसा होगा? आगरा का सांस्कृतिक भविष्य कैसा होगा? आगरा का औद्योगिक भविष्य कैसा होगा? आगरा का सामाजिक भविष्य कैसा होगा? आगरा की छवि पर क्या प्रभाव पड़ेगा? इन सभी प्रश्नों का उत्तर आगरा विजन-2020 का विश्लेषण करने पर प्राप्त होता है।

सांस्कृतिक आगरा विजन-2020 : ब्रजभूमि के अन्तर्गत आने वाला आगरा शहर अपनी सांस्कृतिक छवि से विश्व में जाना जाता है। आगरा की संस्कृति ने देश-विदेश में अपना नाम रोशन किया है। यहाँ के लोगों ने पूरे देश में अपनी संस्कृति को फैलाया है। यहाँ का नृत्य-संगीत पूरे विश्व में प्रसिद्ध है। यहाँ की धरोहरों को पूरे विश्व में जाना जाता है। आगरा के प्रसिद्ध कवि 'गालिब' को कौन नहीं जानता? गालिब की गजलों को आज भी गुनगुनाया जाता है। यहाँ पर प्रत्येक वर्ष सांस्कृतिक कार्यक्रम आयोजित होते हैं। जिनमें यहाँ के छात्र अपनी प्रतिभाओं को प्रदर्शित करते हैं। सांस्कृतिक कार्यक्रमों के रूप में एक विशेष आयोजन ताज महोत्सव के रूप में भी मनाया जाता है। यह विशेष आयोजन प्रत्येक वर्ष होता है।

सामाजिक दृष्टि से आगरा विजन-2020 : सामाजिक दृष्टि से आगरा के दो रूप में सामने आते हैं। पहला आगरा एक उत्कृष्ट सामाजिक मूल्य रखने वाला शहर है। वहीं दूसरी ओर सामाजिक मूल्यों का पतन हो रहा है। सामाजिक दृष्टि से आगरा 2010 में एक उत्कृष्ट व निम्न दोनों स्तरों में विभाजित होगा। जहाँ एक ओर पश्चिमी सभ्यता का विशेष प्रवाह होगा वहीं दूसरी ओर प्राचीन सामाजिक मूल्य अपनी उपस्थिति का अवलोकन कराते रहेंगे। अगर हमारा समाज आगरा को 2020 तक स्वच्छ व प्रदूषण रहित देखना चाहता है-तो हम सभी को उन कार्यक्रमों या आंदोलन में बढ़-चढ़ कर भाग लेना चाहिए जो इस कार्य के प्रेरक हैं। जैसे-अगर कोई भी गंदगी हमें दिखायी दे, तो तुरन्त नगर-निगम को सूचित कर अपने कर्तव्य का पालन करें एवं पोलिथीन मुक्त आगरा अभियान को अपना समर्थन देना चाहिए। जिससे आगरा आने वाले समय में एक स्वच्छ एवं प्रदूषण मुक्त शहर बन सके।

राजनीतिक दृष्टि से आगरा विजन-2020 : आगरा प्राचीन काल से राजनीति के क्षेत्र में अग्रणी रहा है। अनेक शासकों द्वारा इसे अपनी राजधानी बनाया और यहाँ रहकर सम्पूर्ण देश का संचालन किया है। आज भी राजनीतिक दृष्टि से आगरा एक सक्रिय राजनीतिक क्षेत्र है। निकट भविष्य में भी यह एक राजनीतिक नेतृत्व प्रदान करने वाला अग्रणी क्षेत्र होगा। जो शासन के संचालन में विशेष भूमिका अदा करेगा। यदि निकट भविष्य में उत्तर प्रदेश का विभाजन होता है, तो आगरा भी उस विभाजन का एक महत्वपूर्ण अंग होगा। जो कि पश्चिमी उत्तर-प्रदेश का एक अंग व केन्द्र बिन्दु भी होगा। लेकिन निकट भविष्य में

आगरा को दूसरे पहलू से देखने पर यह प्रदर्शित होता है कि आगरा के विभाजन में राजनीति व प्रशासन दोनों को व्यवहार अच्छा नहीं रहने वाला है। क्योंकि यहाँ के भ्रष्ट राजनीतिज्ञ एवं प्रशासक दोनों आपस में सौँठ-गाँठ कर अपनी जेबों को भर रहे हैं, व अपनी तिजोरियों को भर कर धन विदेशों में जमा कर रहे हैं। जो कि भविष्य के लिए संकट पैदा कर सकता है। अगर आगरा को राजनीतिक व प्रशासनिक दृष्टि से 2020 तक अच्छा क्षेत्र बनाना है, तो यहाँ के लोगों को आगरा की राजनीति में बढ़चढ़ कर भाग लेना चाहिए तथा अपनी इच्छा शक्ति के बल पर आगरा को नेतृत्व प्रदान कर इसे भ्रष्टाचार मुक्त बनाना होगा तभी आगरा विजन 2020 पूरा किया जा सकता है। जिसमें प्रत्येक नागरिक सदाचार पूर्वक भयमुक्त जीवन व्यतीत कर सके।

औद्योगिक दृष्टि से आगरा विजन-2020 : आगरा औद्योगिक दृष्टि से अत्यन्त महत्वपूर्ण क्षेत्र है। यह पश्चिमी उत्तर-प्रदेश का पश्चिमी जिला है। जिसकी सीमाएँ राजस्थान से मिलती हैं। यहाँ से कुछ ही घण्टों की दूरी पर देश की राजधानी दिल्ली है। अतः यहाँ से सामान लाने व ले जाने में कोई परेशानी नहीं होती है। इतिहास में आगरा के व्यापार का वर्चस्व रहा है। आगरा के प्रसिद्ध उद्योग निम्नलिखित हैं—आगरा में पैठ उद्योग, चमड़ा उद्योग आदि प्रसिद्ध उद्योग हैं। इसके अलावा यहाँ पर कई अन्य उद्योग भी होते हैं। यहाँ को हस्त निर्मित वस्तुओं की विश्व में माँग है तथा इनकी माँग हमेशा बनो रहती है। 2020 में भी आगरा को बढ़ते हुए औद्योगिक क्षेत्र के रूप में देखा जा सकता है। यह निकट भविष्य में अनेक औद्योगिक इकाइयों के साथ बहुत ही महत्वपूर्ण रोजगार दिलाने में सक्षम क्षेत्र होगा। यहाँ की मूल-भूत सुविधाओं को और अधिक अच्छा बनाने के लिए आगरा ने एक महत्वपूर्ण भूमिका निभाई है। लेकिन आगरा के उद्योगों का दूसरा दर्दनाक पहलू है कि यहाँ के लोगों को कच्चा माल काफी महँगे दामों पर मिलता है जिस वजह से यहाँ पर बनौ वस्तुएँ काफी महँगी हो जाती हैं तथा अन्तर्राष्ट्रीय बाजार में अपनी उपस्थिति दर्ज कराने में कठिनाई महसूस होती है। वहाँ दूसरी ओर इसे चीन के साथ प्रतिस्पर्धा का सामना करना पड़ता है। यदि आगरा की औद्योगिक स्थिति को वैश्विक स्तर पर कायम रखना है तो केन्द्रीय सरकार एवं राज्य सरकार को अनेक ऐसी नीतियाँ बनानी होंगी जिससे आगरा के उद्योगों की स्थिति सुधरे एवं कच्चे माल की कीमतों पर भी ध्यान देना होगा जो कि एक जटिल समस्या है।

उपसंहार—इस प्रकार आगरा निसन्देह सामाजिक, आर्थिक एवं औद्योगिक व साँस्कृतिक दृष्टि से एक महत्वपूर्ण शहर है। तथा इसको इस स्थिति में बनाये रखने के लिये तथा 2020 के चरमोत्कर्ष तथा पहुँचाने के लिए आगरा के लोगों को अपना महत्वपूर्ण योगदान देना होगा एवं अपनी सहभागिता से हम आगरा को एक विश्व प्रसिद्ध तथा विश्व के स्तरीय शहरों में एक अग्रणीय शहर के रूप में स्थापित कर सकते हैं।

वर्तमान में हम वर्ष 2011 का अपना जीवन आगरा में व्यतीत कर रहे हैं। परिवर्तन ही जीवन का नियम है तथा मनुष्य ने प्रगतिहासिक काल से आज तक पेड़ों से महानगरीय जीवन तक का लम्बा सफर तय किया है। किसी भी समय अंतराल में यदि वह लगभग दस वर्ष लम्बा समय है तो भूत से वर्तमान तक हर तरफ एक प्रगति का नजारा परिलक्षित होता है। मनुष्य को वर्तमान की आवश्यकता उसकी उस दिशा में स्थायी सोच तथा उसके सार्थक प्रयास, भविष्य में हुए परिवर्तन के तौर पर नजर आते हैं। जैसे एक शिशु के लिए उसके अभिभावक द्वारा लिए गए सार्थक निर्णय उसके भविष्य का निर्धारण करते हैं। उसी प्रकार सत्ताधारी राजनीतिक दल, प्रशासन, स्वयं सेवक संगठन व जनता-जनार्दन को सोच, इच्छा-शक्ति, निर्णय व कार्य कलाप किसी क्षेत्र विशेष की भविष्य में परिवर्तित स्थिति के परिचायक होते हैं।

किसी भी क्षेत्र का हाचांगत सुधार तथा उस क्षेत्र में रहने वाली जनता का आर्थिक, सामाजिक और बुनियादी स्तर ऊँचा करना वर्तमान की आवश्यकता होती है। जनता का बुनियादी स्तर उत्तम शिक्षा, बेहतर चिकित्सा सुविधाएँ, स्वच्छ शहर, उत्तम विद्युत व पेय जल व्यवस्था, आवास सुविधा व आवश्यक परिवहन सेवाओं के माध्यम से उठाया जा सकता है।

शिक्षा—प्राथमिक शिक्षा के लिए केन्द्र सरकार व राज्य सरकार के निर्णयात्मक कदम से आगरा वास्तविक रूप से पूर्ण साक्षरता की ओर अग्रसर हो रहा है। तकनीकी शिक्षा के लिए सरकारी निर्णयों से आगरा पूर्व में भी निजी संस्थानों के प्रयासों से प्रभावित हो चुका है। वर्तमान में माध्यमिक शिक्षा तथा प्राविधिक शिक्षा हेतु बढ़ती अत्यधिक आवश्यकता हेतु सार्थक सोच व प्रयास वांछित हैं। अनुमान है कि सन् 2020 ई. तक आगरा में बहुत से माध्यमिक शिक्षा के लिए स्कूल और चार-पाँच महाविद्यालय खुल चुके होंगे।

चिकित्सा—आगरा विगत कई दशकों से एस.एन. मेडिकल कॉलेज के होने के कारण चिकित्सा के क्षेत्र में अपनी महत्वपूर्ण स्थिति बनाए हुए है। अनुमान है कि इस क्षेत्र में आवश्यकता के चलते कई निजी अस्पताल मंजूर होकर आगरा में सन् 2020 ई. में पंजव अपोलो अस्पताल, एस्कार्ट, कामायनी की तरह नजर आएंगे।

स्वच्छ शहर—पूर्व में इस कथन पर कि आगरा विश्व का सबसे गंदा शहर है पर विवाद हो चुका है। वर्तमान में प्रशासन द्वारा शहर को स्वच्छ बनाने के लिए युद्ध स्तर पर प्रयास किए जा रहे हैं। ग्रीन आगरा-क्लीन आगरा का स्लोगन पूर्व में ही प्रचारित किया जा चुका है। इस नव वर्ष के शुरुआत पर शहर को पोलिथीन मुक्त कराने के सार्थक प्रयास किए जा रहे हैं। विश्व बैंक के अनुदान से पूरे शहर में सीवर लाइन बिछाने का कार्य प्रगति पर है। आशा है कि सन् 2020 ई. में आगरा इस सुधार प्रक्रिया से चलते विश्व के स्वच्छ शहरों में से एक होगा।

पेय जल एवं विद्युत व्यवस्था—वर्तमान में आगरा में जीवन दायिनी यमुना एक नाले के रूप में परिवर्तित हो चुकी है। वर्तमान में पूर्ण शहर पेय जल की गम्भीर समस्या से गुजर रहा है। शहर को पेय जल व्यवस्था सुचारु करने के लिए आवश्यक गोकुल वैराज का निर्माण प्रशासनिक शिथिलता के चलते पूर्ण नहीं हो पाया है। वर्तमान में पेय जल की विकरालता सम्भवतया सन् 2020 ई. तक आगरा में गोकुल वैराज का निर्माण अनिवार्य कर देगी।

हमारे शहर में ही नहीं वरन् पूरे प्रदेश में विद्युत की बेहद कमी है। सुप्रीम कोर्ट द्वारा आगरा को जनरेटर से मुक्त (ताकि जनरेटर के काले धुएं का प्रभाव ताजमहल पर न पड़े) चौबीस घण्टे निर्बाध विद्युत आपूर्ति के निर्देश दिए गए हैं। अप्रैल 2010 में विद्युत आपूर्ति में सुधार के चलते विद्युत आपूर्ति व्यवस्था निजी कम्पनी टोरेंट पावर हो हस्तांतरित की जा चुकी है। टोरेंट पावर

द्वारा काफी तेजी से विद्युत आपूर्ति सुधार हेतु सार्थक प्रयास किए जा रहे हैं। अनुमान ही नहीं बरन् पूर्ण विश्वास है कि अगस्त सन् 2020 ई. में विद्युत कटीती मुक्त क्षेत्र होगा। साथ ही पूरे शहर में नगर निगम के स्ट्रीट लाइट को सौर ऊर्जा से संश्लेषित करने का कार्य भी पूर्ण हो चुका होगा। अतः सन् 2020 ई. तक आगरा आँख मिचौली न खेलता हुआ अपितु जगमगाता शहर होगा।

आवास सुविधा—आगरा शहर में नए आवासों के निर्माण के क्षेत्र में सरकारी व निजी प्रयासों से काफी विकास हुआ। यह विकास शहर की जनसंख्या वृद्धिशीली की दर से कई गुना तेज है। अतः सन् 2020 ई. तक आगरा का महानगरीय स्तर अपनी बाँहे तेजी से फैलाता नजर आएगा।

परिवहन व्यवस्था—आगरा में विगत दशक में ट्रांसपोर्ट नगर में अन्तर्राष्ट्रीय बस अड्डा प्रारम्भ किया जा चुका है। इसकी जनता को पूर्व में सघन इलाके में उपस्थित बस अड्डे से उत्पन्न होने वाली जाम से निजात दिलाई गई है। शहर में सड़क मार्गों को तेज बसें चलाकर जनता को परिवहन के बेहतर साधन उपलब्ध कराए जा रहे हैं। आशा है कि वर्तमान में अक्सर की जाने वाली बस अड्डा व महानगर बस सेवा अपनी शैशवावस्था से सन् 2020 ई. में चरमोत्कर्ष पर होंगे।

आगरा शहर ने विगत दशक में अपने नगरीय स्वरूप को त्याग कर महानगरीय स्वरूप धारण कर लिया है। शहर को राजधानी दिल्ली से मात्र 200 किलोमीटर की दूरी पर तथा विश्व के नक्शे पर ताजमहल के कारण अपनी महत्वपूर्ण स्थिति प्राप्त है। यातायात के उपलब्ध बेहतर साधनों से आगरा के विकास को एक नया आयाम मिला है। नोएडा-आगरा एक्सप्रेस व गुरुग्राम-आगरा एक्सप्रेस शहर के चहुँमुखी विकास में निर्विवाद रूप से सहायक साबित होगा। सन् 2020 ई. में आगरा छोटी व तेज चलने वाली व एकमात्र एम. जी. रोड के बजाये अनगिनत लम्बी व चौड़ी सड़कों का शहर होगा, जहाँ पर शहर की जनता को राह काटने से निजात दिलाने हेतु कई फ्लाई ओवर होंगे।

विगत दशक में उपस्थित सिनेमा हॉल, बीते दिनों की यादें वन मल्टीप्लेक्स का रूप ले चुके होंगे। शहर की बस्तुओं की खरीदारी का स्थान छोटी-छोटी दुकानों की बजाय मेगा मॉल्स हो जायेंगे। अतः शहर में जगह-जगह पर सन् 2020 ई. में ब्रान्डेड शॉपिंग मॉल, बाजार, बालमार्ट इत्यादि नजर आयेंगे।

व्यवसाय अब और तब—विगत दशकों में उत्तर भारत में आगरा की भूमिका एक प्रमुख व्यवसायिक केंद्र की रही। आगरा का जूता उद्योग, पैठा व दाल-मोठ व्यवसाय, फाउन्ड्री व जनरेटर उद्योग व मार्बिल पच्चीकारी उद्योग राष्ट्रीय व अन्तर्राष्ट्रीय स्तर पर ख्याति प्राप्त है। विगत वर्षों में सभी उद्योगों पर काफी दबाव पड़ा है। जहाँ ताजमहल पर होने वाले प्रदर्शनों के होने से पूरा फाउन्ड्री व जनरेटर उद्योग प्रभावित हुआ है। वहीं दूसरी ओर अन्तर्राष्ट्रीय स्तर पर सोवियत संघ के विघटन प्रशासनिक निर्णयों के चलते जूता उत्पाद की कीमतें अन्तर्राष्ट्रीय कीमतों से अधिक होने के कारण जूता निर्यात उद्योग स्थानांतरित होने की कगार पर है। वहीं मार्बिल व पच्चीकारी कारीगरों से उनकी वास्तविक मजदूरी से अत्यधिक कम पर कार्य करते हैं। वेष्टा से उत्पन्न कारीगरों की उक्त कार्य से विमुखता उद्योग को समाप्त करने के कगार पर है। प्रशासनिक क्षेत्र में अक्सर फैला भ्रष्टाचार लाल फीता शाही तथा क्षेत्र में मौजूद राजनीतिक दलों की वैमनस्यता के चलते व्यवसाय में सुधार की स्थिति का अभाव शहर के उद्योगों को समाप्त की ओर ले जाने के लिए तत्पर है। कई क्षेत्रों में शहर से व्यवसायियों का स्थान दूसरे प्रदेशों में हो चुका है। पूर्व में रिफाइनरी व स्कूटर उद्योग का कारखाना भी ताजमहल के कारण शहर से दूर किया गया है। अतः उपरोक्त स्थिति में वर्तमान में हैदराबाद की तरह आगरा को साईबर सिटी के तौर पर विकसित करना ही एकमात्र विकल्प नजर आता है और मौजूदा सभी उद्योगों में आवश्यक सुधारवादी दृष्टिकोण रखते हुए उद्योगों को पुनः जीवित करने में सफल व कामयाब कोशिश आवश्यक है। ताकि सन् 2020 ई. में आगरा एक समृद्ध महानगरीय स्वरूप अखिलेश्वर बन सके।

पर्यटन और अन्तर्राष्ट्रीय हवाई अड्डा—आगरा ताजमहल, लाल किला, फतेहपुर सीकरी, सिकन्दरा इत्यादि ऐतिहासिक इमारतों होने के कारण विश्व के नक्शे पर एक महत्वपूर्ण पर्यटन स्थल है। भारतवर्ष को प्राप्त होने वाली विदेशी मुद्रा का एक

बड़ा हिस्सा विदेशी पर्यटकों के ताज मोह के कारण प्राप्त होता है। खेद का विषय है कि इतना महत्वपूर्ण कारण होने के बावजूद 'आगरा' का वांछित व स्तरीय विकास करने में सरकार विफल रही है। जहाँ विश्व में कई छोटे देशों की अर्थव्यवस्था पर्यटन पर ही निर्भर है। वहीं ताजमहल को देखने के लिए मौलों का सफर तय करके आता हुआ पर्यटक यहाँ से अटपटे ढंग से अनुभव लेकर वापस लौटता है।

आगरा में आश्चर्य नहीं अपितु पर्यटन पर हावी दिल्ली लावी के कारण बेहद दुख का विषय है कि आगरा में अभी तक अन्तर्राष्ट्रीय हवाई अड्डे का निर्माण नहीं हो पाया है। आगरा से दिल्ली की यह नजदीकी आगरा के सर्वांगीण विकास के रास्ते में सबसे बड़ा बाधा साबित हुई है। पर्यटन में दिल्ली लावी के हावी होने से समृद्ध विदेशी पर्यटकों को आगरा में रुकने व खर्च करके आगरा की अर्थ व्यवस्था को मजबूत करने का अवसर प्राप्त नहीं होता है। नतीजन स्वरूप आगरा वासियों की कमाई के अच्छे दिनों से वंचित होना है।

अगर आगरा में अन्तर्राष्ट्रीय हवाई अड्डे का निर्माण हो जाए और विदेशी पर्यटक फ्लाइट द्वारा सीधे आगरा आकर रुकने की स्थिति में हों तो आगरा शहर की अर्थव्यवस्था में आमूल-चूल सुधार हो जाएगा। इन पर्यटकों के ठहरने, घूमने, खाने व शौचों को क्रय करने से इस क्षेत्र में कमाई के अवसर उपलब्ध होने से पूंजीपतियों का आगरा निर्माण में पूंजी निवेश आगरा विकास को एक नयी कहानी लिख देगा।

अन्तर्राष्ट्रीय हवाई अड्डा विगत कई दशकों से आगरा की मांग रही है। कुछ छुट-पुट प्रयास इस क्षेत्र में चार्टर्ड फ्लाइट के माध्यम से शुरू हुए हैं। लेकिन इस दिशा में एक बड़े व सार्थक कदम की आवश्यकता है अगर यह मुमकिन हुआ तो आगरा की पूर्ण परिदृश्य ही सन् 2020 ई. में बदला हुआ नजर आएगा।

हरित प्रदेश—विगत दशक को देश में छोटे प्रदेशों की माँग कई क्षेत्रीय कारणों की वजह से उठती रही है और यही माँग उत्तराखण्ड, उत्तराखण्ड व छत्तीसगढ़ के गठन का सबब बनी है। इस दिशा में आगरा को केन्द्र बनाकर हरित प्रदेश के निर्माण की माँग भी उठती रही है। बड़े प्रदेशों में प्रशासनिक अकुशलता भी उस माँग की पूर्ति में सहायक सिद्ध हुई है। विगत वर्ष में मंगला राज्य की माँग भी आंध्र प्रदेश में जोर-शोर से चल रही थी।

उक्त सन्दर्भ में आगरा को राजधानी बनाते हुए हरित प्रदेश का निर्माण सन् 2020 तक आगरा के लिए एक ऐतिहासिक कदम हो सकता है।

हाईवे निर्माण—इसके साथ-साथ आगरा महानगरीय आबादी का एक बहुत बड़ा हिस्सा नेशनल हाईवे 2 के दोनों तरफ फैला हुआ है। अतः उक्त हिस्से में जाम की समस्या दिनों-दिन विकराल होती जा रही है। उक्त स्थिति से निपटने के लिए आगरा में आउटर बार्डपास का निर्माण काफी समय से प्रस्तावित व लम्बित है। सन् 2020 ई. तक अवश्य ही आगरा में बाहरी बार्ड-पास का निर्माण हो जाएगा।

इसके साथ ही कई ऐसे बिन्दु हैं जहाँ पर शहरी विकास के कार्य प्रस्तावित व लम्बित हैं। शहर को प्रदूषण मुक्त करने के लिए जगह-जगह सी.एन.जी. स्टेशन बनाए जाएंगे तथा शहर में घरेलू उपयोग हेतु सी. एन. जी. पाइप लाइन बिछाने का कार्य चल रहा है। अतः सन् 2020 ई. तक इन सबके चलते शहर एक अलग ही बदला-सा नजर आएगा।

“हाथी का बच्चा”

आदिवासी

हाथी का बच्चा गेंद लाया,
पूरे जंगल में उधम मचाया,
गड़गड़ा एक देख न पाया,
नीचे गिरा तो चिल्लाया।

शेर आया उसने पूरा जोर लगाया,
पर हाथी को उठा न पाया।

जिराफ आया, अपना हाथ बढ़ाया,
पर हाथी को खींच न पाया।

अजगर ने भी जोर लगाया,
पर हाथी को निकाल न पाया।

भालू दौड़ा-दौड़ा आया,
साथ में मोटा रस्सा लाया,
सबने मिलकर जोर लगाया,
फिर भी हाथी निकल न पाया।

फिर एक छोटा चूहा आया,
उसने अपना दिमाग लगाया,
अपने दोस्तों को बुलाया,
सबने नदी तक छेद बनाया।

नदी का पानी गढ़वे में आया,
हाथी तैर कर बाहर आया,
चूहे जी को दोस्त बनाया,
सबने मिलकर मौज मनाया।

पेड़ ने कहा

स्पर्श अग्रवाल IX-B

पेड़ ने कहा

देखो !

शक्ति के साथ जुड़ी हुई है

कितनी परतन्त्रता,

और शक्तिहीनता के साथ कितनी स्वतन्त्रता।

यहाँ इस जंगल में

कितना शक्तिहीन हूँ मैं ?

यह सच है कि मेरे पास

इतनी भी शक्ति नहीं

कि मैं अपनी टहनियाँ हिला सकूँ।

या दो कदम चल ही सकूँ

या जो हाथ मुझे काटने आते हैं

उन्हें रोक ही सकूँ,

किन्तु फिर भी

मैं कितना स्वतन्त्र हूँ

मुझे अब भी पल्लवित होना होगा, होऊँगा

खिलना होगा, खिलूँगा

फलना होगा, फलूँगा

कोई मुझे रोक सकता है क्या ?

“दोस्त से चोरी, गुरु (अध्यापक) के साथ (कपट) छल”

आर्य समाज

मैं आज सभी दोस्त और स्कूल के सहपाठी जो अपने दोस्त और सहपाठी को किताब कापी चुराते हैं मुझे आज कुड़कने का मौका मिला है शायद फिर हम कभी इस विषय पर बात न कर पायें। उन बच्चों को मैं एक आध्यात्मिक कहानी दूँगा जो कहना चाहता हूँ, ऐसे बच्चे आगे चलकर कामयाब नहीं होते, क्योंकि ऐसे बच्चों से विद्या की देवी सरस्वती और धन का देव लक्ष्मी जो रुठ जाती हैं।

कहानी भगवान श्रीकृष्ण और सुदामा की दोस्ती की है। दोनों की दोस्तों जग जाहिर हैं, गुरुकुल में दोनों साथ पढ़ रहे थे, एक दिन गुरुमाता ने श्रीकृष्ण और सुदामा को अपने पास बुलाया और कहा, खाना बनाने के लिए वन से लकड़ों ले आओ तभी गुरुमाता को याद आया वन से लौटने में बच्चों को देर हो जायेगी, तो उन्होंने चने की पोटली सुदामा को रखने के लिए दी और कहा-जब भूख लगे तो आधे-आधे मिलकर खा लेना।

जैसे ही सुदामा और श्रीकृष्ण वन में पहुँचे, जोर से तूफान आ गया, बारिश थमने का नाम नहीं ले रही थी, वर्षों से बरस के लिए यह दोनों घने पेड़ पर चढ़ गये, सुदामा को भूख लगी, वह चुपचाप धीरे-धीरे चने खाने लगे, श्री कृष्ण ने पूछा दोस्त को खा रहे हो, मुझे भी दो, मुझे भी बहुत जोर से भूख लगी है, सुदामा ने कहा “नहीं मैं चने नहीं खा रहा हूँ, जब श्री कृष्ण ने कहा-अच्छ “चने खाने की कट-कट की आवाज कहाँ से आ रही है” सुदामा ने कहा—“यह आवाज तो तूफान के झगड़ने की शाखाओं और पत्तों के हिलने से आ रही है, श्री कृष्ण मन्द-मन्द मुस्कुराने लगे, क्योंकि वह जानते थे कि सुदामा मरने शुरू हो चुके हैं, जंगल से लौटने के बाद गुरुमाता को पता चला तो उन्होंने दोस्त के खाने की चोरी और माता के साथ कपट करने के लिए सुदामा को श्राप दे दिया।

सुदामा को इसकी बहुत बड़ी कौमत् चुकानी पड़ी और अपना पूरा जीवन दरिद्रता और असफल होकर गुजराना पड़ा।

जब सुदामा को अपनी गलती का एहसास हुआ तो वह अपने दोस्त श्री कृष्ण के पास गये और क्षमा याचना की, श्री कृष्ण ने कहा-दोस्ती में कोई क्षमायाचना नहीं होती है, दोस्ती सिर्फ दोस्ती होती है, तुम्हें अपनी गलती का एहसास हो गया, अब से तुम दरिद्रता और चोरी के श्राप से मुक्त हो गये।

अर्थात् इस कहानी का तात्पर्य यह है कि किसी ने भी अपने दोस्त की कापी-किताब चोरी की है, तो उसे अपना काम करने के बाद वापस कर देना चाहिए, हो सके तो उससे माफी भी माँगनी चाहिए, ऐसा करने से दोनों का ही नुकसान नहीं होता, चोरी करने वाला बच्चा मन ही मन पश्चाताप करके अपनी गलती सुधार सकता है।

अनमोल वचन

ब्रह्म वाचवा VI-E

सत्य से कमाया 'धन'
हर प्रकार से सुख देता है।
छल व कपट से कमाया 'धन'
दुःख ही दुःख देता है।

दुनिया का सबसे बड़ा जेवर आपकी मेहनत
जो हाथ सेवा के लिए उठते हैं
वे प्रार्थना करने वाले होठों से अधिक पवित्र हैं।
स्वार्थ में अच्छाईयाँ ऐसे खो जाती हैं, जैसे समुद्र में नदियाँ।

इस तरह—

इस तरह न कमाओ	कि पाप हो जाए।
इस तरह न खर्च करो	कि कर्जा हो जाए।
इस तरह न खाओ	कि मर्ज हो जाए।
इस तरह न बोलो	कि क्लेश हो जाए।
इस तरह न चलो	कि देर हो जाए।
इस तरह न सोचो	कि चिन्ता हो जाए।

धन से—

धन से पुस्तक मिलती है।	किन्तु ज्ञान नहीं।
धन से आभूषण मिलता है।	किन्तु रूप नहीं।
धन से सुख मिलता है।	किन्तु आनन्द नहीं।
धन से साथी मिलते हैं।	किन्तु सच्चे मित्र नहीं।
धन से भोजन मिलता है।	किन्तु भूख नहीं।
धन से दवा मिलती है।	किन्तु स्वास्थ्य नहीं।
धन से एकान्त मिलता है।	किन्तु शान्ति नहीं।
धन से बिस्तर मिलते हैं।	किन्तु नींद नहीं।

अपनी धरती, अपना अम्बर

अमन अग्रवाल 114

अपनी धरती, अपना अम्बर,
अपना हिन्दुस्तान, अपना हिन्दुस्तान।
हिम्मत अपनी, ताकत अपनी,
अपना वीर जवान, अपना वीर जवान।

हिमगिरी शीश मुकुट रतनारे,
सागर जिसके चरण पखारे,
गंगा-यमुना की धाराएँ,
निर्माणों की नाँव सँवारे,
नई-नई आशाएँ अपनी,
अपना हर उत्थान, अपना हर उत्थान।

विकल इन्दु की विमल चाँदनी,
चंदा सूरज करें आरती,
मलयानिल के मस्त झकोरे,
चैर झुलाते तुझे भारती,
कण-कण गाए गौरव गाथा,
अपना देश महान, अपना देश महान।

मेरी आदर्श—किरण बेदी

अनुज वर्मा 11-C

हैं उनका नाम किरण बेदी,
हैं वो हमेशा सच्चाई की हितैषी।
दृढ़ता से वह हमेशा होती हैं खड़ी,
महानता से हैं वो भरपूर भरी।
देश की सबसे पहली वह महिला आई. पी. एस. बनीं,
भूसखोरी और चोरी-डकैती को उन्होंने जड़ से हत्या करी।
उन्होंने हमें सीख यह दी कि कभी हार न मानो,
और अगर हारो भी तो उसे जीत का एक हींसला मानो,
वह सोचती हैं देश की सफलता और विकास के लिए मन ही मन
मगर मेरा तो है उन्हें शत्-शत् नमन।

हमारा हँसता खेलता बचपन

सिद्धार्थ अग्रवाल VII-C

बचपन जब आता है तब खुश होते हैं हम।
हँस-हँस कर जीते हैं, उस समय को हम।।
पानी में छपा-छप कर खुश होते हैं हम।
रो-रोकर अपनी बात मनवाना सीखते हैं हम।।

मम्मी की गोद में सोना चाहते हैं हम।
पापा के साथ ही खेलना चाहते हैं हम।।
दादा-दादी के साथ मौज-मस्ती करते हम।
चाचा-भुआ के साथ घोड़ा-गाड़ी खेलते हम।।

स्कूल में शैतानी कर टीचर से मार खाते हम।
दोस्तों के साथ बैठकर हँसी मजाक करते हम।।
मम्मी से छिप-छिपकर चॉकलेट खाते हम।
पापा की मार से डरकर भाग जाते हम।।

स्कूल से आकर बस्ता फेंकते हम।
और टीवी देखकर खुश होते हम।।
मम्मी जब टीवी का रिमोट लेतीं तो रोते हम।
पढ़ाई न कर मम्मी को सताते हम।।

गलतियों पर गलतियाँ करते रहते हम।
इन्हीं गलतियों से कुछ न कुछ सीखते हम।।
यह बचपन हमारा है, खुल के इसे जी लें हम।
जब यह समय चला जाएगा, तो इसे याद करके रोएंगे हम।।

कर्म (कविता)

श्रेय सिन्हा

तुम चलो तो सही, कुछ करो तो सही।
मंजिलें आप ही आप मिल जायेंगी।
मुश्किलों की जड़ें खुद ही हिल जायेंगी।।

मन में महसूस की, कंटकों की चमन।
देखकर डर गये ग्रीष्म की यह तपन,
सामने खिल-खिलाकर चमन हैस रहा।
तुम पुकारा किये हा ! सुमन हा ! सुमन।।

अब बताओ तुम्हीं, दोष किसका यहाँ।
कर बढ़ाये नहीं, पग हिलाये नहीं।
मंजिलें आपको कैसे मिल जायेंगी ?
मुश्किलों की जड़ें कैसे हिल पायेंगी ?
आस औरों की और दुम हिलाते रहे।
भूख से, प्यास से, बिलबिलाते रहे।।
भाग्य को ही कोसते रहे उम्र भर।
काम के नाम पर जी चुराते रहे।।

लुट गया काफिला।
बढ़ गया फासला।।
कुछ करोगे नहीं।
तुम बढ़ोगे नहीं।।

मुश्किलों की जड़ें कैसे हिल पायेंगी ?
कल्पनाओं में जीने से क्या फायदा ?
काँच के नगौने, तो क्या फायदा ?
कर्म ही धर्म का मूल है विश्व में ?
सोच का जहर पीने से क्या फायदा ?

खुद को पहचान लो, मुद्दिर्यों तान लो।
तुम बढ़ो तो सही, तुम लड़ो तो सही।
मंजिलें आप ही आप मिल जायेंगी।
मुश्किलों की जड़ें खुद ही हिल जायेंगी।।

विद्यार्थी जीवन के लिए कुछ सूक्ति वाक्य—(संस्कृत में)

श्रेय सिन्हा V-A

1. वृत्तं यत्नेन संरक्षेद वित्तमेति च याति च ।

अक्षीणो वित्ततः क्षीणो वृत्ततस्तु हतो हतः ।।

(महाभारत, उद्योग 36/30)

अर्थात्, सदाचार की रक्षा यत्नपूर्वक करनी चाहिए। धन तो आता और जाता रहता है। धन क्षीण हो जाने पर भी सदाचारी मनुष्य क्षीण नहीं माना जाता; किन्तु जो सदाचार से भ्रष्ट हो गया, उसे तो नष्ट ही समझना चाहिए।

2. आचारः फलते धर्ममाचारः फलते धनम् ।

आचाराच्छ्रियमाप्नोति आचारो हन्त्यलक्षणम् ।।

(महाभारत, उद्योग 113/15)

अर्थात् आचार ही धर्म को सफल बनाता है, आचार ही धनरूपी फल देता है, आचार से मनुष्य को सम्पत्ति प्राप्त होती है और आचार ही अशुभ लक्षणों का नाश कर देता है।

3. आचारहीनः पुरुषो लोके भवति निन्दितः ।

परत्र च सुखी न स्यात्तस्मादाचाखान् भवेत् ।।

(शिवपुराण, वा. उ. 14/56)

अर्थात् आचारहीन मनुष्य संसार में निन्दित होता है और परलोक में भी सुख नहीं पाता। इसलिए सबको आचारवान् होना चाहिए।

4. न कुलं वृत्तहीनस्य प्रमाणमिति मे मतिः ।

अन्तेऽपि हि जातानां वृत्तमेव विशिष्यते ।।

(महाभारत, उद्योग. 34/41)

अर्थात् मेरा ऐसा विचार है कि सदाचार से हीन मनुष्य का केवल ऊँचा कुल मान्य नहीं हो सकता; क्योंकि नीच कुल में उत्पन्न मनुष्यों का भी सदाचार श्रेष्ठ माना जाता है।

5. न साम्मुख्ये गुरोः स्थेयं ।

राज्ञः श्रेष्ठस्य कस्यचित् ।।

(शुक्रनीति 3/147)

अर्थात् गुरु, राजा या किसी श्रेष्ठ व्यक्ति के सम्मुख बिना अनुमति के नहीं बैठना चाहिए।

माँ

दिव्यांग मितल VI-C

माँ होती है कितनी महान्
जग में सबसे ऊँचा उसका नाम ।
वो होती है कितनी प्यारी,
जैसे हो फूलों की ब्यारी ।।
माँ है वो अनमोल रतन,
मिले उसे जो करे लाख जतन ।
किसी और को हो न हो,
मुझे उनकी जरूरत है ।

मेरी माँ

अर्चित मितल VI-C

दुनिया में कोई आता और कोई जाता,
पर इस दुनिया में मेरा एक ही से नाता,
और वो है मेरी माता ।
वो डाँट या फटकारे,
पर उनके लिए उनके बच्चे ही सबसे प्यारे ।
आँखें काली, हँसी निराली,
हमारा ख्याल रखती माँ;
मैं उनको चाहूँ मन-ही-मन,
मैं उनको पाऊँ हर जनम् ।
मेरी माता है मेरी दाता,
और उनका मेरे से जन्मों-जन्मों का नाता ।

माँ

हर्ष अग्रवाल VI-C

माँ है जग में सबसे प्यारी
माँ है जग में सबसे न्यारी
माँ देती है साथ हमारा
पकड़कर चलती है हाथ हमारा।

अच्छे-अच्छे बात सिखाती
अच्छ-अच्छ पाठ पढ़ाती
बाहों के झूले में झुलाती
प्यारी-प्यारी लोरी सुनाती

माँ है जग में सबसे महान
जननी भी कहते हैं उनका नाम।

नन्ही चींटी

आशिष जसराठिया VI-C

नन्हीं सी चींटी देखो।
कितनी मेहनत करती है।।
जगह-जगह यह फिरती।
सदा मेल में रहती।।
मुँह में दाना भर लेती।
अपने बिल में रख लेती।।
गरमी भर यह करती काम।
वर्षा में करती आराम।।

मेरे आदर्श

हरिपति अग्रवाल ११८

देखो इनमें कितना ज्ञान,
अब्दुल कलाम इनका नाम।
वैज्ञानिक बनने की थी इनकी सोच,
उड़ा दिए लोगों के होश।
कितना ईमानदार है यह इन्सान,
लोगों को लगता यही है भगवान।
किसी के आदर्श हों या न हों
मेरे आदर्श का एक ही नाम,
ए. पी. जे. अब्दुल कलाम।

मेरे आदर्श

अर्चित मित्तल ११८

मेरे आदर्श हैं मेरे दादा,
और उनको प्रेम से मैं कहता हूँ बाबा।
वो मुझे बहुत पसन्द हैं,
क्योंकि हर दम मुझे लगता है कि वो मेरे संग हैं।
उनको किताबें पढ़ना बहुत पसन्द है,
और लड़ना उनको बिल्कुल पसन्द नहीं है।
मेरे बाबा का दिल साफ है,
और वो हरदम करते लाफ हैं।
वो सबको प्रेम करते हैं सहर्ष,
और वो हैं मेरे आदर्श।
कोई मेरी चीज जाए या न जाए
पर मेरे बाबा का आशीर्वाद मेरे सिर से न जाए

आँखों में क्या है?

यश वाधवा VII-D

(i) पिता की आँखों में	—	फर्ज
(ii) माता की आँखों में	—	ममता
(iii) भाई की आँखों में	—	प्यार
(iv) बहिन की आँखों में	—	स्नेह
(v) अमीर की आँखों में	—	धमण्ड
(vi) गरीब की आँखों में	—	आशा
(vii) मित्र की आँखों में	—	सहयोग
(viii) दुश्मन की आँखों में	—	बदला
(ix) सज्जन की आँखों में	—	दया
(x) शिष्य की आँखों में	—	आदर

एक चीज

(i) जीतने के लिए कोई चीज है तो	—	प्रेम
(ii) पीने के लिए कोई चीज है तो	—	क्रोध
(iii) खाने के लिए कोई चीज है तो	—	गम
(iv) देने के लिए कोई चीज है तो	—	दान
(v) दिखाने के लिए कोई चीज है तो	—	दया
(vi) लेने के लिए कोई चीज है तो	—	ज्ञान
(vii) कहने के लिए कोई चीज है तो	—	सत्य
(viii) फेंकने के लिए कोई चीज है तो	—	ईर्ष्या
(ix) छोड़ने के लिए कोई चीज है तो	—	मोह

हँसती दुनिया

- डाक्टर : (पप्पू से) आपका वजन कितना है?
पप्पू : जी, चश्मे के साथ पूरा 75 किलो।
डाक्टर : और चश्मे के बिना।
पप्पू : जी, मुझे दिखता ही नहीं, क्या पता?

2. भिखारी : (राहगीर से) साहब ! एक रुपया दे दो। दो दिनों से खाना नहीं खाया।
 राहगीर : पहले यह बता कि एक रुपये में खाना मिलता कहाँ है ? दोनों मिलकर खाएंगे।
4. सेठ : (नौकर से) जरा देखना, कितने बजे हैं ?
 नौकर : मालिक, मुझे समय देखना नहीं आता।
 सेठ : घड़ी देखकर बताओ कि बड़ी सुई कहाँ पर है और छोटी सुई कहाँ पर।
 नौकर : जी दोनों सुइयाँ घड़ी के अन्दर ही हैं।
5. मोहन : (सोहन से) यार पता नहीं लोग एक-एक महीने तक बिना नहाये कैसे रह जाते हैं ?
 सोहन : क्यों क्या हुआ ?
 मोहन : क्योंकि मुझे तो बीस दिन में ही खुजली होने लगती है।
6. एक हवाई जहाज अमृतसर के राजासांसी हवाई अड्डे पर उतरा। सीढ़ियों से उतरते समय एक यात्री सोच करीब आ पड़ा और जमीन चूमने लगा।
 जहाज का पायलट पास ही खड़ा था। वह यात्री से बोला—आपकी देशभक्ति की भावना ने मुझे प्रभावित किया है। जिस तरह आप सीढ़ियों से एकदम नीचे आकर देश की मिट्टी को चूमने लगे।
 वह व्यक्ति चेहरा साफ करते हुए बोला—यह सब छोड़ो पहले मुझे यह बताओ कि सीढ़ियों पर केले का छिन्न किसने रखा था ?

मेरा यह सेन्ट पीटर्स स्कूल

हार्दिक ओबेरॉय I-D

मेरा यह सेन्ट पीटर्स स्कूल
शिक्षा की पहचान स्कूल,

सबसे प्यारा, सबसे न्यारा,
आगरा की मुस्कान स्कूल।
मेरा यह सेन्ट पीटर्स, स्कूल।।

हम सब इसके प्यारे बच्चे,
अनुशासन के पूरे सच्चे,

शिक्षक हमको इसके प्यारे
सत्य, अहिंसा के रखवाले।
मेरा यह सेन्ट पीटर्स स्कूल।

शिक्षा का वरदान स्कूल,
मिलकर हम सब शीश झुकायें,

बुरी नजर से इसे बचायें,
उच्चकोटि का यह स्कूल,
नैतिकता की शान स्कूल
मेरा यह सेन्ट पीटर्स स्कूल।।

प्रार्थना

हार्दिक ओबेरॉय I-D

तन से कोमल, मन से सुन्दर
शिशु सा ईश्वर हमें बनाना।
बैर, धृष्णा से दूर रहें सब।
ऐसा ही एक विश्व रचना।।

प्रेम जहाँ हो भ्रमर-पुष्प सा,
हृदय शुद्ध हो झरने जैसा।
धरती की सुन्दरता को हम,
सभी सहेजें रत्नों जैसा।

स्वर्ग हो केवल इस पृथ्वी पर,
न हो प्रलय का कोई विधान,
जब फिर सृष्टि रचो हे भगवान,
इतना ध्यान बस तुम रखना भगवान।।

माँ

मौलिक मेहरा VII-B

माँ हमारी प्यारी-प्यारी,
अनोखी पूरी दुनिया में सारी।
चाहती हूँ अपने से ज्यादा,
देती हूँ प्यार खूब सारा।

दूर जाए तो चिन्ता करती,
पास आए तो प्यार करती।
कहती हूँ आँखों का तारा,
बोले तू दुनिया में सबसे प्यारा।

कहानी सुनाती रात में,
सुबह जगाती बड़े प्यार से,
कहती "मुन्ना उठ जा,
आ गई तेरी प्यारी माँ।"

माँ

बंग राणी 14

मेरी मम्मी प्यारी है।
दुनिया में न्यारी है।
अच्छी-अच्छी बातें बताती है।
मेरे मन को भाती है।
अच्छी-अच्छी चीजें बनाती है।
हमें प्यार से खिलाती है।
परियों की कहानी सुनाती है।
मेरी मम्मी सपनों में भी आती है।

नदियों ने फिर कहा कि हमारी हद कहाँ तक,
निर्माण मत करो वहाँ तक।

आरती मेह

महोदय,

यमुना में व अन्य नदियों में वर्तमान में आई बाढ़ ने यह फिर बता दिया है कि हमारा नदी क्षेत्र कहाँ तक है, वह तुम्हारे बनाने का निर्माण करने की जगह नहीं है। लाचारी, भ्रष्टाचारी और लोभ ने हमारी नदियों पर अतिक्रमण करके निर्माण को बढ़ावा दिया है उसका भी बाढ़ की विधोषिका को बढ़ाने में कोई कम हाथ नहीं है यह कौसी विडम्बना है कि रासन प्रकट पहले तो आँखों को बन्द करके नदियों किनारे अतिक्रमण होने देता है फिर बाढ़ आने पर राहत देना उसकी मजबूरी होती है। यह अच्छा होता कि जल आयोग ने नदियों के किनारों पर पास-पास बोर्ड लगाये होते कि यहाँ तक यह नदी का क्षेत्र है यहाँ कर्म भी पानी आ सकता है। यहाँ निर्माण अवैध है तो शायद लोग अपनी गाढ़ी कमाई नदी की तलहटी में नहीं लगाते। वैसे में भारतीय जल आयोग के अनुसार किसी भी नदी में पूर्व में आये सौ साला हाई फ्लड ने जहाँ तक दोनों क्षेत्रों को दुबोया होगा वह सारा क्षेत्र नदी का होता है वहाँ निर्माण अवैध है। वहाँ केवल हरियाली व जंगल का प्रावधान है।

एक सपना

सुदीप अग्रवाल

यह मेरा देश है बड़ा महान,
इसके लिए कईयों ने दी है जान।

इसकी महानता के हैं कई सबूत,
इसके हैं और थे कई सपूत।

इसकी संस्कृति है अलग सबसे,
आजाद नहीं भी था तब से।

यह और देशों में है बहुत मशहूर,
कुछ के पास तो कुछ से दूर।

पर आजकल भुखमरी गरीबी ने किया इसे बेहाल,
और बड़ी हो जाएगी मुसीबत अगर रहा यही हाल।

दाम बढ़े सबके लेकर गाड़ी से दाल,
आ गया है ऐसा काल जिसमें,

पक्का होता जा रहा है मैहगाई का जाल।
यह सब खत्म हो सकता है अगर चाहें तो,

और अगर कुछ बातों पर अमल कर पाएँ तो।
करें तो करें कैसे ?

आपको चाहिए इसका जवाब,
हाँ-हाँ तो मैं देता हूँ न जनाब।

जैसे कहते हैं "नामुमकिन कुछ भी नहीं"
बस सोचकर चलिए वही।

करना पड़ेगा कठोर प्रयास,
तभी पूरी हो पाएगी यह आस।

न घूस लीजिए न दीजिए,
सबसे पहले तो इस पर अमल कीजिए।

हमेशा नियम कानून से चलिए,
अगर हर काम में सफलता चाहिए।

अगर देखें होते हुए कोई गलत काम,
तो तुरन्त करें उसका काम तमाम।

समय से चुकाइए पूरा कर,
क्या करेंगे काला धन रखकर।

न सोचिए, न करिए लड़ाई धर्म के नाम पर,
आखिर हमें ही नुकसान होगा ऐसा काम कर।

अभी भी यहाँ हैं कितने अनपढ़ और बन गये हैं कच्चे
अगर हम चाहें तो पढ़ सकते हैं कितने बच्चे।

अगर करेंगे इन चीजों का प्रयोग,
और मिलेगा सबको सबका सहयोग।

तभी होगा और देशों को हमारे देश का ज्ञान,
तभी बनेगी गर्व करने लायक शान,
और तभी देश बनेगा असली हिन्दुस्तान।

VIEWS AND VIBES

ARCHBISHOP ALBERT D'SOUZA YOGA AND MEDITATION CENTRE

St. Peter's College has been conducting Yoga and Meditation classes at the Archbishop Albert D'souza yoga and Meditation Centre for the last two years. Teachers, students and people of the city suffering from various diseases have been attending these classes regularly and have benefited from it. A few testimonies are given below.

It was far too difficult for me to believe in Yoga but truly speaking it actually helped me a lot. It cured my backache, unstable digestion, overweight and many other sicknesses, besides making my life healthy and happy.

It all started a year ago when Rev. Fr. John Ferreira, on hearing my problems, suggested to me to join the Yoga classes and it was the turning point of my life. My backache and extra weight has totally vanished. At last I just want to thank Fr. John Ferreira and the Yoga teachers. This was how Yoga brought health and relief in my life.

Mrs. Praveen Kaur

R. C. Mission Compound,

Ghatia Azam Khan, Ph. : 9756607240



The yoga classes at St. Peter's have helped me to increase my physical and mental strength.

The yogic asanas have not only helped in shaping and increasing the flexibility of my muscles but also provided me with immense energy throughout the day.

Pranayama and meditation have also worked wonders in increasing my memory and concentration.

Gaurav Goyal

15/343, Anu Petha Store, Noori Gate, Agra

Ph. : 9412264605

Ever since I started learning Yoga my life is getting changed day by day. I had many health related problem like feeling lethargic, and stiffness in my body. After attending the Yoga classes regularly, I feel more energetic and my body has become more flexible. I must say "choose yoga and change your life"

Hina Nizam,

Ph. : 936859116



I joined Yoga classes in St. Peter's College Agra in Sept. 2010 and within a month I could feel a lot of change in me.

1. I don't feel lazy and feel much more energetic in day-to-day working in the Office.

2. My breathing problem is under control.

3. I don't feel fatigue when I reach home after working.

4. My body weight is maintained due to Yoga.

5. The trainers/teachers are very cooperative and pay personal attention to each one and try their best to make Yoga an easy and comfortable exercise.

I am of the opinion that white-collar workers, businessmen and housewives should attend Yoga classes daily. The classes will definitely fill their life with energy, enthusiasm and positive thinking.

H. S. Upadhyaya

State Bank of India, Admin. Office, Agra

Ph. : 9917474



Since the time I joined Yoga classes I have seen sea changes in my life.

1. I feel very active.

2. My weight has been reduced by 3kgs.

3. I feel very energetic after working.

4. Now I don't feel stiffness in my body and feel my body is highly flexible.

5. The teachers are very cooperative and pay personal attention to each candidate attending classes and try their best to make Yoga very interesting.

I am sure Yoga will help in curing many ailments.

P.C. Agarwal

State Bank of India, Agra

Ph. : 9917474503



I am very fond of doing adventurous acts in my life. A few years back when I was in Hyderabad, I came to know that I am diabetic. I had to go for skydiving after a few months. I was very tensed as I knew how dangerous Diabetes was. Then my son who is a student of St. Peter's college told me that in his school the principal Fr. John has started yoga classes. He even showed me the callenders on yoga. Then I decided to join yoga classes. Now my diabetes is totally under control and I feel healthy and happy. I enjoy my life and do all the adventures I want to. I did my skydiving a few months back which was not possible without yoga. I would like to thank Fr. John and the teachers for this commendable service.



Rakesh Chaudhari

2/109, Judge Compound, Nehru Nagar, Agra

Ph. : 9412270000

"Yogena Cittasya padena vacan, Maan sariraya ca vaidyakena
Yoga kavottan pravaran munin, patanjali plenjalir anato' smi"

Through yoga, serenity of mind; through grammar, clarity of speech; through medicine, purity of body, Patanjali, I honour you.



Having learnt yoga for about six to eight months earlier, I was well aware of its benefits practically and not just by reading about it. But since the past one month that I have joined St. Peter's Yoga classes. I have felt a tremendous disparity between the teaching techniques and the right way to do yoga. Earlier, probably, I was learning yoga very casually and did not take it as a part of my daily lifestyle. Though I was learning yoga to keep fit and this still remains my motive, after doing yoga here I have become more aware of my body and that's just not while doing yoga but even during the day. The techniques of inhalation, exhalation. Pranayam, Surya Namaskara all have conferred rhythm to breathing system and I feel

lot more comfortable and light. Since my family members were suffering from many diseases, I was constantly worried and had sleepless nights. But after doing yoga here I am more confident and less worried. I am more rational these days than I was and less compulsive. I feel more relaxed not only physically but also mentally. The tension, the stress which was over-burdening me has started to slowly evaporate and I can think with a more open mind. I am active throughout the day and am able to do my daily chores more efficiently. The teaches here are excellent and very co-operative. I thank the administration of the school for taking up this thoughtful initiatives and congratulate them for their brilliant staff who tirelessly work for the benefit of society.

Priyanka Bansal

416, Old Siddharth Appts, Behind Civil Courts

Khandari, Agra

9319109318, 0562-2525957

I was suffering from joint pains and stiffness, for which I took some allopathic medicines, but it kept on recurring.

Then I came to know about the yoga camp being conducted at St. Peter's college, from a friend.



So I decided to give it a try and joined. I am very happy now that I took this decision and within 20 days I felt perceptible change in my joint pains. Along with it I feel very active.

I would like to thank Rev. Father John, principal of St. Peter's college for the commendable work he has been doing.

Vijaya Agarwal

201, Old Siddharth, Appts, Khandari, Agra

My name is Anil Arora. My son Vatsal Arora, is studying in III E. We joined yoga classes two months back because of my son's hyper-kinetic behaviour.

Last year Father John Ferreira suggested to me to send Vatsal for yoga classes under the supervision of Mr Gyan, but vatsal could not continue because of his playful nature. In this session, I have tried to be punctual for yoga and found that all yoga teachers were taking keen interest in their students, especially Gunjan ma'am has got a vast knowledge of yoga techniques. Sometimes Father, despite his busy schedule, gives us the time and shares very important things which we had never known.

Overall I would say that the initiative taken by Father in St. Peter's College for Yoga is appreciable.

I would suggest one thing that more concentration should be given towards the students of primary section as they are playful at their age and don't concentrate on yoga and I find that they do it wrongly.

Anil Arora
E-221, Kamla Nagar, Agra

When it comes to fitness there are no shortcuts or alternatives. Yoga broadens the horizons of the mind. It has blessed me with a relaxed body mind and soul, and given me a smart look and a calm mood. I recharge myself everyday through yoga. It wouldn't be an exaggeration to say that I'm indebted to the yoga process for what I'm today. I have set apart regular time for myself, to practise meditation and breathing exercises. It's not any structured class to make anyone learn the stereotyped meditation techniques. St. Peter's yoga class leads all away from boring and lacklustre lifestyle and makes it enjoyable.

UZMA RUB
Mobi vila 3/496
Rui ki Mandi, Shahganj Agra



My name is Shashi Kiran Singh. I joined Yoga session on 3rd Feb and now two months are over. When I joined the yoga classes. I was suffering from diabetes and just after 2 weeks of yoga classes, my sugar became normal after one hours of Surya Namaskara. Before this I had to take insulin, 3 heavy dose tablets per day. And now after attending these yoga classes, the tablets have been stopped and insulin intake is reduced. One more benefit which I felt after yoga class is that now I am more energetic and can work for hours. After doing Surya Namaskara I feel very fresh. Due to diabetes my kidneys were also damaged to a large extent, but now after these classes, they have improved to some extent. From the bottom of my heart I would like to thank Fr. Ferreira for giving me a new life by starting Yoga classes.

Shashi Kiran Singh
19, Rajeev Nagar, Hindi Sansthan Road
Byepass Road, Khandari, Agra



If we want to make our life happy and joyful, we have to care about our health because health is wealth.

I joined the Archbishop Albert D'Souza Yoga & Meditation Centre at St. Peter's College, in February 2011. In these two months I learnt and practised Yoga with the help of well-qualified teachers.



In this institute ladies, gents and children come to learn Yogasana. In the course of two months I have improved my health and I am free from many ailments. I feel that if we do yoga regularly it will change our life style.

Yoga is a perfect exercise which keeps us fit and fine. All the internal and external parts of our body gain strength. Adopt yoga and live long.

Haji Aqueel Ahmed
23/59 Pai chowki, Agra
Ph. : 9897625229

SACRED MISSION THROUGH YOGA

Since time immemorial, human body is a favourite hostage of innumerable health ailments. As machinery parts wear and tear, so do our body parts. Thus there should be a way to combat such wear and tears. Human body is a pious institution of mind and soul. The soul is a divine segment of universal power that governs the mental faculties. In contact with worldly matter, the mental faculties get inflicted with desires. The desirous mind brings pains and sufferings to the body. Thus desires are the root cause of all human agonies. One should curb his or her desires to enjoy a peaceful living. Peaceful living is the most rare and demandable necessity of modern age.



In modern age, all are wealthy people, but they lack health and mental tranquility. Even after spending a large amount of money at hospitals, health clubs and gymnasium, they are unable to achieve healthy body. Health can be achieved through ancient therapies. Yoga is one such drugless therapy to establish harmony between body and mind. "Samatvam Yoga Uchyate" in other words, harmony or balance is yoga. Yoga is an ancient Indian technique of integrating human personality at the physical, mental, moral and intellectual levels by means of Yogic Kriyas, yogasanas, pranayama and yoga nidra. In this mechanised world, yoga ensures a better way of living.

Rev. Father John Ferreira has set an example for other principals to encourage their students to do yoga. Under his guidance remedial classes are organised to empower under-achievers, by Ms. Anita Yadav and Mrs. Nehru. Moreover, evening yoga classes are made compulsory for them. Yoga ensures greater efficiency in work, a better control over mind and emotions. It is believed that the regular practice of yoga will bring both physical and mental harmony in under-achievers.

Hats off to the pious mission of St. Peter's College to improve the performance of under-achievers. Painstaking execution of yogic kriyas is done by school staff namely, Ms. Gunjan Sehgal, Ms. Dimpy Mahendru, Ms. Monica Arora, Mr. Gyan Prakash Chaurasia and Mr. Kaushlendra Singh. This mission of Rev. Father has been carried out devotedly by the college staff members. Father has taken up this sacred mission to eradicate the sufferings of multitudes. As a regular practitioner of yoga at St. Peter's College, I believe that yogic kriyas have a therapeutic effect in regulating the production of various enzymes and hormones. It has a relaxing effect on the practitioner. In combination with nature cure, it can become a useful healing process. Surely, the mission of the Peterian family will benefit the people and the society at large.

Dr. Rajkumari Chauhan

Yoga is one of the oldest forms of spiritual paths in the world today.

I go to St. Peter's College daily for doing yoga. Yoga is considered to cure and improve each and every part of the body. Yoga techniques benefit the body, mind and soul.

After practising Yoga for sometime, I have reduced my weight and I feel very light and energetic.

Yoga techniques keep my body healthy and free from all sorts of ailments and disorders. Yoga exercises have a deep impact on weak and flaccid muscles.

Yoga has helped me to keep a calm mind under all situations.

Yoga has helped me in creating a positive attitude towards life, and has helped me to improve my concentration to a great extent. Increased concentration also improves a person's awareness. The benefits of yoga are very rewarding and can be achieved by people of all age groups.



I got the following benefits from yoga : stress relief, pain relief, better breathing, flexibility, increased strength, weight management, improved circulation, focus on the present, inner peace and cardiovascular conditioning.

I request you all to try one class. You may find that it is just what you are looking for.

Rekha Bhateley

Rose Villa Opp. Sanjay Cinema, Wazirpura Road, Agra, Ph-9219517325



**Samyak before taking up
Yoga.**

My name is Nitin Jain. My son, Samyak Jain is a student of St. Peter's College reading in class V. My son has been suffering from Gullianbar, a disease related to nervous system of the body. The condition of my son was so critical that he was wheelchair bound or bedridden. He had to be literally carried in arms for mobility. We tried many medicines but there was no improvement in his condition.

Then we heard that Fr. John Ferreira, Principal of St. Peter's College is conduct-

ing Yoga classes at the Archbishop Albert D'Souza Yoga and Meditation Centre. We made him do yogasanas, parnayama and meditation. After a couple of months we could see tangible improvement in his condition. Slowly and slowly, he became fully alright and he does not need the help of anybody; he can move about freely and is quite normal now.

We are grateful to Rev. Fr. John and the teachers for teaching us how to live a better life with the help of yoga, pranayama and meditation.



**Samyak after taking up
Yoga.**

Nitin Jain

4, Vardhman House,
Bank Colony, Opp. Subhash Park
M.G. Road, Agra
Ph. : 8126487900, 9319442088

मेरे द्वारा अनुभव किए गए योगा के लाभ

मैं डेढ़ महीने से रोज योगा कर रही हूँ। पहले मेरा वजन 84 kg था, मैंने डेढ़ महीने में 3 kg वजन कम किया है। पहले से मैं अच्छा महसूस कर रही हूँ। मेरे पैरों का दर्द, घुटनों का दर्द और सूजन में आराम मिला है और योगा से शरीर में स्फूर्ति आ गई है। पहले की अपेक्षा अब ज्यादा फिट महसूस कर रही हूँ। योगा करने से मेरा शरीर काफी हल्का हो गया है। फादर जॉन फरेरा की मैं बहुत आभारी हूँ जिन्होंने योग क्लास प्रारम्भ करके हमें इसमें आने का मौका दिया।

धन्यवाद

नीतू गुप्ता

G-6 व्हाइट हाऊस, जवाहर नगर खन्डारो, आगरा



मेरा नाम अंजना वर्मा है। मैं पिछले तीन महीने से सेण्ट पीटर्स की योगा क्लास में आ रही हूँ यह मेरे लिए बड़े सौभाग्य की बात है। मुझे डाइबिटीज की समस्या है जो मुझे 300/350 के आस-पास रहती थी परन्तु अब जबसे मैंने स्कूल में योगा शिबिर को प्रारम्भ किया तब से मेरी डाइबिटीज 150/160 हो गई है। अब मुझे पहले से कम शर्करा भी महसूस होती है।

अंजना वर्मा

मैं शिवम तिवारी सेण्ट पीटर्स में कक्षा पाँच का छात्र हूँ। पहले मेरी आँखें काफी कमजोर थीं +4, +6 पावर का चश्मा लगाना पड़ता था। फिर मेरी कक्षाध्यापिका श्रीमती मीनू भण्डारी ने मुझे सलाह दी कि मैं योगा करूँ। जब से मैंने योगा करना शुरू किया है मेरी आँखों में पहले से कम पानी निकलता है और बहुत फायदा भी हुआ है अब मेरी आँखों की ताकत भी ज्यादा बढ़ गई है। सूर्यनमस्कार, त्राटिका और आँखों की Exercise करने से मुझे बहुत फायदा हुआ। मैं अपने Father को बहुत धन्यवाद देना चाहता हूँ।

शिवम तिवारी

मेरा नाम गुंजन शर्मा है। मुझे योगा करते हुए 2 महीने हुए हैं। इन 2 महीनों में मुझे योग करने से पहले से ज्यादा स्फूर्ति (Activeness) महसूस होती है तथा मैंने अपना 3 किग्रा वजन भी कम किया है। सुबह प्रतिदिन 1 घण्टा योग करने के बाद पूरे दिन ताजगी महसूस होती है तथा मैं हर काम पहले से बेहतर तरीके से कर पाती हूँ।

मैं फादर फरेरा को हार्दिक धन्यवाद देती हूँ कि उन्होंने स्कूल में योग की कक्षा शुरू की तथा इससे सभी को लाभ प्राप्त हो रहा है।

गुंजन शर्मा

Ph : 9358819966



मेरा नाम विनीता तिवारी है। मुझे एक वर्ष पहले तक गैस की घनिष्ठ समस्या थी पर अब पिछले तीन महीने से योगा में आने के बाद मेरी गैस की समस्या खत्म हो गई है और रीढ़ की हड्डी के दर्द से भी मुझे बहुत राहत सी महसूस होती है मेरे शरीर के और अंग जैसे घुटने और सिर में भी आराम है नहीं तो इतना दर्द था कि मैं अपने आप को बिल्कुल अस्वस्थ महसूस करती थी।



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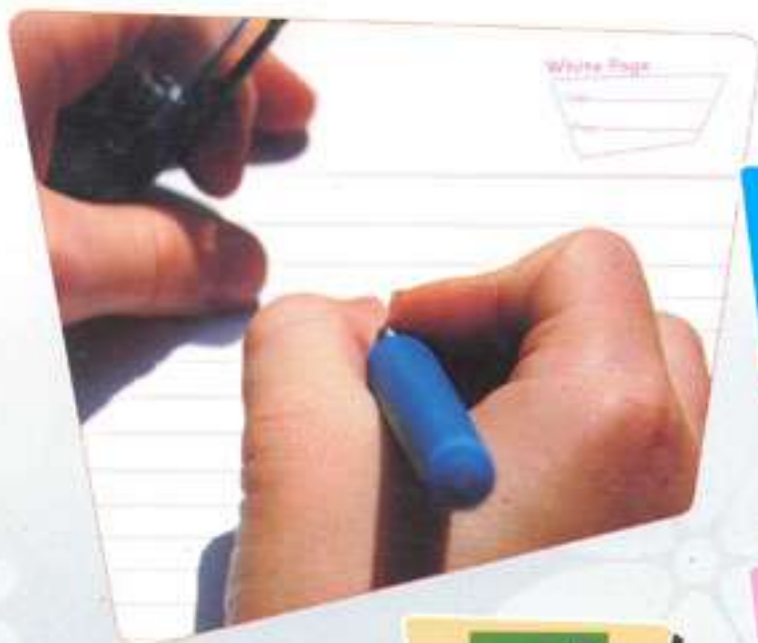
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